



# August 2026

## Gold Leaf Walk

peopleCare communities

| Sunday                                                                                                                                                              | Monday                                                                                                                                                                                                                                                                                                                      | Tuesday                                                                                                                                                                                                                                        | Wednesday                                                                                                                                                                                                                                     | Thursday                                                                                                                                                                                                  | Friday                                                                                                                                                                  | Saturday                                                                                                                                                                               |
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|                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                               |                                                                                                                                                                                                           |                                                                                                                                                                         | <div><div>10:15 Daily Chronicles (GLWL)</div><div>11:00 Boccia Ball (GLWD)</div><div>2:30 Bingo (GLWD)</div><div>3:45 Outdoor Walks/Wheels (C)</div></div>                             |
| <div><div>10:00 Hymn Sing (CH)</div><div>1:30 Blue Jays vs Cardinals Game (CH)</div></div>                                                                          | <div><div>Civic Holiday Western Week</div><div>10:15 Walks &amp; Talks (RR)</div><div>11:00 EZ Fruit or Vegetable game (GLWD)</div><div>1:30 1:1 Visit (RR)</div><div>2:00 Bowling (GLWD)</div><div>3:45 Around the Harvest Table (GLWD)</div><div>4:00 Hang Man (GLWL)</div><div>6:30 Balloon Badminton (GLWL)</div></div> | <div><div>Western Week</div><div>9:15 Get Energized (GLWD)</div><div>10:00 Pastor 1:1 Visit</div><div>10:15 Western Trivia (GLWL)</div><div>11:00 Ring Toss (GLWD)</div><div>2:30 Bingo (GLWD)</div><div>3:45 Hand Masseges (RR)</div></div>   | <div><div>Western Week</div><div>1:00 Baking (GLWD)</div><div>3:30 1:1 Visit (RR)</div><div>6:30 Balloon Badminton (GLWL)</div></div>                                                                                                         | <div><div>Western Week</div><div>10:00 Picnic &amp; Fishing in Port Rowan (O)</div><div>1:15 Pump it Up! (GLWD)</div><div>2:00 Catholic Church Service (CH)</div><div>3:00 Washer Toss (GLWD)</div></div> | <div><div>Western Week</div><div>1:30 Western Photo Shoot (CH)</div><div>3:45 Bean Bag Toss (GLWD)</div><div>6:30 Karaoke (CH)</div></div>                              | <div><div>1:00 1:1 visit Residents who do not attend group programs (RR)</div><div>2:30 Bingo (GLWD)</div><div>4:00 Manicures (RR)</div><div>6:30 Balloon Badminton (GLWL)</div></div> |
| <div><div>1:00 1:1 Visit (RR)</div><div>2:30 Hymn Sing (CH)</div><div>3:30 Trivia (GLWL)</div><div>6:30 Hang Man (GLWL)</div></div>                                 | <div><div>10:15 Coffee &amp; Talks (RR)</div><div>11:00 Washer Toss (GLWD)</div><div>1:30 Giant Tiger (O)</div></div>                                                                                                                                                                                                       | <div><div>10:15 Hang Man (GLWD)</div><div>11:00 Art &amp; Crafts (GLWD)</div><div>1:30 Rock painting (GLWD)</div><div>2:30 Bowling (GLWD)</div><div>3:45 Hand Masseges (RR)</div><div>6:30 Community Bingo (GLWD)</div></div>                  | <div><div>10:15 Manicures (RR)</div><div>10:30 Discussion Group (CH)</div><div>11:00 EZ Does It Trivia (GLWL)</div><div>2:00 Mini Putt Golfing (GLWD)</div><div>3:00 Friendly Visits (RR)</div><div>6:30 Balloon Badminton (GLWL)</div></div> | <div><div>9:15 Get Energized (GLWD)</div><div>2:00 Trivia (GLWL)</div><div>3:00 Axe Throwing (GLWD)</div><div>6:30 Bon Jovi Live in Concert on TV (GLWD)</div></div>                                      | <div><div>11:00 Seating Yoga (GLWD)</div><div>1:30 Baking (GLWD)</div><div>4:00 Sing Along (GLWL)</div><div>6:30 Campfire (C)</div></div>                               | <div><div>10:15 Daily Chronicles (GLWL)</div><div>11:00 Boccia Ball (GLWD)</div><div>2:30 Bingo (GLWD)</div><div>3:45 Outdoor Walks/Wheels (C)</div></div>                             |
