

October 2026

Preston and Galt Home Areas

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				8:30 Friendly Visits 9:30 Seated Exercise 10:30 RC Liturgy - Blair 11:30 Walk and Talks 2:00 Snake & Ladders	8:30 Friendly Visits 9:30 Baking For Fall Market 10:30 Pump It Up! - PR & G 11:30 Walk and Talks 2:00 Baking For Fall Market	9:00 Fall Market. 11:30 Walk and Talks
12:00 Oktoberfest at Gaslight District	8:30 Friendly Visits 9:30 Cards 10:30 Karate - G 11:30 Walk and Talks 2:00 BINGO	8:30 Friendly Visits 8:45 Friendly Visits 10:00 Latte Day! 10:30 Pump It Up! - G & PR 11:30 Walk and Talks 1:30 Ball Toss 2:00 Food Committee Meeting - PR 3:00 Meeting with Pam Wolf - Regional Counsellors - Front Lobby	8:30 Friendly Visits 9:30 Pump It Up! -PR & G 10:00 Shopping Outing 2:00 Crafts Corner	8:30 Friendly Visits 9:00 Seated Exercise 10:30 RC Liturgy - BL 2:00 Bowling 3:00 Temple Baptist Church Service - Blair Diningroom	8:30 Friendly Visits 9:30 Manicures 10:30 Pump It Up! - PR & G 2:00 Movie Time	8:45 Friendly Visits 9:30 ARISTAN BREAD BAKING WITH PERRY 11:30 Walk and Talks 1:30 Coffee Chat
8:45 Friendly Visits 10:00 CHURCH ON TV 10:15 Manicures 1:45 Movie	8:45 Friendly Visits 9:30 BINGO 11:30 Walk and Talks 1:30 Thanksgiving Drop In 3:00 Tea Tasting Time 5:30 Cards	8:30 Friendly Visits 9:00 ELECTION DAY - Front Lobby 10:30 Pump It Up! - G & PR 11:00 Portuguese Rosary - BL 11:00 Music with Jenn 11:30 Walk and Talks 1:30 Music with Jenn 3:00 Anglican Church Service -	8:30 Friendly Visits 9:30 Pump It Up! -PR & G 10:00 Cooking Rice and Kebab 11:30 Walk and Talks 1:30 Caring Through Memories	8:30 Friendly Visits 9:30 Seated Exercise 10:00 Trinity Anglican: Thanksgiving Service and Lunch 10:30 RC Mass - BL 11:30 Walk and Talks 2:00 Apple Tasting 2:00 Animal Videos 3:00 Reading Group	8:30 Friendly Visits 9:00 Coffee Chat /Puzzles 9:00 Montessori: Fall Sorting 10:30 Pump It Up! - PR & G 11:00 Walk and Talks 12:00 Halloween Decorating Event 2:00 October Trivia 5:30 CRAZY 8 WITH PERRY	11:30 Walk and Talks
11:30 Walk and Talks	8:30 Friendly Visits 8:45 Friendly Visits 9:30 Baking with Portuguese Group 10:00 Karate - SR 10:30 Karate - PR 1:30 Movie Week	8:30 Friendly Visits 9:15 Cards 10:30 Pump It Up! - G & PR 11:00 Spirit Circle - PR 11:30 Walk and Talks 12:00 October Birthday Luncheon 1:30 Movie Week	8:30 Friendly Visits 9:30 Pump It Up! -PR & G 10:00 Baking Apple Cake /Tea 11:30 Walk and Talks 12:00 October Birthday Lunch 2:00 October Birthday Party 6:00 Card Games	8:30 Friendly Visits 9:00 Seated Exercise 10:30 RC Liturgy - BL 11:30 Walk and Talks 1:00 Butterfly Conservatory Outing 1:30 Movie Week	8:30 Friendly Visits 9:00 Manicures 10:30 Pump It Up! - PR & G 11:30 Walk and Talks 2:00 BINGO	8:45 Friendly Visits 9:30 BINGO 11:00 Walk and Talks
8:45 Friendly Visits 9:30 Church Service 10:45 Manicures 11:00 Walk and Talks 1:30 Movie	Spirit Day: Witches Hat day 8:45 Friendly Visits 9:15 Crafts 11:30 Walk and Talks 2:00 Squash Bowling 4:00 Harvest Discussion Group	Spirit Day: Wear Orange & Black 8:30 Friendly Visits 10:00 Recreation Pumpkin Carving Contest- PR 10:30 Pump It Up! - G & PR 11:00 Portuguese Rosary - BL 11:00 Music with Jenn 11:30 Walk and Talks	SPIRIT DAY: Dress Like a Pirate Day 8:30 Friendly Visits 9:30 Pump It Up! -PR & G 10:00 Pirate Day ! 11:30 Walk and Talks 1:30 Afternoon Pirate Movie 1:30 Caring Through	SPIRIT DAY: Halloween Headgear Day 8:30 Friendly Visits 9:00 Seated Exercise 10:30 RC Liturgy - BL 11:30 Walk and Talks 2:00 Memorial Service - SR	Halloween Spirit Day: Any Costume! 8:30 Friendly Visits 9:00 Halloween Crafts 10:30 Pump It Up! - PR & G 11:30 Walk and Talks 2:00 Halloween Party! 5:30 Cards 8	11:30 Walk and Talks