



October 2026

Sandy Fields

peopleCare communities

SundayMondayTuesdayWednesdayThursdayFridaySaturday

Locations Legend

Sandy Fields Dining Room (SFDR)
Chapel (CH)
Gold Leaf Walk Dining Room (GLWD)
Bistro (B)
Resident Room (RR)
Quance Lane Dining Room (QLDR)
Sandy Fields Lounge (SFL)
Outing (O)
Sandy Field Resident Room (SFRR)
Harvest Way Dining Room (HWDR)
Various Locations (Vari)



9:15 Get Energized (SFDR) 1
2:00 Catholic Church Service (CH)
3:00 Bean Bag Toss (SFDR)
4:00 Around the Harvest Table (SFDR)

9:15 Stretching Class (SFDR) 2
2:30 Oktoberfest Celebrations! (CH)
4:15 Manicures (RR)
6:30 Karaoke (CH)

10:15 Dance Club (SFDR) 3
11:00 Colouring (SFDR)
2:30 Bingo (GLWD)
4:00 Montessori (SFDR)

10:15 Seating Yoga (SFDR) 4
11:00 Card Games (SFDR)
2:30 Hymn Sing (CH)
4:00 Group Puzzle (SFDR)

10:15 Ring Toss (SFDR) 5
11:00 Sing Along (SFDR)
1:45 You be the Judge (SFDR)
3:00 Baking (SFDR)

1:30 Manicures (SFDR) 6
2:30 Bingo (GLWD)
4:00 Art & Crafts (SFDR)
6:30 Balloon Badminton (SFL)

9:15 Body Balance (SFDR) 7
10:00 Simcoe Fair (O)

10:15 Floor Hockey (SFDR) 8
11:00 Around the Harvest Table (SFDR)
1:30 Bistro Visits (B)
2:30 Entertainment with Terry Carter (CH)

10:15 Dance Club (SFDR) 9
11:00 Jokes and Riddles (SFDR)
2:00 Colouring (SFDR)
3:00 Bowling (QLDR)
4:00 Montessori (SFRR)
6:30 Sing Along (SFL)

1:45 Around the Harvest Table (SFDR) 10
2:30 Bingo (GLWD)
4:00 Manicures (SFDR)
6:30 Sing Along (SFL)

1:45 Daily Chronicles (SFDR) 11
2:30 Hymn Sing (CH)
4:00 Armchair Travel (SFDR)
6:30 Card Games (SFDR)

Thanksgiving Day 12
10:15 Around the Harvest Table (SFDR)
11:00 Ring Toss (SFDR)
1:45 Sing Along (SFDR)
3:00 Baking (SFDR)

4:00 Manicures (SFDR) 13
9:15 Pump it Up! (SFDR)
10:15 Drawing Art (SFDR)
11:00 Trivia (SFDR)
2:00 Fall Photoshoot (B)
3:00 Ladder Ball (SFDR)
6:30 Community Bingo (GLWD)

9:15 Body Balance (SFDR) 14
10:30 Discussion Group (CH)
3:30 Ladder Ball (QLDR)
4:00 Montessori (SFDR)
6:30 Name That Tune (SFL)

9:15 Get Energized (SFDR) 15
1:30 Bistro Visits (B)
2:30 Melody Makers (CH)
4:00 Ladder Ball (SFDR)
6:30 Meditation (SFDR)

9:15 Stretching Class (SFDR) 16
2:30 Birthday Party with John Moorhouse (HWDR)
3:00 Bowling (QLDR)
6:30 Karaoke (CH)

10:15 Armchair Travel (SFDR) 17
11:00 Floor Hockey (SFDR)
2:30 Bingo (GLWD)
4:00 Bistro Visits (B)

10:15 Zumba Dance (SFDR) 18
11:00 Word Fun (SFDR)
2:30 Hymn Sing (CH)
3:30 Trivia (CH)
4:00 Doll Care (Vari)

10:15 Seating Yoga (SFDR) 19
11:00 Trivia (SFDR)
1:45 Art & Crafts (SFDR)
3:00 Frisbee Toss (SFDR)

1:30 Parachute Games (SFDR) 20
2:30 Bingo (GLWD)
4:00 Manicures (RR)
6:30 Pub Night with Michael Foster (CH)

9:15 Body Balance (SFDR) 21
1:30 Wood Working with Bill (QLDR)
3:00 Drumming Circle (SFDR)
4:00 Trivia (SFDR)
5:00 Crafters Corner (SFDR)

10:15 Mind Jogger (SFDR) 22
11:00 Bean Bag Toss (SFDR)
1:45 Around the Harvest Table (SFDR)
3:00 Hang Man (SFDR)

10:00 Around the Harvest Table (SFDR) 23
11:00 Reader's Corner (SFDR)
2:00 Colouring (SFDR)
3:00 Bowling (QLDR)
6:30 Sing Along (SFL)

1:45 Bistro Visits (B) 24
2:30 Bingo (GLWD)
4:00 Chicken Soup For The Soul (SFDR)
6:30 Painting! (SFDR)

1:45 Around the Harvest Table (SFDR) 25
2:30 Hymn Sing (CH)
4:00 Hand Masseges (RR)
6:30 Hallowe'en Preparations! (SFDR)

10:15 Coffee and conversation (RR) 26
11:00 Bean Bag Toss (SFDR)
1:45 Comedy Show (SFDR)
3:00 Baking (SFDR)

9:15 Pump it Up! (SFDR) 27
10:15 Ring Toss (SFDR)
11:00 Sing Along (SFDR)
2:30 Bingo (GLWD)
4:00 Colouring (SFDR)

9:15 Body Balance (SFDR) 28
10:00 Fall Drive (O)
10:30 Church Service with Chaplain Peggy (CH)
1:30 Bistro Visits (B)
3:00 Trivia (SFDR)
6:30 Movie & Munchies (SFDR)

9:15 Get Energized (SFDR) 29
1:30 Carillon Belles Choir *HOLD** (CH)
2:00 Friendly Visits (RR)
3:00 Active Games (SFDR)
4:00 Manicures (RR)
6:30 Meditation (SFDR)

9:15 Stretching Class (SFDR) 30
1:45 Baking (SFDR)
3:00 Bowling (QLDR)
6:30 Karaoke (CH)

Halloween 31
10:00 Bingo (GLWD)
2:30 Halloween Bash with Ken Lightheart (CH)
4:00 Around the Harvest Table (SFDR)
6:30 Trick or Treating (B)