



July 2026

peopleCare Hilltop Manor Cambridge

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			8:30 Friendly Visits 9:30 Pump It Up! -PR & G 10:00 Canada day craft 2:00 Canada Day Celebration	9:30 Seated Exercise 10:30 RC Liturgy - BL 2:00 Courtyard Visits 2:30 Horticulture	10:30 Pump It Up! - PR & G	9:30 Baking 10:15 BINGO 10:30 Walk and Talks 1:00 Friendly Visits 1:45 Coffee Chat
9:15 Eldercare Spiritual 10:15 Manicures 11:00 Walk and Talks 1:30 Movie	8:45 Friendly Visits 9:30 Crafts 11:00 Walk and Talks 2:00 Bowling	10:00 Hilltop Walk to the Park! 10:30 Pump It Up! - G & PR 10:45 Music with Jenn 11:00 Walk and Talks	8:45 Friendly Visits 9:30 Blind Date with a Book Sale - Lobby 9:30 Pump It Up! -PR & G 2:00 BINGO	9:00 Outdoor Seated Exercise 10:30 RC Liturgy - BL 11:00 Walk and Talks 1:00 MEDA walk to the park 2:00 Traveling Pina Colada Cart! 3:00 Temple Baptist Church Service - BL	10:30 Pump It Up! - PR & G 11:00 Walk and Talks 2:00 Happy Hour 5:30 Crazy 8	
	8:45 Friendly Visits 9:30 Hand Guessing Game 10:00 Karate - G 2:00 Courtyard Visits / Make Your Own Sundae	8:45 Friendly Visits 9:30 St Jacobs Farmers Market (Out) 10:30 Pump It Up! - G & PR 11:00 Praying the Rosary - Portuguese 2:00 Resident Council 3:00 Anglican Church Service - PR	8:45 Friendly Visits 9:30 Pump It Up! -PR & G 10:00 Active Games 11:00 Walk and Talks 2:00 July Birthday Party (BL) 2:30 Horticulture	9:00 Outdoor Seated Exercise 10:30 RC Mass - PR 11:00 Walk and Talks 2:00 Death Cafe (BL) 3:00 Spiritual Service with Chaplain Cheryl	10:30 Pump It Up! - PR & G 	8:45 Friendly Visits 9:15 Baking 10:15 Cards 1:03 Courtyard Visits
8:45 Friendly Visits 9:15 Eldercare Spiritual 10:15 Manicures 1:30 Movie	8:45 Friendly Visits 10:30 Karate - G 11:00 Walk and Talks 2:00 BINGO	10:00 Recreation Walk to the Park 10:30 Pump It Up! - G & PR 11:00 Spirit Circle - Preston 11:00 Walk and Talks 2:30 Bag Pipe Performance (lobby)	8:45 Friendly Visits 9:30 Pump It Up! -PR & G 10:45 Music with Jenn 11:00 Walk and Talks 5:00 Christmas in July Family Dinner	8:45 Friendly Visits 10:00 Colouring 10:30 RC Liturgy - BL 11:00 Walk and Talks 2:00 Jeff's Music - PR 2:00 Horticulture	10:30 Pump It Up! - PR & G 11:00 Walk and Talks 2:00 Garden Tea Party 5:30 Cards	
	8:45 Friendly Visits 9:30 Baking 10:15 Board Games 1:45 BINGO	8:45 Friendly Visits 9:30 Travelogue 10:30 Pump It Up! - G & PR 11:00 Praying the Rosary - Portuguese 12:00 July Birthday Luncheon 1:45 Coffee Chat	8:45 Friendly Visits 9:30 Pump It Up! -PR & G 10:15 Courtyard Visits 11:00 Walk and Talks 2:00 Welcome Tea	8:45 Friendly Visits 9:30 Seated Exercise 10:30 RC Liturgy - BL 11:00 Walk and Talks 2:00 Memorial Service - PR 2:30 Horticulture	10:30 Pump It Up! - PR & G	