



# July 2026

## Rockway Gardens peopleCare AR Goudie



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:30 Bowling (RGL) <b>5</b> 2:30 Church Service (RGDR) 6:00 Animal Documentary & Trivia (RGL)	10:00 Pump It Up! (RGL) <b>6</b> 11:30 Cinnamon Roll Pancake Social (RGDR) 2:00 Faith and Film (CHAP) 2:30 Summer Trivia (RGL) 6:15 Hawaiian Luau with Rich Hubick (CYD)	9:30 Friendly Visits <b>7</b> 10:00 Food Committee (EPDR) 11:15 Courtyard Visits (CYD) 2:30 Colouring by Numbers (RGDR) 3:30 Music Therapy Group with Chelsea (RGL)	11:00 Calendar Handout (RGRR) <b>1</b> 11:30 Canada Day Trivia! (RGDR) 2:30 Canada Day Party with Blue Eyed Bill (CYD) 6:00 Canada Day Travelogue (RGL)	9:30 Simon Says (RGDR) <b>2</b> 11:00 Clothesline Craft (RGDR) 2:30 Balloon Volleyball (RGL) 3:30 Card Games (RGDR)	11:30 Balloon Badminton (RGL) <b>3</b> 2:30 Popsicle Social (RGL) 3:30 Friendly Visits (RGL) 6:00 Short Stories (RGL)	11:15 Courtyard Visits (CYD) <b>4</b> 2:30 Specialty Coffee Time (MLDR) 6:00 Travelogue to Germany with Snack (RGL)
11:30 Bowling (RGL) <b>5</b> 2:30 Church Service (RGDR) 6:00 Animal Documentary & Trivia (RGL)	10:00 Pump It Up! (RGL) <b>6</b> 11:30 Cinnamon Roll Pancake Social (RGDR) 2:00 Faith and Film (CHAP) 2:30 Summer Trivia (RGL) 6:15 Hawaiian Luau with Rich Hubick (CYD)	9:30 Friendly Visits <b>7</b> 10:00 Food Committee (EPDR) 11:15 Courtyard Visits (CYD) 2:30 Colouring by Numbers (RGDR) 3:30 Music Therapy Group with Chelsea (RGL)	9:30 Noodle Balloon (RGL) <b>8</b> 10:15 Travelling RC Communion (TC) 11:00 Mac & Cheese Social (RGDR) 2:30 BINGO (FCDR) 6:00 Breaking the Ice (RGRR)	9:30 Fun and Fitness (RGL) <b>9</b> 11:30 Manicures (RGL) 2:30 Paper Sunglass Craft (RGDR)	11:30 Balloon Badminton (RGL) <b>10</b> 2:30 Travelling Lemonade Cart! (RGRR) 3:30 Flower Arranging (RGDR) 6:00 Evening Walks (CYD)	9:30 Short Stories (RGL) <b>11</b> 11:30 Noodle Balloon (RGL) 2:30 Community Movie (MLDR)
9:30 Arts and Crafts (RGDR) <b>12</b> 11:30 Outdoor Visits (CYD) 2:30 Church Service (RGDR)	9:30 Friendly Visits (RGL) <b>13</b> 10:00 Pump It Up! (RGL) 11:30 Manicure Mondays (RGRR) 2:00 Faith and Film (CHAP) 2:30 Making Pudding (RGDR) 6:00 Travelogue (RGL)	9:30 Bean Bag Toss (RGL) <b>14</b> 11:30 Guess the Word (RGDR) 2:30 Tea & Biscuit Social (RGDR)	9:30 Noodle Balloon (RGL) <b>15</b> 10:00 One to Ones (FCRR) 11:00 Making Pesto Pasta Salad (RGDR) 2:30 BINGO (FCDR) 6:00 Travelogue (RGL)	8:30 Breakfast Club (Sign Up) (GH) <b>16</b> 9:30 Flower Trivia (RGDR) 11:00 Creative Faith (RGDR) 2:30 Outdoor Visits (CYD)	11:30 Balloon Badminton (RGL) <b>17</b> 2:30 Friendly Visits (RGRR) 3:30 Sing-A-Long (RGL) 6:00 Colouring (RGL)	11:30 Bean Bag Toss (RGL) <b>18</b> 2:30 Community Movie (MLDR) 6:00 Evening Courtyard Visits (CYD)
11:30 Ring Toss (RGL) <b>19</b> 2:30 Making Pancakes! (RGDR) 6:00 Short Stories (RGL)	10:00 Pump It Up! (RGL) <b>20</b> 11:00 Memorial Service (RGDR) 1:30 Sunrise Splash Drink Cart (RGRR) 2:00 Faith and Film (CHAP) 6:00 Monday Manicures (RGRR)	9:30 Balloon Volleyball (RGL) <b>21</b> 10:00 Resident Council (EPDR) 11:30 True or False (RGDR) 2:30 Outdoor Walks (RGDR) 3:30 Music Therapy Group with Chelsea (RGL)	9:30 Noodle Balloon (RGL) <b>22</b> 10:30 Catholic Mass (EPDR) 11:30 Human Tik Tac Toe (RGL) 2:30 BINGO (FCDR) 6:00 Short Stories (RGL)	9:30 Basketball (RGL) <b>23</b> 11:30 Hangman (RGDR) 2:30 Baking Chocolate Chip Cookies (RGDR)	11:30 Bowling (RGL) <b>24</b> 1:15 Return to Grace Elvis Tribute Show (\$ Sign up) (OUT) 2:30 Courtyard Picnic (CYD) 6:00 Evening Strolls (CYD)	9:30 Friendly Visits (RGRR) <b>25</b> 11:00 Baking Strawberry Muffins (RGDR) 2:30 Wild West Social (VPDR)
9:30 Octopus Craft (RGDR) <b>26</b> 11:30 Cup Pong (RGDR) 2:30 Church Service (RGDR)	10:00 Pump It Up! (RGL) <b>27</b> 11:30 Name that Tune (RGL) 2:00 Faith and Film (CHAP) 3:30 Outdoor Walks (RGDR) 6:00 Monday Manicures (RGRR)	9:30 Fun and Fitness (RGL) <b>28</b> 10:00 OARC Resident Council Education Session (EPDR) 11:30 Trivia! (RGDR) 2:30 Colouring (RGL) 3:30 Friendly Visits (RGRR)	9:30 Noodle Balloon (RGL) <b>29</b> 11:30 Pictionary (RGL) 2:30 BINGO (FCDR) 6:00 Short Stories (RGL)	9:30 Basketball (RGRR) <b>30</b> 10:30 Wal Mart Shopping Trip & McDonalds Lunch (Sign Up) (OUT) 11:30 Card Games (RGL) 2:30 Apple Cinnamon Muffins (RGDR)	11:30 Balloon Volleyball (RGL) <b>31</b> 2:30 July Birthday Party with Jeff Poolton (FCDR) 6:00 Short Stories (RGL)	