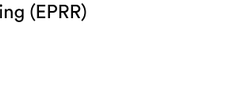


# November 2026

## peopleCare - Frederick Community



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **1**<br>11:15 Calendar Handout (RR)<br>**2:30 Church Service (RGDR)**<br>6:00 Travelogue: Alps of Austria & Italy (FCDR) | **2**<br>11:15 Manicure Monday<br>2:00 Music Bingo (FCDR)<br>4:00 Balloon Toss (FCNS)<br>6:00 Word Game (FCDR) | **3**<br>**9:30 Pump It Up! (FCEL)**<br>10:15 Bible Study (FCDR)<br>11:00 A-Z Countries of the World (FCDR)<br>2:00 Baking Apple Cobbler (CHDR)<br>6:00 Travelogue (FCNS)  | **4**<br>10:00 Friendly Visits (RR)<br>11:00 Word Game (FCDR)<br>**2:00 BINGO (RGDR)**<br>6:00 Music Throwback: The Beach Boys (FCNS) | **5**<br>**9:30 Pump It Up! (FCEL)**<br>11:00 Indoor Walks<br>2:30 Crokinole (VPDR)<br>6:00 Discussion Group: Remembrance Day (FCDR)  | **6**<br>11:15 Chair Exercises (FCDR)<br>2:00 Fruit Net Painting (CHDR)<br>**6:00 Fireside Pages Book Club (GH)** | **7**<br>9:30 Morning Strolls<br>11:00 Active Game (FCDR)<br>**2:00 Specialty Coffee Time (MLDR)** |
| **8**<br>10:00 Active Game (FCAR)<br>11:00 Trivia (FCDR)<br>**2:30 Church Service (RGDR)** | **9**<br>11:15 Manicure Monday (RR)<br>2:00 Baking Maple Brown Sugar Cookies (FCDR)<br>**5:00 Diners Club: KFC ($ Sign up) (GH)**  | **10**<br>**9:30 Pump It Up! (FCEL)**<br>10:00 Spirit and Song (FCDR)<br>11:00 Word Game (FCDR)<br>2:00 Wine & Cheese Social (FCDR) | **11**<br>**10:15 Travelling RC Communion (TC)**<br>**10:45 Remembrance Day Service (RGDR)**<br>**2:00 BINGO (RGDR)**<br>6:00 Finish the Phrase (FCNS)  | **12**<br>10:00 One to Ones (RR)<br>11:00 Chair Exercises (FCDR)<br>2:00 Crepe Social (RGDR)<br>2:00 Let's Decorate for Christmas (FCDR)<br>**6:00 Fireside Pages Book Club (GH)** | **13**<br>**10:00 Resident Choir Practice (CHAP)**<br>**11:00 Music Therapy Group with Chelsea (FCDR)**<br>**1:30 Fairview Mall Shopping Outing ($ Sign Up) (OUT)**<br>2:00 Black Jack (FCDR)<br>6:00 Short Stories (FCNS)  | **14**<br>11:15 Hand Massages (EPRR)<br>**2:30 Children's Piano Performance (GH)**<br>6:00 Trivia (FCNS)  |
| **15**<br>11:15 Indoor Walks<br>**2:30 Church Service (RGDR)**<br>6:00 Travelogue: The Netherlands (FCDR)  | **16**<br>11:15 Manicure Monday<br>2:00 Music Bingo (FCDR)<br>4:00 Balloon Toss (FCNS)<br>6:00 Word Game (FCDR) | **17**<br>**9:30 Pump It Up! (FCEL)**<br>**10:00 Resident Council (EPDR)**<br>11:00 Word Game (FCDR)<br>3:00 Active Game (FCDR)<br>6:00 Short Stories (FCNS) | **18**<br>9:30 Morning Strolls<br>11:15 Chair Exercises (FCDR)<br>**2:00 BINGO (RGDR)**<br>6:00 Music Throwback: Doris Day (FCNS) | **19**<br>11:15 Hand Massages (RR)<br>2:00 Hot Chocolate & Trivia Social (FCDR)<br>6:00 Rhyme Time (FCNS)  | **20**<br>10:00 Manicures (RR)<br>**10:00 Resident Choir Practice (CHAP)**<br>11:00 Let's Decorate for Christmas (FCDR)<br>2:00 Let's Make Apple Fritters (VPDR)<br>**6:00 Fireside Pages Book Club (GH)** | **21**<br>10:00 Manicures (RR)<br>11:00 Active Game (FCDR)<br>**2:00 Community Movie (MLDR)** |
| **22**<br>10:00 Morning Strolls<br>11:00 Trivia (FCDR)<br>**2:30 Church Service (RGDR)** | **23**<br>11:15 Manicure Monday<br>2:00 Baking Pineapple Upside-Down Cake (FCDR)<br>6:00 Travelogue: The Swiss Alps (FCDR) | **24**<br>**8:00 Breakfast Club (Sign Up) (GH)**<br>**9:30 Pump It Up! (FCEL)**<br>10:00 Spirit and Song (FCDR)<br>1:45 Word Game (FCDR)  | **25**<br>**10:30 Catholic Mass (EPDR)**<br>**2:00 BINGO (RGDR)**<br>6:00 Finish the Phrase (FCNS)  | **26**<br>**9:30 Pump It Up! (FCEL)**<br>**2:00 Knit and Crochet Group (VPDR)**<br>2:00 Making Christmas Cards (FCDR)<br>**6:00 Fireside Pages Book Club (GH)** | **27**<br>**10:00 Resident Choir Practice (CHAP)**<br>**11:00 Music Therapy Group with Chelsea (FCDR)**<br>**2:30 November Birthday Party with Bob Maclean (FCDR)**<br>6:00 Short Stories (FCNS)  | **28**<br>**2:00 Group Pottery Craft with 2Hands Clay (Sign Up) (MLDR)**<br>**2:00 Community Movie (VPDR)**<br>6:00 Trivia (FCNS) |
| **29**<br>11:15 Indoor Walks<br>**2:30 Church Service (RGDR)**<br>6:00 Travelogue: England's Bath and York (FCDR) | **30**<br>2:00 Music Bingo (FCDR)<br>**6:00 Casino Night (GH)**  | | | | | |

Locations Legend

Frederick Community Dining Room (FCDR)
Frederick Community Nurses Station (FCNS)
Rockway Gardens Dining Room (RGDR)
Grand Hall (GH)
Frederick Community Room-to-room for 1:1 Scoring (RR)
Frederick Community East Lounge (FCEL)
Victoria Park Dining Room (VPDR)
Market Lane Dining Room (MLDR)
Chapel (CHAP)
Chicopee Hills Dining Room (CHDR)
Edna Place Dining Room (EPDR)
Frederick Community Activity Room (FCAR)
Travelling Cart (TC)
Outing (OUT)
Edna Place Room-to-Room for 1:1 scoring (EPRR)