

September 2026

peopleCare - Rockway Gardens

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:30 Colouring (RGDR) **6**
11:30 Basketball (RGDR)
2:00 Church Service (RGDR)



11:15 Golf (RGL) **13**
2:00 Church Service (RGDR)
6:00 Friendly Visits (RGRR)



Resident Council Week 20
9:30 Lets Read Together! (RGL)
11:30 Musical Trivia (RGDR)
2:00 Church Service (RGDR)



11:15 Bowling (RGL) **27**
2:00 Church Service (RGDR)
6:00 Outdoor Walks (RGRR)



10:00 Pump It Up! (RGL) 7
11:30 Arts and Crafts (RGDR)
1:00 Friendly Visits (RGRR)
2:30 Human Tic-Tac Toe (RGDR)
6:00 Monday Manicures (RGRR)

Resident Council Week 14
10:00 Pump It Up! (RGL)
11:00 Soul Food (RGDR)
2:00 Making Fall Leave Suncatchers (RGDR)
6:00 Monday Manicures (RGRR)
Mike's Birthday

9:30 Ring Toss (RGL) **21**
10:00 Pump It Up! (RGL)
2:00 Faith and Friends (RGDR)
2:30 Name 3! (RGL)
6:00 Monday Manicures (RGRR)

10:00 Pump It Up! (RGL) 28
11:00 Sponge Painting (RGDR)
2:30 Ball Toss (RGDR)
6:00 Monday Manicures (RGRR)

9:30 Calendar Handout (RGRR) **1**
10:00 Food Committee (EPDR)
11:00 Trivia (RGL)
2:00 Outdoor Walks (CYD)
3:00 Music Therapy Group with Chelsea (RGL)

Resident Retreat 8
9:30 Active Game (RGL)
11:00 Friendly Visits (RGRR)
2:30 Gardening (Byrd)

Jim M Birthday

Resident Council Week 15
9:00 Short Stories (RGL)
10:00 Resident Council (EPDR)
11:30 Parachute (RGDR)
2:00 Resident Council Week Scavenger Hunt (VAAG)
3:00 Music Therapy Group with Chelsea (RGL)

11:15 Musical Trivia (RGDR) **22**
2:00 Courtyard Visits (CYD)
6:00 Card Games (RGDR)



First Day of Fall!

11:15 Balloon Badminton (RGL) **29**
11:30 Red Lobster Lunch Outing (\$ Sign up) (OUT)
2:00 Musical Throwbacks (RGL)
3:00 Music Therapy Group with Chelsea (RGL)

9:30 Chair Simon Says (RGL) **2**
9:30 Memorial Cup Visits Goudie! (GH)
10:30 Chaplain Visits
11:30 Baking Muffins (RGDR)
2:00 BINGO (RGDR)
3:30 Traveling Blueberry Popsicles (RGRR)
6:00 Short Stories (RGL)

Resident Retreat 9
9:30 Cup Knockdown (RGDR)
10:15 Travelling RC Communion (TC)

11:00 Baking Hot Cross Buns (RGDR)
2:00 BINGO (RGDR)
6:00 Courtyard Visits (CYD)
Carol's Birthday

Resident Council Week 16
9:30 Chair Yoga (RGL)
10:00 Sysco Food Vendor Visit (GH)
11:15 Baking Mars Bars (RGDR)
2:30 Creating Sunflower Coasters (RGDR)
2:30 Town Hall Meeting (GH)
6:00 Nature Documentary (RGL)
6:00 Town Hall Meeting (GH)

9:30 Friendly Visits (RGRR) **23**
10:30 Catholic Mass (EPDR)
11:00 Parachute Game (RGDR)
2:00 BINGO (RGDR)
6:00 Crossword Puzzles (RGRR)

9:30 Balloon Badminton (RGL) **30**
11:00 Creating Sensory Bins (RGDR)
2:00 BINGO (RGDR)
6:00 Lets Read Together! (RGL)

9:30 Friendly Visits (RGRR) **3**
11:30 Bean Bag Toss (RGRR)
2:00 Knit and Crochet Group (VPDR)



Resident Retreat 10
9:30 Finish the Phrase (RGDR)
11:30 Coloring (RGDR)
2:00 Group Reading (RGRR)
4:00 Campfire Singalong Outing (Sign Up) (OUT)



Resident Council Week 17
9:30 Darts (RGL)
11:30 Courtyard Visits (CYD)
6:00 RC Week Event: Fireside Pages Book Club (GH)

8:00 Breakfast Club (Sign Up) (GH) 24
9:30 Friendly Visits (RGRR)
11:30 Colouring (RGDR)
2:30 Bowling (RGDR)



Rockway Gardens Lounge (RGL)
Rockway Gardens Dining Room (RGDR)
Rockway Gardens Room-to-Room for 1:1 scoring (RGRR)
Grand Hall (GH)

11:15 Balloon Badminton (RGL) **4**
2:00 Black Jack Social (MLDR)
2:30 This or That (RGL)
6:00 Short Stories (RGL)

Resident Retreat 11
11:30 Bowling (RGL)
2:30 80's Trivia (RGDR)
6:00 Nature Documentary (RGL)

Resident Council Week 18
9:30 Active Game (RGL)
10:00 Community Engagement Day Walk (GH)
10:45 Celebrating Engagement Day with Jack Cooper (GH)
12:00 Community Day BBQ Lunch (CYD)
2:00 Short Stories (RGL)
6:00 Travelogue (RGL)

11:15 Balloon Volleyball (RGL) **25**
2:30 September Birthday Party with Derek Byrne (FCDR)
6:00 Fireside Pages Book Club (GH)
6:00 BINGO (RGDR)

Locations Legend
Courtyard (CYD)
Market Lane Dining Room (MLDR)
Edna Place Dining Room (EPDR)
Outing (OUT)
Victoria Park Dining Room (VPDR)

9:30 Guess that Slogan! (RGDR) **5**
11:30 Balloon Volleyball (RGL)
2:00 Specialty Coffee Time (MLDR)

11:15 Ball Toss (RGL) **12**
11:30 Sing-A-Long (RGL)
2:00 Community Movie (MLDR)



Resident Council Week 19
9:30 Volleyball (RGL)
11:00 Butterscotch Pudding Social (RGRR)
2:30 RC Week Finale: Swing Band! (GH)

11:15 Active Game (RGRR) **26**
2:00 Specialty Coffee Time (MLDR)
6:00 Tropical Juice Travelling Cart (RGRR)

Backyard (Byrd)
Travelling Cart (TC)
Various Area's within AR Goudie (VAAG)
Frederick Community Dining Room (FCDR)