If you have any questions please reach out to your Lisgar Shores Rec Team
Jenn or Amy

Please note programs may change at times. See Recreation board for any cancellations.

November 2026
Lisgar Shores

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Personalized Sketching 10:45 Chair Yoga -Chapel 2:00 Church Service with Tillsonburg Community Care Group-Chapel 3:45 Classic Hits Sing Along	**2** 9:30 Tea Social 10:30 Pump it UP- LSDR 2:00 Bingo -Chapel 3:45 Colouring Group	**3** 9:15 Pump it UP-LSDR 10:30 Word Fun! 1:30 Eyeglass Cleaning 2:45 Ball Toss 3:45 Mindful Breathing Exercises	**4** 9:15 1:1 Visits 10:00 Hymn Sing- Chapel 2:00 Country Music by Monique 3:45 Hand and Finger Exercise	**5** 9:15 Pump it UP-LSDR 10:00 Pet Visits with Blu 1:15 1:1 Montessori 2:00 EZ Bingo - LSDR 3:45 Color the Picture! 6:30 Exploring the World Map	**6** 9:30 Manicures/Hand massages 10:30 Autumn Painting 1:30 Nature's Symphony 2:45 Short Stories 4:00 1:1 Visits	**7** 1:30 1:1 Montessori 2:45 Seated Exercise 3:45 Helping Hands 6:30 Word Games
8 1:15 EZ Trivia 2:00 Church Service with Eden Baptist- Chapel 3:45 1:1 Walks/Strolls 6:30 Hymn Sing	**9** 9:30 Board Games 10:30 Pump it UP- LSDR 2:00 Bingo-Chapel 3:45 Nature around the World	**10** Happy Birthday Marcel 9:15 Pump it UP-LSDR 10:30 Resident Council-Meeting Place 2:00 Remembrance Day Crafts 3:45 Puzzle time	**11** 9:30 Manicures 10:45 Remembrance Day Service 2:00 Parachute Games 3:45 A Moment of Peace - Remembrance Day 6:30 Balloon Badminton	**12** 9:15 Pump it UP-LSDR 9:30 1:1 Music Therapy 10:00 Pet Visits with Blu 10:30 Sensory/Hand Massages 2:00 EZ Bingo-LSDR 3:45 ipad games	**13** 1:30 Baking 3:00 Friendly Visits 4:00 Sing along - Country Special 6:30 Personalized Sketching	**14** 9:30 Book Club 10:45 Creative Corner 2:30 Balloon Volleyball Tournament -LSDR 3:45 Euchre
15 9:15 Puzzle Partners 10:45 Chair Yoga -Chapel 2:00 Church Service with Oxford Reform Church- Chapel 3:45 Guess the Object	**16** 9:30 Name that Tune 10:30 Pump it UP- LSDR 2:00 Bingo -Chapel 3:45 Eyeglass Cleaning	**17** 9:15 Pump it UP-LSDR 10:00 Friendly Visits 10:30 Bible Study 2:00 Birthday Party with the Garage Guys 3:45 1:1 Montessori	**18** 9:30 Meet your Neighbor! 10:45 Color Catch 2:00 Hot Chocolate Social 3:45 Yoga/Meditation	**19** 9:15 Pump it UP-LSDR 10:00 Pet Visits with Blu 1:15 1:1 Visits 2:00 EZ Bingo 3:45 History of Canada - Card Game 6:30 Classic Movie Matinee	**20** 9:30 Target Toss 10:45 Personalized Sketching 2:00 Riddles and Brain Teasers 3:15 YouTube Concerts	**21** 1:15 1:1 Montessori 2:00 Singalong 2:30 Creative Corner 5:30 Santa Claus Parade
22 1:15 Friendly Visits 2:00 Church Service with New Hope - Chapel 3:45 Short Stories 6:30 Balloon Badminton	**23** 9:30 Price is Right 10:15 1:1 Visits 10:30 Pump it UP- LSDR 2:00 Bingo -Chapel 3:45 Hymn Sing	**24** 9:15 Pump it UP-LSDR 10:30 Old Time Radio Hour 2:00 Bowling 3:45 Name that Sound	**25** 9:30 Baking 11:00 Aromatherapy 2:00 Karaoke -Chapel 3:45 Coffee and Current Events 6:30 Manicures	**26** 9:15 Pump it UP-LSDR 10:00 Pet Visits with Blu 10:15 Board Games 2:00 Music by Peter Maranji 3:45 Helping Hands	**27** 9:30 Hymn Sing 10:45 Puzzle Partners 2:00 Cafe Social 3:45 Pass the Ball	**28** 9:30 Outdoor Walks 10:45 Mindful Breathing 1:15 Manicures/Hand Massages 2:30 Pass The Ball Around 3:45 ipad Games
29 9:30 Eyeglass cleaning 10:45 Chair Yoga -Chapel 2:00 Church Service with North Broadway- Chapel 3:45 Walks and Talks	**30** 9:15 Sensory/Hand Massages 10:30 Pump it UP- LSDR 2:00 Bingo -Chapel 3:45 1:1 Walks/Strolls					

<u>Location Legend</u>

LSDR- Lisgar Shores Dining Room
LSL- Lisgar Shores Lounge

