November 2026

Preston Home Area

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	**2** 9:30 Baking 2:00 Coffee Chat / Cards	**3** 9:00 Curling 9:30 Hair Style 10:30 Pump It Up! - G & PR 1:00 RECREATION MEETING 2:00 Corking with Ellen	**4** 9:30 Pump It Up! -PR & G 10:00 Baking 2:00 Name That Tune!	**5** 9:00 Seated Exercise 10:30 RC Liturgy - Blair 2:00 BINGO 10:30 RC Communion Service - BL	**6** 10:30 Pump It Up! - PR & G	**7** 9:30 BINGO 1:45 Coffee Chat
8 9:30 Eldercare Church Service 1:03 Movie	**9** 9:30 leaf & Loop 10:00 Karate - G 2:00 Bowling	**10** 9:30 BINGO IN THE GALT 10:30 Pump It Up! - G & PR 11:00 Portuguese Rosary - BL 1:30 Butterfly Conservatory Outing 3:00 Anglican Church Service - Blair	**11** 9:30 Pump It Up! -PR & G 9:30 Poppy Flower Cookies 10:00 Outing to Galt Cenotaph 10:30 Remembrance Day Service 2:00 Poppy Flower Cookie	**12** 9:00 Seated Exercise 10:30 RC Liturgy or Praying the Rosary 2:00 Dart Club 3:00 Temple Baptist Church Service - Blair Diningroom	**13** 9:30 Cards / Coloring 10:30 Pump It Up! - PR & G 2:00 Happy Hour with Rob Edlefsen 5:30 Crazy 8	**14**
15	**16** 9:30 Spice & Pine (Preston) 10:00 Karate - SR 10:30 Karate - PR 2:00 Karaoke Sing-a-long	**17** 9:30 Christmas Decorating 10:30 Pump It Up! - G & PR 11:00 Spirit Circle - PR 2:00 Resident Council -PR	**18** 9:30 Pump It Up! -PR & G 10:45 Music with Jenn 2:00 November Birthday Party 5:00 Family Council Diner's Club - SR	**19** 9:30 Seated Exercise 10:30 RC Mass - BL 2:30 Cambridge 50+ Choir	**20** 10:30 Pump It Up! - PR & G	**21** 9:30 BINGO 1:45 Crafts 2:30 Coffee Chat
22 9:30 Eldercare Church Service 1:45 Movie	**23** 9:30 The Canadian Journey 1:30 Snakes & Ladders 5:00 Music with Jenn	**24** 9:30 Baking 10:30 Pump It Up! - G & PR 11:00 Portuguese Rosary - BL 11:00 Music with Jenn 12:00 November Birthday Luncheon 2:00 BINGO	**25** 9:30 Pump It Up! -PR & G 9:30 Cards / Coloring 2:00 Casino Afternoon- BL	**26** 10:00 Seated Exercise 10:30 RC Liturgy - BL 1:30 Butterfly Conservatory Outing 2:00 Memorial Service - Preston	**27** 10:30 Pump It Up! - PR & G 2:00 Karaoke Sing-a-long 5:30 Crazy 8	**28**
29 1:30 Hymn Music with restoration church	**30** 9:00 Travel to Mexico 10:00 Shopping Outing					