

AUGUST 2026

OAKCROSSING RETIREMENT LIVING NEWSLETTER

1238 Oakcrossing Road | 519-641-3131 | www.peoplecare.ca
London, ON



This months Inspiration

“Do what you can, with
what you have, where you
are.”

- Theodore Roosevelt



peopleCare communities

A Message from Our General Manager

Summer is in Full Swing at Oakcrossing Retirement Living!

Summer has certainly been keeping us busy, and we wouldn't have it any other way! With the beautiful weather upon us, we've been making the most of every sunny day by getting outdoors as often as possible. Whether it's enjoying morning coffee in the courtyard, participating in outdoor activities, taking walks through on our beautiful grounds, or simply relaxing in the fresh air with friends, there has been no shortage of reasons to soak up the season.

July was filled with wonderful memories, including our Hawaiian Luau, which was a tremendous success! Thank you to everyone who joined in the fun with colourful attire, tropical treats, great music, and plenty of residents dancing.

We also hosted the first of our two Family BBQs, and what a fantastic afternoon it was! Seeing residents and their loved ones gathered together, sharing a delicious meal and creating new memories, reminded us just how special our Oakcrossing community truly is.

We're excited to announce that our second Family BBQ will take place on Saturday, August 29th. We look forward to welcoming families back for another afternoon of great food, good company, and summer fun. Please remember to reserve your spot by August 15th. Unfortunately, we are unable to accept late registrations or exceptions, as we need to finalize food purchases and seating arrangements well in advance. We appreciate your understanding and cooperation in helping us make this another successful event.

As we continue through August, our calendars remain full of outdoor games, fitness classes, gardening, music, social gatherings, and plenty of opportunities to enjoy the sunshine while it lasts. We encourage everyone to join us whenever they can there's always something happening and every day brings a new reason to get outside, stay active, and enjoy the season together.

Here's to making the most of these beautiful summer days and creating many more wonderful memories with our Oakcrossing family!



IPAC Corner

Older adults are at a higher risk for complications from Influenza, RSV and COVID infections. This is why it is extremely important for everyone to be protected from seasonal infections. Washing hands often with soap and water or alcohol-based hand sanitizer is another great way to ensure we are staying safe against harmful bacteria and viruses. Masking in the home, coughing and sneezing into tissues or your sleeve are also ways to prevent the spread of infection in our home. Keep up to date with all things IPAC in the newsletters and in the home!

Birthdays



AUGUST 3RD - DIANNE C.

AUGUST 7TH - DORIS N.

AUGUST 20TH - TOM J.

AUGUST 22ND - SONDRA L.



Socials

**TUESDAY AUGUST 4TH
2:00PM WATERMELON SOCIAL**

**TUESDAY AUGUST 11TH
2:30PM AUGUST BIRTHDAY CELEBRATION**

**WEDNESDAY AUGUST 12TH
2:00PM ALPACA SOCIAL**

**THURSDAY AUGUST 13TH
2:30PM LEMONADE SOCIAL**

**TUESDAY AUGUST 18TH
2:30PM REFRESHER BAR**

**TUESDAY AUGUST 25TH
2:30PM ICED COFFEE BAR**



Leadership Team Contact Info.

General Manager,
Heather.....ext. 722

Office Manager,
Lyuba.....ext. 721

Director of Health & Wellness,
Sue.....ext. 741

Director of Community Relations,
Shelby.....ext. 723

Director of Lifestyle & Leisure,
Flavia.....ext. 701

Director of Environmental Services,
Wil.....ext. 810

Dining Room Supervisor,
Monica.....ext. 821

Building Service Coordinator,
Paul.....ext. 810

MUSICAL ENTERTAINMENT

SATURDAY AUGUST 1ST
2:00PM GEORGINA RAE

SUNDAY AUGUST 2ND
2:00PM MARIE BOTTRELL

WEDNESDAY AUGUST 5TH
2:00PM DAVID SMITH

TUESDAY AUGUST 11TH
2:30PM LARRY SMITH

SATURDAY AUGUST 15TH
2:00PM CRAIG HANCOCK

SUNDAY AUGUST 16TH
2:00PM DAN CLAHANE

WEDNESDAY AUGUST 19TH
7:00PM GEORGE FULOP

SUNDAY AUGUST 23RD
10:30AM LARRY Mc GILL

WEDNESDAY AUGUST 26TH
2:00PM JOEL HORVATH

SATURDAY AUGUST 29TH
2:00PM NICOLE TAN

SUNDAY AUGUST 30TH
2:00PM TRACI KENNEDY

Last Month's Memories





Summer Word Search



SUMMER	G	A	R	D	E	N	Y	S	M	B	M	T	O	L	S
SUNSHINE	N	I	A	R	M	E	L	E	S	E	E	R	W	O	U
SWIM	U	C	I	N	C	I	P	E	A	S	I	A	M	S	N
BOAT	L	M	L	I	N	O	I	T	A	C	A	V	R	P	S
CAMP	P	O	P	S	I	C	L	E	Q	L	D	E	K	I	H
HIKE	U	I	P	E	C	A	M	P	I	O	O	L	F	C	I
GARDEN	Y	T	N	S	R	E	T	L	M	D	N	T	R	E	N
PLAY	P	W	N	S	O	E	P	A	T	G	N	E	D	X	E
BEACH	A	U	G	R	I	A	D	Y	B	O	A	Y	A	T	E
JULY	R	L	J	U	L	Y	G	R	S	A	S	O	U	P	A
AUGUST	K	E	F	G	L	C	E	A	T	H	I	R	G	A	S
PARK	B	A	L	Y	P	A	E	N	O	C	R	E	U	R	D
PICNIC	S	H	O	R	T	S	O	O	H	A	E	H	S	H	R
POPSICLE	U	Y	P	E	M	N	O	S	A	E	S	S	T	D	E
ICE CREAM	C	H	E	T	A	M	C	L	Y	B	G	M	R	E	S
SHORTS	X	L	A	O	V	Z	R	C	O	J	B	R	I	N	S
DRESS	F	O	S	E	M	A	E	R	C	E	C	I	O	W	L
TRAVEL	B	L	O	S	S	U	M	M	E	R	W	B	M	O	S
VACATION															
SEASON															

ONESTOPWORDSEARCH

OCRL COVENT GARDEN MARKET

LOCATED ON THE MAIN FLOOR BEHIND THE FRONT DESK



AVAILABLE TO PURCHASE:

- CHOCOLATE BARS
- VARIETY OF CHIPS
- NUTS (PEANUTS, ALMONDS, CASHEWS)
- POP (COKE, DIET COKE, GINGERALE)
- BARS OF SOAP
- BODY WASH
- BRIEFS
- BUS TICKETS
- DEODERANT
- FACIAL TISSUES
- GREETING CARDS
- HAND LOTION
- SHAVING CREAM
- STAMPS
- TOOTHPASTE

