



August 2026

Sandy Fields

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1:30 Around the Harvest Table (SFDR) 2:30 Bingo (GLWD) 4:00 Daily Chronicles (SFDR) 6:30 Sing Along (SFL) 1
10:00 Hymn Sing (CH) 1:30 Blue Jays vs Cardinals Game (CH) 3:00 Dance Club (SFDR) 4:00 Hand Masseges (RR) 6:30 Word Fun (SFDR) 2	Civic Holiday Western Week 10:15 Seating Yoga (SFDR) 11:00 Axe Throwing (SFDR) 1:45 1:1 Visit (RR) 3:00 Baking (SFDR) 3	Western Week 10:00 Pastor 1:1 Visit 10:15 Montessori (SFDR) 11:00 Balloon Badminton (SFDR) 1:15 Pump it Up! (SFDR) 1:30 Art & Crafts (SFDR) 2:30 Bingo (GLWD) 4:00 1:1 Visit (RR) 4	Western Week 2:00 Ladder Ball (SFDR) 3:00 Rock Painting (SFDR) 4:00 Around the Harvest Table (SFDR) 6:30 Zumba Dance (SFDR) 5	Western Week 9:15 Get Energized (SFDR) 10:00 Picnic & Fishing in Port Rowan (O) 2:00 Catholic Church Service (CH) 3:30 Say The Word on the Beat (SFDR) 6	Western Week 1:30 Western Photo Shoot (CH) 1:45 Around the Harvest Table (SFDR) 3:00 Bowling (QLDR) 4:15 Manicures (SFDR) 6:30 Karaoke (CH) 7	10:15 Dance Club (SFDR) 11:00 Sing Along (SFDR) 2:30 Bingo (GLWD) 4:00 Group Puzzle (SFDR) 8
10:15 Armchair Travel (SFDR) 11:00 Card Games (SFDR) 2:30 Hymn Sing (CH) 4:00 Outdoor Walks/Wheels (Vari) 9	10:15 Coffee & Talks (RR) 10:15 Word Fun (SFDR) 11:00 Balloon Badminton (SFDR) 1:30 Giant Tiger (O) 10	1:30 1:1 Visit (Vari) 3:00 Drawing Art (SFDR) 4:00 You be the Judge (SFDR) 6:30 Community Bingo (GLWD) 11	9:15 Body Balance (SFDR) (CH) 10:30 Discussion Group (CH) 2:00 Drumming Circle (SFDR) 3:30 Creative Corner (SFDR) 6:30 Name That Tune (SFL) 12	10:15 1:1 Visit (RR) 11:00 Zumba Dance (SFDR) 1:45 Mind Jogger (SFDR) 3:00 Ladder Ball (SFDR) 13	10:00 Around the Harvest Table (SFDR) 11:00 Daily Chronicles (SFDR) 1:45 1:1 Visit (RR) 3:00 Bowling (QLDR) 6:30 Campfire (C) 14	1:45 Reader's Corner (SFDR) 2:30 Bingo (GLWD) 4:00 Montessori (SFDR) 6:30 Sing Along (SFL) 15
1:45 1:1 Visit (RR) 2:30 Hymn Sing (CH) 4:00 Armchair Travel (SFDR) 6:30 Hang Man (SFDR) 16	10:15 Ring Toss (SFDR) 11:00 Word Fun (SFDR) 2:00 Movie Matinee (CH) 4:00 Outdoor Walks/Wheels (C) 17	10:00 Pastor 1:1 Visit 10:15 Active Games (SFDR) 11:00 Montessori (SFDR) 1:15 Pump it Up! (SFDR) 1:45 Friendly Visits (RR) 2:30 Bingo (GLWD) 4:00 Manicures (RR) 6:30 Refreshments on the Patio (SA) 18	9:15 Body Balance (SFDR) 10:15 Montessori (SFDR) 12:00 Diner's Club A&W (B) 2:00 Active Games (SFDR) 3:00 Sing Along (SFDR) 6:30 Parachute Games (SFL) 19	9:15 Get Energized (SFDR) 1:30 Wood Working with Bill (QLDR) 3:00 Baking (SFDR) 4:00 1:1 Visit (RR) 6:30 Axe Throwing (SFDR) 20	2:30 Entertainment with Archie Wright (CH) 6:30 Karaoke (CH) 21	10:15 Ring Toss (SFDR) 11:00 Art & Crafts (SFDR) 2:30 Bingo (GLWD) 4:00 Montessori (SFDR) 22
10:15 Hang Man (SFDR) 11:00 Card Games (SFDR) 2:30 Hymn Sing (CH) 4:00 Doll Care (RR) 23	10:00 Residents Council (GLWD) 10:15 Seating Yoga (SFDR) 11:00 Art & Crafts (SFDR) 1:54 Around the Harvest Table (SFDR) 3:00 Baking (SFDR) 24	10:00 Bingo (GLWD) 1:30 1:1 Visit (RR) 2:30 Birthday Party with Jon Beree (CH) 3:45 Puzzle/ Jenga Games (SFDR) 6:30 Sing Along (SFL) 25	9:15 Body Balance (SFDR) 2:30 Memorial Service (CH) 26	10:15 Parachute Games (SFDR) 11:00 Manicures (RR) 1:45 Colouring (SFDR) 3:00 Balloon Badminton (SFDR) 27	10:00 Around the Harvest Table (SFDR) 11:00 Daily Chronicles (SFDR) 2:00 Mindful Movement To Music (SFDR) 2:00 Eye Glass Cleaning (RR) 3:00 Bowling (QLDR) 6:30 Movie & Munchies (SFDR) 28	1:45 Friendly Visits (RR) 2:30 Bingo (GLWD) 4:00 Reader's Corner (SFDR) 6:30 Sing Along (SFL) 29
1:45 Around the Harvest Table (SFDR) 2:30 Hymn Sing (CH) 4:00 Card Games (SFDR) 30	10:15 Axe Throwing (SFDR) 11:00 Word Fun (SFDR) 1:45 Drumming Circle (SFDR) 3:00 Popsicle Making (SFDR) 31	<u>Locations Legend</u> Sandy Fields Dining Room (SFDR) Chapel (CH) Resident Room (RR) Gold Leaf Walk Dining Room (GLWD) Sandy Fields Lounge (SFL) Quance Lane Dining Room (QLDR) Outing (O) Various Locations (Vari) Courtyard (C) sandy Fields main balcony (SA) Bistro (B)			<u>Dimensions Of Wellness Legend</u> Social Emotional Intellectual Physical Spiritual	