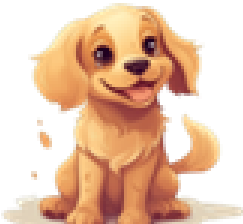
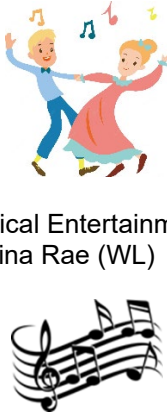


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MAIN FLOOR: FD- FRONT DESK WL- WELLINGTON LOUNGE QSK- QUEEN STREET KITCHEN BL- BYRON LIBRARY GR- GAMES ROOM RL- RIVERBEND LOUNGE	MAIN FLOOR: TS- TUCK SHOP R/R- ROOM TO ROOM CY- COURTYARD RD- RECREATION DESK ME- MAIN ENTRANCE SC- SUNNINGDALE CAFÉ	OCT OBER 2026				
SECOND FLOOR: SBL- STONYBROOK LOUNGE NS- NURSING STATION	LOWER LEVEL: BFP- BLACKFRIARS PUB GT- GRAND THEATRE FS- FITNESS STUDIO SR- SPA ROOM *SIGN UP REQUIRED AT RECREATION DESK **COURTYARD ACTIVITIES & SOCIALS ARE WEATHER PERMITTING	Breast Cancer Awareness Month 		1 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 The Scents of Fall (SBL) 11:00 Words Within (WL) 1:45 SMART Fitness w/ VON (SBL) 2:00 Sherwood Forest Mall* (ME) 3:30 Travelogue: Thanksgiving in Germany (SBL) 	2 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Balance & Flexibility Fitness Class (SBL) 11:00 Fun Friday: Name That Car (WL) 1:30 Table Activities (SBL) 2:00 Bingo (GR) 3:00 Happy Hour & Karaoke (BFP) 	3 10:00 Seated Fitness (SBL) 11:00 Trivia (WL) 1:30 Catch Paddles (SBL) 2:00 Bubble Painting (GR) 3:00 Movie Matinee (WL) 
4 9:30 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 10:00 Seated Fitness (SBL) 11:00 Glamour Gals* (GR) 	5 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Strengthening Fitness Class (SBL) 11:00 Recreation Meeting (SC) 1:30 Movie Matinee (SBL) 2:00 Bingo (GR) 2:00 Ask Heather (SC) 3:00 Happy Hour & Sing a Long (BFP) 	6 9:00 Early Risers Club (MF) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00-5:00 OCRL Market (MF) 10:00 Fall Country Drive* (ME) 11:00 Nicole (Local Author) Visit (WL) 1:45 SMART Fitness w/ VON (SBL) 2:30 Pink Party (SC) 	7 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Tap Dancing w/ Jessica (SBL) 11:00 Giant Scrabble (WL) 1:00 Board Games, Pool, Painting & More (BFP) 2:00 Musical Entertainment w/ Marie Bottrell (WL) 3:00 Words, Wits and Drinks (SC) 	8 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Dollar Tree/ Giant Tiger & No-Frills Plaza* (ME) 1:45 SMART Fitness w/ VON (SBL) 2:30 Thanksgiving Crafts & Games (GR) 3:30 Travelogue: Thanksgiving Around the World (SBL) 	9 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 11:00 Fitness w/ Christine (FS) 1:30 Table Activities (SBL) 2:00 Gratitude Tree (SC) 	10 10:30 Latin Dancing w/ Amir (SBL) 2:00 Musical Entertainment w/ Georgina Rae (WL) 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 10:00 Guess How Many (WL) 2:00 Musical Entertainment w/ Craig Hancock (RL) 	12 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 1:30 Movie Matinee (SBL) 2:00 Musical Entertainment w/ Larry McGill (RL) 	13 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Unger's Market* (ME) 10:00-2:00 Fall Vendor (WL) 1:45 SMART Fitness w/ VON (SBL) 2:30 Pumpkin Spice Café (SC) 	14 9:00 Early Risers Club (MF) 9:30 Seated Yoga w/ Kari (SBL) 10:00-5:00 OCRL Market (MF) 11:00 Name 5 (WL) 1:00 Board Games, Pool, Painting & More (BFP) 2:00 Mass w/ Holy Family Parish (on The Long-Term Care Side) 2:00 Magic Show w/ Peter Mennie (WL) 3:00 Words, Wits and Drinks (SC) 	15 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Greeting Card Making (SBL) 11:00 Talking Point (WL) 1:45 SMART Fitness w/ VON (SBL) 2:30 Oakcrossing's 9th Anniversary Celebration & Musical Entertainment w/ Justin Maki (SC & WL) 	16 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Balance & Flexibility Fitness Class (SBL) 11:00 Fun Friday: Drop Zone (WL) 1:30 Table Activities (SBL) 2:00 Bingo (GR) 3:00 Happy Hour & Karaoke (BFP) 	17 10:00 Seated Fitness (SBL) 11:00 Figures of Speech (WL) 1:30 Paint by Number (SBL) 2:00 Debatable (WL) 3:00 Movie Matinee (WL) 
