



September 2026

peopleCare AR Goudie - Eastway Walk



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:00 Calendar Handout 1 10:00 Food Committee (EPDR) 11:15 Sensory (EWAR) 2:00 Music Therapy Group with Chelsea (EWEL) 3:30 Puzzle (EWDR) 6:00 Documentary (EWEL)	9:30 Memorial Cup Visits Goudie! (GH) 2 11:00 Sensory Bag Painting (EWDR) 2:00 BINGO (RGDR) 	9:45 Music and Movement: DISCO (EWEL) 3 11:00 Doll Therapy (EWAR) 2:00 Knit and Crochet Group (VPDR) 2:00 Junk Drawer Detective (EWEL) 6:00 One to Ones	9:30 Balloon Volleyball (EWEL) 4 11:00 Sing-A-Long (EWDR) 2:00 Black Jack Social (MLDR) 3:30 Painting (EWDR) 	9:30 Baking (EWDR) 5 11:15 Helping Hands (EWDR) 2:00 Specialty Coffee Time (MLDR)
11:00 Readers Corner (EWEL) 6 11:00 Music and Movement (EWEL) 2:00 Church Service (RGDR) 	10:00 Movement Matters (EWEL) 7 11:00 Soul Time (EWEL) 2:00 Labor Day Sing-A-Long (EWDR) 3:00 Colouring (EWDR) Labour Day	Resident Retreat 8 9:30 Outdoor Walks (Byrd) 11:30 Would You Rather (EWEL) 2:00 Walk to Wellness Posters (EWDR) 3:30 Travelogue (EWEL)	Resident Retreat 9 9:30 Balloon Volleyball (EWEL)  10:15 Travelling RC Communion (TC) 11:00 Colouring (EWDR) 2:00 BINGO (RGDR)	Resident Retreat 10 2:00 Bean Bag Toss (EWDR) 3:30 Dolly Parton Sing-A-Long (EWDR) 4:00 Campfire Singalong Outing (Sign Up) (OUT)	Resident Retreat 11 11:15 Word Games (EWEL) 2:00 Painting (EWDR) 3:00 Sensory (EWEL) 6:00 Doll Therapy (EWEL) Josephine's Birthday!	11:15 Outdoor Walks (EWCY) 12 2:00 Community Movie (MLDR) 6:00 Short Stories (EWEL) 
11:15 One to Ones 13 2:00 Church Service (RGDR) 6:00 Travelogue (EWEL) 	Resident Council Week 14 10:00 Movement Matters (EWEL) 11:00 Manicures (EWEL) 2:00 Making Fall Leave Suncatchers (RGDR) 6:00 One to Ones 	Resident Council Week 15 10:00 Resident Council (EPDR) 11:15 Helping Hands (EWDR) 2:00 Music Therapy Group with Chelsea (EWEL) 2:00 Resident Council Week Scavenger Hunt (VAAG)	Resident Council Week 16 9:30 Outdoor Walks (BYD) 10:00 Sysco Food Vendor Visit (GH) 11:00 Chaplain Visits (EWRR) 2:30 Town Hall Meeting (GH) 6:00 Town Hall Meeting (GH)	Resident Council Week 17 10:00 Movement Matters (EWEL)  11:00 Colouring (EWDR) 2:00 Sing-A-Long (EWDR) 3:00 One to Ones (CHRR) 6:00 RC Week Event: Fireside Pages Book Club (GH)	Resident Council Week 18 10:00 Community Engagement Day Walk (GH) 10:45 Celebrating Engagement Day with Jack Cooper (GH) 12:00 Community Day BBQ Lunch (CYD) 2:30 Baking Chocolate Chip Cookies (FCDR)	Resident Council Week 19 10:00 Sounds of Nature (EWEL) 11:00 Morning Laughs (EWEL) 2:30 RC Week Finale: Swing Band! (GH)
Resident Council Week 20 10:00 Animal Hour (EWEL) 11:00 Music and Movement (EWEL) 2:00 Church Service (RGDR) 4:00 Worship Music (EPEL)	10:00 Movement Matters (EWEL) 21 11:00 Soul Time (EWEL) 2:00 Dancing Through the Decades (EWEL) 3:00 Word Games (EWDR)	9:30 Fall Leaf Bag Painting (EWDR) 22 11:00 Balloon Volleyball (EWEL) 2:00 Baking Cinnamon Cookies (EWDR) First Day of Fall! 	9:30 Basketball (EWEL) 23 10:30 Catholic Mass (EPDR) 11:00 One to Ones (EWRR) 2:00 BINGO (RGDR) 	8:00 Breakfast Club (Sign Up) (GH) 24 11:00 Balloon Volleyball (EWEL) 11:15 Self Care Friday (EWAR) 2:00 Today in History (EWDR)	11:15 Coffee and Conversation (EWEL) 25 2:30 September Birthday Party with Derek Byrne (FCDR) 6:00 Fireside Pages Book Club (GH)	11:15 Outdoor Walks (EWCY) 26 2:00 Specialty Coffee Time (MLDR) 6:00 Travelogue (EWEL) 
11:15 Balloon Volleyball (EWEL) 27 2:00 Church Service (RGDR)  6:00 Short Stories (EWEL) 	10:00 Movement Matters (EWEL) 28 11:00 Manicures (EWEL) 2:00 Baking Mini Apple Pie (EWDR) 6:00 Documentary (EWEL)	11:30 Red Lobster Lunch Outing (\$ Sign up) (OUT) 29 2:00 Music Therapy Group with Chelsea (EWEL) 3:00 Active Game (EWDR) 6:00 Music Throwback: Big Band Era (EWDR)	9:30 Bean Bag Toss (EWEL) 30 11:00 Finger Painting (EWDR) 2:00 BINGO (RGDR) ORANGE SHIRT DAY 			<u>Locations Legend</u> Eastway Walk East Lounge (EWEL) Eastway Walk Dining Room (EWDR) Grand Hall (GH) Rockway Gardens Dining Room (RGDR) Market Lane Dining Room (MLDR) Edna Place Dining Room (EPDR) Eastway Walk Activity Room (EWAR) Outing (OUT) Eastway Walk Courtyard (EWCY) Eastway Walk Room-to-Room for 1:1 scoring (EWRR) Frederick Community Dining Room (FCDR) Victoria Park Dining Room (VPDR) Backyard (Byrd) Travelling Cart (TC) Various Area's within AR Goudie (VAAG) Backyard (BYD) Chicopee Hills Room-to-Room for 1:1 scoring (CHRR) Courtyard (CYD) Edna Place East Lounge (EPEL) 