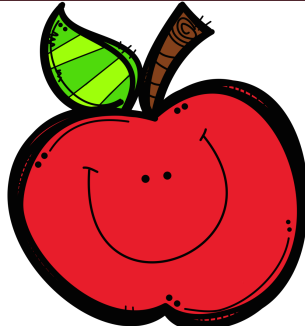




September 2026

peopleCare - Market Lane



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 11:15 Short Stories (MLL) 6 2:00 Church Service (RGDR) 3:00 Finish the Word (Hangman) (MLL) 6:00 Dice Game: Right, Left, Center (MLDR)	 11:15 Humpback Whale Documentary (MLDR) 7 2:00 BINGO (MLDR) 6:00 Elvis Trivia (MLL)	10:00 Pump It Up! (MLL) 1 10:00 Food Committee (EPDR) 11:15 Coconut Crab Documentary (MLL) 2:00 Jamaica Travelogue (MLL) 2:00 Spirit and Song (FCDR) 3:00 A Tropical Journey Video (MLL) 6:00 Music Throwbacks (MLDR)	9:30 Memorial Cup Visits Goudie! (GH) 2 11:30 Manicures (MLDR) 2:00 BINGO (RGDR) 	10:00 Colouring (MLDR) 3 11:00 Courtyard Visits (CYD) 2:00 Knit and Crochet Group (VPDR) 2:00 Uno (MLDR) 3:00 One to Ones (MLRR)	10:00 Sing-A-Long: Johnny Cash! (MLDR) 4 11:00 Word Categories (MLL) 2:00 Black Jack Social (MLDR) 2:00 BINGO (MLDR) 3:00 Music Therapy Group with Chelsea (MLL) 6:00 60s Rock Trivia (MLL)	11:15 One to Ones (MLRR) 5 2:00 Specialty Coffee Time (MLDR) 3:00 Ring Toss (MLDR) 6:00 Colouring (MLDR)
10:00 Colouring (MLDR) 13 11:00 Courtyard Visits (CYD) 2:00 Church Service (RGDR)	Resident Council Week 14 10:00 Baking: Oatmeal Raisin Cookies (MLDR) 2:00 Sing-A-Long: Frank Sinatra! (MLDR) 3:00 Documentary: The Deep Sea (MLL)	Resident Retreat 8 10:00 Pump It Up! (MLL) 11:15 Sloth Documentary (MLL) 2:00 Morocco Travelogue (MLL) 2:00 Meaningful Conversations (FCDR) 3:00 Travel Morocco Video (MLL) 6:00 A-Z Game (MLL)	Resident Retreat 9 10:00 Manicures (MLDR) 10:15 Travelling RC Communion (TC) 2:00 BINGO (RGDR)	Resident Retreat 10 10:00 Uno (MLDR) 11:15 One to Ones (MLRR) 2:00 Guess the Price (MLL) 4:00 Campfire Singalong Outing (Sign Up) (OUT) 6:00 Short Stories: Chicken Soup for the Soul (MLL)	Resident Retreat 11 11:15 Name that Tune (MLL) 2:00 Baking Pizza Croissants (MLDR) 6:00 Bowling (MLDR)	10:00 Guess the Word (Hangman) (MLL) 12 11:00 Manicures (MLDR) 2:00 Community Movie (MLDR)
Resident Council Week 20 11:15 One to Ones (MLRR) 2:00 Church Service (RGDR) 3:00 Ladder Ball (MLDR) 6:00 Outdoor Walks (MLDR)	11:15 Fall Trivia (MLL) 21 2:30 BINGO (MLDR) 6:00 Fall Reminiscing (MLL) 	Resident Council Week 15 10:00 Pump It Up! (MLL) 10:00 Resident Council (EPDR) 11:15 Fall Discussion Group (MLL) 2:00 Resident Council Week Scavenger Hunt (VAAG) 2:00 Spirit and Song (FCDR) 2:00 China Travelogue (MLL) 3:00 Beyond the Great Wall Video (MLL) 6:00 Elephant Documentary (MLL)	Resident Council Week 16 10:00 Sysco Food Vendor Visit (GH) 11:00 Manicures (MLDR) 2:30 Town Hall Meeting (GH) 3:00 Music Therapy Group with Chelsea (MLL) 6:00 Town Hall Meeting (GH)	Resident Council Week 17 10:00 Back to School Discussion Group (MLL) 11:00 Fall Walk (FY) 2:00 Apple Cinnamon Pie Social (MLDR) 6:00 RC Week Event: Fireside Pages Book Club (GH)	Resident Council Week 18 10:00 Community Engagement Day Walk (GH) 10:45 Celebrating Engagement Day with Jack Cooper (GH) 12:00 Community Day BBQ Lunch (CYD) 2:00 Uno (MLDR) 6:00 Puzzle (MLDR)	Resident Council Week 19 11:15 Short Stories (MLL) 2:30 RC Week Finale: Swing Band! (GH) 6:00 Checkers (MLDR)
10:00 Tea & Talk (MLDR) 27 11:00 Hymn Sing (MLL) 2:00 Church Service (RGDR)	10:00 Balloon Badminton (MLDR) 28 11:00 News & Views (MLL) 2:00 Music Bingo (MLDR) 3:00 Fall Decorating (MLDR)	10:00 Pump It Up! (MLL) 22 11:30 Chair Yoga (MLL) 2:00 Meaningful Conversations (FCDR) 2:30 Resident's Choice Movie Afternoon (MLL) 6:00 Flamingo Documentary (MLL)	10:30 Catholic Mass (EPDR) 23 11:30 Manicures (MLDR) 2:00 BINGO (RGDR) 	8:00 Breakfast Club (Sign Up) (GH) 24 11:30 One to Ones (MLRR) 2:00 Blueberry Tea Tasting (MLDR)	11:30 News & Views (MLL) 25 2:30 September Birthday Party with Derek Byrne (FCDR) 6:00 Fireside Pages Book Club (GH)	10:00 Ladybug Documentary (MLL) 26 11:00 Manicures (MLRR) 2:00 Specialty Coffee Time (MLDR)
		10:00 Pump It Up! (MLL) 29 11:30 Red Lobster Lunch Outing (\$ Sign up) (OUT) 2:00 Spirit and Song (FCDR) 2:00 Greece Travelogue (MLL) 3:00 Greek Escape (MLL) 6:00 Dolphin Documentary (MLL)	10:00 Manicures (MLDR) 30 2:00 BINGO (RGDR) 		<u>Locations Legend</u> Market Lane Lounge (MLL) Market Lane Dining Room (MLDR) Grand Hall (GH) Rockway Gardens Dining Room (RGDR) Frederick Community Dining Room (FCDR) Market Lane Room-to-Room for 1:1 scoring (MLRR) Edna Place Dining Room (EPDR) Courtyard (CYD) Outing (OUT) Victoria Park Dining Room (VPDR) Travelling Cart (TC) Various Area's within AR Goudie (VAAG) Front Yard (FY)	