



July 2026

Hilltop Manor - Speed River

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			9:30 Canada Day Lantern Craft 1 10:30 Finish the Phrase Game 2:00 Canada Day Celebration  2:30 Horticulture - Day! SPIRIT DAY: Red & White	9:00 Zenimation Music 2 9:30 Pump It Up! - SR & BL 10:30 RC Liturgy - BL 1:30 Balcony Chats & Music	3		4
	5 9:30 Manicures & Hand Massages 6 10:00 Karate - SR 10:30 Balcony Chats & Music 2:00 Games & Music	9:30 Hand Massages 7 9:30 Pump It Up! - SR 10:00 Hilltop Walk to the Park! 11:00 Spirit Circle - Speed River 2:00 Summer Ocean Suncatcher craft	9:30 Blind Date with a Book Sale - Lobby 8 10:45 Music with Jenn 	9:00 Zenimation Music 9 9:30 Pump It Up! - SR & BL 10:30 RC Liturgy - BL 1:00 MEDA walk to the park 2:00 Traveling Pina Colada Cart! 2:30 Horticulture - Cute as a Bug! 3:00 Temple Baptist Church Service - BL	9:30 Baking Chocolate Chip Cookies 10 10:30 You Be the Judge Discussion Group 2:00 Happy Hour		11
12	13 	9:30 St Jacobs Farmers Market (Out) 14 9:30 Pump It Up! - SR 11:00 Praying the Rosary - Portuguese 2:00 Resident Council 3:00 Anglican Church Service - PR	9:30 Baking Peanut Butter Cookies 15 10:30 Reading Funny Stories & Jokes 2:00 July Birthday Party (BL) SPIRIT DAY: Bright Colours Happy Birthday Joyce M!	9:00 Zenimation Music 16 9:30 Pump It Up! - SR & BL 10:30 RC Mass - PR 2:00 Death Cafe (BL) 2:30 Horticulture - Have a Pickle-perfect Day 3:00 Spiritual Service with Chaplain Cheryl		17	18 Happy Birthday Bea A!
	19 10:00 Karate - SR 20 	9:00 Zenimation Music 21 9:30 Pump It Up! - SR 10:00 Recreation Walk to the Park 1:30 Afternoon Movie: Brave 2:30 Bag Pipe Performance (lobby) SPIRIT DAY: Blue & White	1:30 Music with Jenn 22 5:00 Christmas in July Family Dinner 	9:00 Zenimation Music 23 9:30 Pump It Up! - SR & BL 10:30 RC Liturgy - BL 2:00 Jeff's Music - PR	9:30 BINGO 24 1:30 Balcony Chats & Music 2:30 Board Games	25	
	26 9:30 Popsicle Stick Flamingo craft 27 10:30 Everyday Trivia & Stories 1:45 Prepping Cookie Dough 2:30 Handing out August Calendars	9:30 Baking for Birthday Lunch 28 9:30 Pump It Up! - SR 11:00 Praying the Rosary - Portuguese 12:00 July Birthday Luncheon 2:00 Afternoon Movie SPIRIT DAY: Summer Pajamas	9:30 BINGO 29 1:30 Manicures & Hand Massages 2:00 Welcome Tea 2:30 Horticulture - Happiness Served Cold 2:30 Board Games	9:00 Zenimation Music 30 9:30 Pump It Up! - SR & BL 10:30 RC Liturgy - BL 2:00 Memorial Service - PR	31	 HOLIDAYS	