

If you have any questions please reach out to your
Tillson Ave Rec Team
Lovedeep or Manveen

Please note programs may change at times. See
Recreation board for any cancellations.

October 2026

TILLSON AVE

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 HAPPY HALLOWEEN				Julie Andrews' Birthday 10:00 Pet Visits with Blu 1:00 Easy walks 2:00 Bingo 6:00 Board Games	9:15 Pump it UP- TADR 9:30 Hand Massages 10:30 Meet and Greet with Dee Tosto-town council candidate 2:00 Casual Talks 3:00 Journey Notes	1:00 Manicures 3:00 1:1 Visits 6:15 Colouring Group
10:45 Chair Yoga -Chapel 2:00 Church Service on TV 3:15 1:1 Visits 6:15 Hangman	9:15 Pump it UP- TADR 1:00 Beautify Nails 2:00 Bingo 3:30 1:1 Visits 6:00 Balloon Badminton	1:00 Manicures 2:00 Entertainment with Traci Kennedy 3:30 Aromatherapy 6:00 Movie Night	9:15 Pump it UP- TADR 9:30 Manicures 10:30 EZ Trivia 2:00 Cognitive / Word Games 3:30 Window Visits	9:15 Prepping for Grateful Tree 10:00 Pet Visits with Blu 1:00 1:1 Visits 2:00 Entertainment with the Melody Makers	9:15 Pump it UP- TADR 1:00 Hand Massages 2:00 Thanksgiving craft- Grateful Tree 3:30 Colouring 6:00 Roaming Stories	9:30 Short Stories 1:00 Music on the balcony 2:00 Walk and Talk 3:15 Shuffleboard
9:30 Guided Imagery 10:30 Doll Therapy 2:00 Church Service with Eden Baptist 3:30 EZ Trivia	Thanksgiving Monday 9:15 Pump it UP- TADR 2:00 Bingo 3:00 Walk and Talk 6:15 Jokes and Riddles	10:45 Resident Council 1:00 Songfest 3:30 Aromatherapy 6:00 Movie Night	9:15 Pump it UP- TADR 1:00 Manicures 2:00 Cognitive / Word Games 3:00 Karaoke 6:00 Easy Trivia	10:00 Voting for Municipal Election 10-12 today 10:00 Pet Visits with Blu 1:00 1:1 Visits 2:00 Bingo 6:00 Board Games	9:15 Pump it UP- TADR 9:30 Hand Massages 9:30 Catholic Communion 10:30 Colouring 2:00 Casual Talks	1:15 1:1 Visits 2:00 Halloween Dice Game 3:00 Manicures 6:15 Singalong
10:45 Chair Yoga -Chapel 2:00 Church Service with Oxford Reform Church 3:30 Short Stories 6:15 Jokes and Riddles	9:15 Pump it UP- TADR 1:00 Beautify Nails 2:00 Bingo 3:30 1:1 Visits 6:15 Balloon Badminton	1:00 Songfest 2:00 Birthday Party with George Fulop- Cafe 3:30 Aromatherapy 6:00 Movie Night	9:15 Pump it UP- TADR 9:30 Manicures 10:30 Trivia Group 2:00 Cognitive / Word Games 3:30 Window Visits	10:00 Pet Visits with Blu 1:00 1:1 Visits 2:00 Bingo 3:30 Helping Hands	9:15 Pump it UP- TADR 1:00 Hand Massages 2:00 Horse Race 3:30 Casual Talks 6:00 Colouring Flowers	9:30 Short Stories 1:00 Hymn Sing 2:00 Pass the Ball : Stop the Music 3:30 Sensory/Hand Massages
9:30 Guided Imagery 10:30 Doll Therapy 2:00 Church Service with New Hope - Chapel 3:00 Colouring Group	9:15 Pump it UP- TADR 1:15 Bright Eyes (cleaning glasses) 2:00 Bingo 6:30 Bowling	1:00 Songfest 2:00 Packaging Candy for Trick or Treating 3:30 Aromatherapy 6:15 Paint Night - Cafe	9:00 1:1 Visits RR 9:15 Pump it UP- TADR 1:00 Nail Grooming 2:00 Cognitive / Word Games 3:30 Window Visits 6:00 Trivia	10:00 Pet Visits with Blu 1:00 1:1 Visits 3:00 Catholic Mass-Anointing of the sick 6:00 Board Games	9:15 Pump it UP- TADR 9:30 Hand Massages 10:30 Colouring the World 2:00 Pumpkin Carving in the Chapel 2:00 Casual Talks 3:30 Horse Race	Happy Birthday Don 10:30 Halloween Parade 2:00 Halloween Party with Jeff Mitchell 5:30 Handing out candy at front door