| <div><div>10:15 Sunshine &amp; Citrus Trivia (GLWL)</div><div>11:00 Frisbee Toss (GLWD)</div><div>2:30 Hymn Sing (CH)</div><div>3:45 Hand Masseges (RR)</div></div> | <div><div>10:00 Bowling (GLWD)</div><div>10:15 Walks &amp; Talks (RR)</div><div>1:00 1:1 Visit (RR)</div><div>2:00 Movie Matinee (CH)</div><div>6:30 Hang Man (GLWL)</div></div>                                                                                                                                            | <div><div>9:15 Get Energized (GLWD)</div><div>10:00 Pastor 1:1 Visit</div><div>10:15 Hang Man (GLWD)</div><div>11:00 Ring Toss (GLWD)</div><div>2:30 Bingo (GLWD)</div><div>3:45 Hand Masseges (RR)</div></div>                                | <div><div>12:00 Diner's Club A&amp;W (B)</div><div>2:00 Sing Along (GLWL)</div><div>4:00 Friendly Visits (RR)</div><div>6:30 Balloon Badminton (GLWL)</div></div>                                                                             | <div><div>1:15 Pump it Up! (GLWD)</div><div>2:30 Wood Working with Bill (GLWD)</div><div>3:30 Friendly Visits (RR)</div><div>6:30 Conway Twitty Live in Concert onTV (GLWD)</div></div>                   | <div><div>2:00 Daily Chronicles (GLWL)</div><div>2:30 Entertainment with Archie Wright (CH)</div><div>3:00 Bean Bag Toss (GLWD)</div><div>6:30 Karaoke (CH)</div></div> | <div><div>2:30 Bingo (GLWD)</div><div>4:00 Manicures (RR)</div><div>6:30 Balloon Badminton (GLWL)</div></div>                                                                          |
| <div><div>2:30 Hymn Sing (CH)</div><div>3:30 Trivia (GLWL)</div><div>6:30 Hang Man (GLWL)</div></div>                                                               | <div><div>10:00 Residents Council (GLWD)</div><div>10:15 Walks &amp; Talks (RR)</div><div>11:00 Art &amp; Crafts (GLWD)</div><div>2:00 Bowling (GLWD)</div><div>3:45 Around the Harvest Table (GLWD)</div></div>                                                                                                            | <div><div>10:00 Bingo (GLWD)</div><div>1:00 Friendly Visits (RR)</div><div>2:30 Birthday Party with Jon Beree (CH)</div><div>3:45 Hand Masseges (RR)</div><div>4:00 Hang Man (GLWL)</div><div>6:30 Colouring (GLWL)</div></div>                | <div><div>10:15 Manicures (RR)</div><div>11:00 Random Trivia (GLWL)</div><div>2:30 Memorial Service (CH)</div><div>3:30 Friendly Visits (RR)</div><div>6:30 Balloon Badminton (GLWL)</div></div>                                              | <div><div>9:15 Get Energized (GLWD)</div><div>2:00 Sunshine Songs (GLWD)</div><div>3:00 Axe Throwing (GLWD)</div><div>6:30 Paul Anka Live in Concert on TV (GLWL)</div></div>                             | <div><div>11:00 Seating Yoga (GLWD)</div><div>1:30 Baking (GLWD)</div><div>4:00 Manicures (RR)</div></div>                                                              | <div><div>10:15 Hang Man (GLWD)</div><div>11:00 Boccia Ball (GLWD)</div><div>2:30 Bingo (GLWD)</div><div>3:45 Outdoor Walks/Wheels (C)</div></div>                                     |
| <div><div>10:15 Trivia (GLWL)</div><div>11:00 Frisbee Toss (GLWD)</div><div>2:30 Hymn Sing (CH)</div><div>3:45 Hand Masseges (RR)</div></div>                       | <div><div>10:15 Walks &amp; Talks (RR)</div><div>11:00 Buzz Word (GLWD)</div><div>1:00 1:1 Visit (RR)</div><div>2:00 Bowling (GLWD)</div><div>3:45 Around the Harvest Table (GLWD)</div><div>4:00 Manicures (RR)</div><div>6:30 Rock Painting (GLWD)</div></div>                                                            | <div><div>Locations Legend</div><div>Gold Leaf Walk Dining Room (GLWD)</div><div>Resident Room (RR)</div><div>Gold Leaf Walk Lounge (GLWL)</div><div>Chapel (CH)</div><div>Courtyard (C)</div><div>Outing (O)</div><div>Bistro (B)</div></div> |                                                                                                                                                                                                                                               |                                                                                                                                                                                                           | <div><div>Dimensions Of Wellness Legend</div><div>Social</div><div>Emotional</div><div>Intellectual</div><div>Physical</div><div>Spiritual</div></div>                  |                                                                                                                                                                                        |