

November 2026

peopleCare - Eastway Walk



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Calendar Handout 11:00 Colouring (EWDR) **2:30 Church Service (RGDR)**	**2** **9:30 Movement Matters (EWEL)** 11:00 Soul Time (EWEL) 2:00 Float Social (EWDR) 3:30 Helping Hands (EWDR)	**3** 9:30 Musical Walk 11:00 Puzzles (EWEL) 2:00 Poppy Sun Catchers (RGDR) 3:30 Would You Rather (EWEL) 	**4** 9:30 Balloon Volleyball (EWEL) 11:00 Flower Arranging (EWEL) **2:00 BINGO (RGDR)** 	**5** 9:45 Music and Movement (EWEL) 11:00 Helping Hands (EWEL) 2:00 Trivia (EWDR) 3:30 One to Ones (EWRR)	**6** 11:15 Sensory (EWEL) 2:30 Trivia (EWDR) 3:30 Music Throwbacks (EWEL) **6:00 Fireside Pages Book Club (GH)** 	**7** 11:15 One to Ones **2:00 Specialty Coffee Time (MLDR)** 6:00 Travelogue (EWWL) 
8 11:15 Balloon Volleyball (EWEL) **2:30 Church Service (RGDR)** 6:00 Short Stories (EWWL) 	**9** **9:30 Movement Matters (EWEL)** 11:00 Manicures (EWEL) 2:00 Remembrance Day Wreath Craft (EWDR) **5:00 Diners Club: KFC ($ Sign up) (GH)**	**10** 11:15 Active Game (EWEL) **2:00 Music Therapy Group with Chelsea (EWEL)** 3:00 Doll Therapy (EWAR) 6:00 Travelogue: Hawaii (EWEL)	**11** 9:30 One to Ones **10:15 Travelling RC Communion (TC)** **10:45 Remembrance Day Service (RGDR)** **2:00 BINGO (RGDR)** 	**12** 9:45 Calm Scenery (EWEL) 11:00 Music Throwbacks (EWEL) 2:00 Baking Rice Crispy Squares (EWDR) **6:00 Fireside Pages Book Club (GH)**	**13** 9:30 Balloon Volleyball (EWEL) **10:00 Resident Choir Practice (CHAP)** 10:30 Chaplain Visits (EWRR) 11:00 Colouring (EWDR) **1:30 Fairview Mall Shopping Outing ($ Sign Up) (OUT)** 2:00 Flower Arranging (EWDR) 3:30 Would You Rather (EWEL)	**14** 9:30 Science Experiment (EWEL) 11:15 Helping Hands (EWDR) **2:30 Children's Piano Performance (GH)** 
15 9:30 Music and Movement (EWEL) 11:00 Sensory **2:30 Church Service (RGDR)**	**16** **9:30 Movement Matters (EWEL)** 11:00 Soul Time (EWEL) 2:00 Puzzle (EWEL) 3:00 Sing-A-Long (EWDR) 	**17** 9:30 Basketball (EWEL) **10:00 Resident Council (EPDR)** 11:00 Aromatherapy (EWAR) 2:00 Flower Arranging (EWDR) 3:30 Would You Rather (EWEL)	**18** 9:00 One to Ones 10:00 Decorating for Christmas! (EWDR) **2:00 BINGO (RGDR)** 	**19** **10:00 Movement Matters (EWEL)** 10:30 Karaoke Party (EWDR) 2:00 Helping Hands (EWDR) 3:00 Doll Therapy (EWRR)	**20** **10:00 Resident Choir Practice (CHAP)** 11:15 Walk and Wheel (EWRR) 2:00 Jukebox Hits (EWDR) 3:00 Trivia (EWDR) **6:00 Fireside Pages Book Club (GH)**	**21** 11:15 Balloon Volleyball (EWEL) **2:00 Community Movie (MLDR)** 6:00 Short Stories (EWEL)  **Happy Birthday Gerard!**
22 11:15 One to Ones **2:30 Church Service (RGDR)** 6:00 Travelogue (EWEL) 	**23** **9:30 Movement Matters (EWEL)** 11:00 Manicures (EWEL) 2:30 Baking Apple Muffins (EWDR) 6:00 Would You Rather (EWEL)	**24** **8:00 Breakfast Club (Sign Up) (GH)** 11:00 Balloon Volleyball (EWEL) **2:00 Music Therapy Group with Chelsea (EWEL)**	**25** 9:30 One to Ones **10:30 Catholic Mass (EPDR)** 11:00 Colouring (EWDR) **2:00 BINGO (RGDR)** 	**26** 9:30 Sing-A-Long (EWEL) 11:00 Mini Golf (EWEL) **2:00 Knit and Crochet Group (VPDR)** 2:00 Word Games (EWEL) **6:00 Fireside Pages Book Club (GH)**	**27** 9:30 Balloon Volleyball (EWEL) **10:00 Resident Choir Practice (CHAP)** 11:00 Aromatherapy **2:30 November Birthday Party with Bob Maclean (FCDR)** 	**28** 9:30 Morning Moments in Nature (EWEL) 10:30 Music and Movement (EWEL) **2:00 Group Pottery Craft with 2Hands Clay (Sign Up) (MLDR)** **2:00 Community Movie (VPDR)**
29 9:30 A Touch of Autumn Sensory Baskets (EWEL) 10:45 Balloon Tennis (EWEL) **2:30 Church Service (RGDR)** **Happy Birthday Iluminada!** **Happy Birthday Elizabeth!**	**30** **9:30 Movement Matters (EWEL)** 11:00 Soul Time (EWEL) 2:00 Trivia (EWDR) 3:00 Music Throwbacks: Disco Fever (EWDR) **6:00 Casino Night (GH)** **Happy Birthday Don!**		<u>Locations Legend</u> Eastway Walk East Lounge (EWEL) Eastway Walk Dining Room (EWDR) Rockway Gardens Dining Room (RGDR) Grand Hall (GH) Eastway Walk Room-to-Room for 1:1 scoring (EWRR) Market Lane Dining Room (MLDR) Chapel (CHAP) Eastway Walk West Lounge (EWWL) Eastway Walk Activity Room (EWAR) Edna Place Dining Room (EPDR) Victoria Park Dining Room (VPDR) Travelling Cart (TC) Outing (OUT) Frederick Community Dining Room (FCDR)		