

If you have any questions please reach out to your
Lisgar Shores Rec Team
Jenn or Amy

Please note programs may change at times. See
Recreation board for any cancellations.

October 2026

LISGAR SHORES

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 HAPPY HALLOWEEN				Julie Andrews' Birthday 1 9:00 Friendly Visits 9:15 Pump it UP- LSDR 10:00 Pet Visits with Blu 10:30 All about Julie Andrews 2:00 Bingo 3:30 Manicures	10:30 Meet and Greet with Dee Tosto-town council candidate 2 1:30 Colouring Group 2:30 1:1 Visits 3:45 Outdoor Walks 6:30 Balloon Badminton	9:15 Aromatherapy 3 10:30 Singalong 1:30 1:1 Montessori 3:30 Short Stories
9:30 Trivia Time 4 10:45 Chair Yoga -Chapel 1:15 1:1 Visits 2:00 Church Service on TV 3:30 Outdoor Visits	9:15 Colouring Group 5 10:00 1:1 Visits 10:30 Pump it UP- LSDR 2:00 Bingo 3:30 Sit and Stretch	9:15 Pump it UP-LSDR 6 9:30 Its Cookie Time! 10:45 Walks and Talks 2:00 Entertainment with Traci Kennedy 3:45 Hymn Sing	9:30 Cognitive / Word Games 7 10:30 Crochet Corner 1:30 Tic Tac Toe 3:15 Ball Toss 4:00 Friendly Visits	9:15 Pump it UP-LSDR 8 10:00 Pet Visits with Blu 1:00 Sensory/Hand Massages 2:00 Entertainment with the Melody Makers 6:30 Bible Study	1:15 Friendly Visits 9 2:00 Thanksgiving craft- Grateful Tree 3:45 Outdoor Walks 6:30 Crotchet Corner	1:15 1:1 Montessori 10 2:30 Seated Exercise 3:45 Name that Tune 6:30 Hymn Sing
1:15 Sensory/Hand Massages 11 2:00 Church Service with Eden Baptist 6:30 Board Games 6:30 Crafts	Thanksgiving Monday 12 9:30 Around the Harvest Table 10:30 Pump it UP- LSDR 11:00 1:1 Montessori 2:00 Bingo 3:45 1:1 Exercise	9:15 Pump it UP-LSDR 13 9:30 Friendly Visits 10:45 Resident Council 2:00 Bowling 3:45 Sensory/Hand Massages	9:30 1:1 Visits RR 14 10:30 Aromatherapy 1:30 1:1 Trivia 3:00 Karaoke 6:30 Balloon Badminton	9:15 Pump it UP-LSDR 15 10:00 Voting for Municipal Election 10-12 today 10:00 Pet Visits with Blu 10:00 Puzzles 2:00 Bingo 3:45 Beach Volleyball	9:30 Catholic Communion 16 1:15 Friendly Visits 2:00 Baking 3:45 Singalong 6:30 Movie Night	9:30 Bible Study 17 10:45 Reminiscing Social 1:15 1:1 Music Therapy 2:45 Balloon Badminton 3:45 Touch2Play Visits
9:30 Outdoor Visits 18 10:45 Chair Yoga -Chapel 2:00 Church Service with Oxford Reform Church 3:30 Manicures/Hand Massages	9:15 Helping Hands 19 10:00 1:1 Visits 10:30 Pump it UP- LSDR 2:00 Bingo 3:45 Ball Toss	9:15 Pump it UP-LSDR 20 9:30 Devotional/Bible Study 10:30 Paint the Picture! 2:00 Birthday Party with George Fulop- Cafe 3:45 1:1 Visits	9:15 Seated Dance/Exercise 21 10:45 Clay Modelling 2:00 Board Games 3:45 Manicures/Hand massages	9:15 Pump it UP-LSDR 22 10:00 Pet Visits with Blu 1:15 1:1 Music Therapy 2:00 Bingo 3:45 Sensory/Hand Massages 6:30 Movie Night	1:30 Outdoor Walks 23 3:00 Word Fun 4:00 Friendly Visits 6:30 Creative Corner	1:15 Outdoor Walks 24 2:45 Bowling 4:00 1:1 Montessori 6:15 Singalong
9:15 Manicures 25 10:45 Morning Stretch 2:00 Church Service with New Hope - Chapel 3:45 Its Story Time!	9:15 Friendly Visits 26 10:00 Singalong in Cafe 10:30 Pump it UP- LSDR 2:00 Bingo 3:45 Creative Corner	9:15 Pump it UP-LSDR 27 10:00 Coffee and Conversation 11:00 Reminiscing 2:00 Packaging Candy for Trick or Treating 6:15 Paint Night - Cafe	9:00 1:1 Visits RR 28 10:30 Tic Tac Toe 2:00 Bowling 6:30 Paint the Picture	9:15 Pump it UP-LSDR 29 10:00 Pet Visits with Blu 10:15 Beach Volleyball 3:00 Catholic Mass-Annointing of the sick	2:00 Pumpkin Carving in the Chapel 30 3:45 Hymn Sing 6:30 Movie Night	9:15 Short Stories - Halloween Special 31 10:30 Halloween Parade 2:00 Halloween Party with Jeff Mitchell 3:45 Friendly Visits 5:30 Handing out candy at front door