



July 2026

Quance Lane

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend Quance Lane Dining Room (QLDR) Chapel (CH) Resident Room (RR) Gold Leaf Walk Dining Room (GLWD) Various Locations (Vari) Courtyard (C) Quance Lane Lounge (QLL) Bistro (B) Outing (O) Harvest Way Dining Room (HWDR) Harvest Way Lounge (HWL) Boardroom (BR)			Canada Day 1 10:15 Body Balance (QLDR) 10:30 Active Games (QLDR) 12:00 Visiting Family 12:00 Smoking (Vari) 12:00 Watching TV (QLL) 2:30 Canada Day Social! (CH) 3:30 Bistro Visits (B) 6:15 Outdoor Walks/Wheels (C)	2 10:15 Podcast Club (QLDR) 10:30 Knock The Cup (HWDR) 2:00 Catholic Church Service (CH) 3:30 Outdoor Walks/Wheels (C) 6:30 Ring Toss (QLDR)	3 9:15 Stretching Class (QLDR) 10:00 Hang Man (QLDR) 11:00 1:1 Visit (Vari) 2:30 Entertainment with Ken Lighthouse (CH) 4:00 Reader's Corner (QLDR)	4 10:15 Reminiscing Therapy (QLDR) 11:00 Baking (QLDR) 2:30 Bingo (GLWD) 4:00 1:1 Visit (RR)
5 10:15 Daily Chronicles (QLDR) 11:00 Art & Crafts (QLDR) 2:30 Hymn Sing (CH) 4:00 Montessori	6 9:15 Movement Matters (QLDR) 10:30 Creative Corner (QLDR) 1:30 Reader's Corner (QLDR) 3:30 Balloon Badminton (QLDR) 6:15 Courtyard Visits (C)	7 10:00 Bingo (GLWD) 1:30 Music Therapy with Krystina (QLL) 1:30 Pastor 1:1 Visit 2:00 Movie Matinee (CH) 6:30 Axe Throwing (QLDR)	8 9:15 Get Energized (QLDR) 1:30 Discussion Group (CH) 1:45 Baking (QLDR) 3:30 Balloon Badminton (QLDR) 4:00 1:1 Visit (RR)	9 10:15 Friendly Visits (RR) 11:00 Sing Along (QLDR) 1:30 Bonneihealth Lavender Farm (O)	10 10:30 Daily Chronicles (QLDR) 1:30 Wood Working with Bill (QLDR) 3:00 Bowling (QLDR) 4:00 Name That Tune (QLDR) 6:30 Karaoke (CH)	11 1:45 1:1 Visit (RR) 2:30 Bingo (GLWD) 4:00 Manicures (RR) 6:15 Movie & Munchies (QLDR)
12 2:30 Hymn Sing (CH) 4:00 Music Therapy Visit 1:1 (Vari) 6:15 Stand up comedy (QLDR)	13 9:15 Pump it Up! (QLDR) 10:00 Residents Council (GLWD) 1:30 Hand Masseges (RR) 2:30 Trivia (QLDR) 3:30 Book Club (QLDR)	14 10:30 Active Games (QLDR) 11:00 Horticulture (C) 2:00 Sing Along (QLDR) 3:00 Manicures (RR) 6:30 Community Bingo (GLWD)	15 10:15 Body Balance (QLDR) 10:45 Active Games (QLDR) 12:00 Diner's Club (B) 2:00 Card Games (QLDR) 3:00 Floor Hockey (QLL) 6:15 DIY Corner (QLDR)	16 10:15 Baking (QLDR) 1:30 Friendly Visits (RR) 2:30 Melody Makers (CH) 4:00 Montessori 6:30 Sing Along (QLDR)	17 9:15 Stretching Class (QLDR) 10:00 Seating Yoga (HWDR) 2:00 Active Games (QLL) 3:00 Bowling (QLDR) 6:15 Movie & Munchies (QLDR)	18 10:15 Jokes and Riddles (QLDR) 11:00 Noodle Hockey (QLDR) 1:30 1:1 Visit (RR) 2:30 Bingo (GLWD) 4:00 Manicures (RR)
19 10:00 Hymn Sing (CH) 1:45 Hewitt's Dairy Bar (O)	20 9:15 Movement Matters (QLDR) 10:30 Active Games (QLDR) 1:30 Board Games (QLDR) 3:30 Colouring (QLDR) 6:15 Gardening (C)	21 Christmas in July (Vari) 10:30 Art & Crafts (QLDR) 1:30 Music Therapy with Krystina (QLL) 1:30 Pastor 1:1 Visit 2:30 Bingo (GLWD) 4:00 1:1 Visit (RR)	22 9:15 Get Energized (QLDR) 2:00 Floor Hockey (QLDR) 2:30 Church Service with Chaplain Peggy (CH) 3:00 Board Games (QLDR) 4:00 Colouring 6:30 Euchre/Card Game Night (B)	23 10:15 Friendly Visits (RR) 11:00 Active Games (QLDR) 1:45 Sing Along (QLDR) 3:30 Horticulture Therapy (C)	24 10:30 Baking (QLDR) 1:30 Manicures (RR) 3:00 Bowling (QLDR) 4:00 Friendly Visits (RR) 6:30 Karaoke (CH)	25 10:00 Bingo (GLWD) 1:30 Walmart Shopping (O) 6:15 Movie & Munchies (QLDR)
26 2:30 Hymn Sing (CH) 4:00 Active Games (QLDR) 6:15 Youtube Concerts (QLDR)	27 9:15 Pump it Up! (QLDR) 1:45 Around the Harvest Table (QLDR) 3:00 Music Therapy Visit 1:1 (Vari) 3:45 Colouring (QLDR) 6:15 Stand up comedy (QLDR)	28 10:30 Active Games (QLDR) 11:00 Horticulture (C) 2:30 Bingo (GLWD) 4:00 Outdoor Walks/Wheels (Vari) 6:30 Ladder Ball (HWL)	29 10:15 Body Balance (QLDR) 10:30 Balloon Badminton (QLDR) 2:00 Reader's Corner (QLDR) 3:00 Floor Hockey (QLDR) 6:30 Birthday Party with Suzie Q (CH)	30 9:00 Program Dept Meeting (BR) 2:00 Baking (QLDR) 6:15 Youtube Concerts (QLDR)	31 9:15 Stretching Class (QLDR) 2:00 Outdoor Walks/Wheels (Vari) 3:00 Bowling (QLDR) 6:15 Movie & Munchies (QLDR)	Dimensions Of Wellness Legend Social Emotional Physical Intellectual Spiritual Environmental