18 9:30 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 10:00 Seated Fitness (SBL) 11:00 What am I? (WL) 	19 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Intergenerational Program w/ Fox Hollow Family Centre (LL) 1:30 Movie Matinee (SBL) 2:00 Bingo (GR) 2:00 Ask Heather (SC) 3:00 Happy Hour & Sing a Long (BFP) 	20 9:00 Early Risers Club (MF) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00-5:00 OCRL Market (MF) 10:00 Ghost Nerf (SBL) 11:00 Jokes (WL) 1:45 SMART Fitness w/ VON (SBL) 2:30 October Birthday Celebration & Musical Entertainment w/ Dan Clahane (WL) 	21 9:00 Early Risers Club (MF) 9:15 Mass at Holy Family Parish* (ME) 10:00-5:00 OCRL Market (MF) 10:00 Drum Fit w/ Diana (SBL) 11:00 Giant Sequence (WL) 11:00 Food Meeting (SC) 1:00 Board Games, Pool, Painting & More (BFP) 2:00 Penny Auction (WL) 3:00 Words, Wits and Drinks (SC) 	22 9:00 Early Risers Club (MF) 9:00 Beck Hearing* (GR) 10:00-5:00 OCRL Market (MF) 10:00 Halloween Walker Decorating (SBL) 10:00 Walmart * (ME) 11:00 Pumpkin Bowling (WL) 1:45 SMART Fitness w/ VON (SBL) 2:30 Memory Lane (WL) 3:30 Travelogue: Halloween in Australia (SBL) 7:00 Senior's Prom Night (WL) 	23 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 DIY: Fall Wooden Painting Projects (SBL) 11:00 Fitness w/ Christine (FS) 1:30 Table Activities (SBL) 2:00 Bingo (GR) 3:00 Happy Hour & Karaoke (BFP)  PUMPKIN CARVING/ DECORATING CONTEST BEGINS	24 10:00 Fitness w/ Elanie (SBL) 2:00 Musical Entertainment w/ Brent Meidinger (WL) 
25 11:00 Glamour Gals* (GR) 2:00 Musical Entertainment w/ Leaving Tracks (WL)  THE 7 DAYS OF HALLOWEEN BEGINS	26 9:00 Early Risers Club (MF) 10:00 Community Drop Off* (ME) 10:00-5:00 OCRL Market (MF) 10:00 Strengthening Fitness Class (SBL) 11:00 Fear Factor (WL) 1:30 Movie Matinee (SBL) 2:00 Bingo (GR) 2:00 Ask Heather (SC) 3:00 Happy Hour & Sing a Long (BFP) 	27 9:00 Early Risers Club (MF) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00-5:00 OCRL Market (MF) 10:00 Ring Toss (SBL) 11:00 Wheel of Fortune (WL) 1:45 SMART Fitness w/ VON (SBL) 2:30 Halloween Social (SC) 	28 9:00 Early Risers Club (MF) 9:15 Mass at Holy Family Parish* (ME) 10:00-5:00 OCRL Market (MF) 10:00 Seated Line Dancing (SBL) 11:00 Halloween Pictionary (WL) Town Hall Meeting During Lunch (DR) (both seatings & both dining rooms) 1:00 Board Games, Pool, Painting & More (BFP) 2:00 Musical Entertainment w/ Nicole Tan (RL) 3:00 Words, Wits and Drinks (SC) 	29 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Witch's Ring Toss (SBL) 11:00 Choices (WL) 1:45 SMART Fitness w/ VON (SBL) 2:30 Jeopardy: Halloween Edition (WL) 3:30 Travelogue: Day of the Dead in Mexico (SBL) 	30 9:00 Early Risers Club (MF) 9:30 Komoka Arena: Watching Figure Skaters Practice* (ME) 10:00-5:00 OCRL Market (MF) 11:30 Pumkin Contest Voting (MF) 1:30 Table Activities (SBL) 2:00 Halloween Bingo (GR) 3:00 Happy Hour & Karaoke (BFP)  PUMPKIN CARVING/ DECORATING CONTEST ENDS	31 10:30 Children's Halloween Party (LL) 1:30 Seated Fitness (SBL) 2:00 Name That Tune (WL) 3:00 Movie Matinee (WL) 