

Jade and Willow are your home area Recreationists—please feel free to reach out to them anytime with questions, ideas, or program suggestions!

July 2026

peopleCare Tavistock LTC

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legend</u> Old Schoolhouse Lane Dining Hall (OSDL) Old Schoolhouse Lane Lounge (OSHL) Old Schoolhouse Lane Residents Room (OSRR) Williams Way Dining Hall (WWDH) In Community (IC) Courtyard (CY) Sebastopol Road Dining Hall (SRDH) Old Schoolhouse Lane Balcony (OSB) Cafe (C) Hope Street Dining Hall (DH) Chapel (Ch) Old Schoolhouse Lane Patio (OSLP)			Canada Day 1 1:15 Canada Day Memory Lane (OSDL) 3:00 Canada Day Celebration - with Derby Music (CY) 6:00 Rome Spiritual Travelogue (OSDL) 6:15 Outing to Tavi Chill (IC)	9:45 National Geographic (OSHL) 10:30 Pump It Up! (OSDL) 11:00 Short Stories (OSDL) 2:00 Noodle Hockey (OSDL) 3:00 Lifelong Learning: Halfway Through 2026 (OSHL) 4:00 Bistro Visits (C) 6:30 Knitting Group (SRDH) 2	10:00 Ingredient Prep (OSDL) 11:00 Book Club (OSDL) 2:00 Making Mini Pizzas (OSDL) 3:00 Trivia (OSDL) 4:00 Vitamin D Boost (OSB) 6:15 Movie Night (OSDL) 6:45 Cozy Puzzle Corner (DH) 3	1:00 Chair Yoga (OSDL) 1:45 Mindful Meditation (OSDL) 3:00 Bingo (WWDH) 6:30 Movie Night (OSDL) 4
1:00 Hymn Sing (OSHL) 3:00 Virtual Church Service (OSHL) 6:30 Trivia (OSDL) 7:00 Visits (OSRR) 5	9:30 Colouring Corner (OSHL) 10:30 Pump It Up! (OSDL) 11:00 Dear Abby's (OSDL) 2:00 Ring Toss (OSDL) 3:00 Live Music and Mocktails with Jim (CY) 4:00 Friendly Visits (OSRR) 6	9:45 National Geographic (OSHL) 10:30 Pump It Up! (OSDL) 11:00 Can You Picture This? (OSDL) 1:15 Book Club (OSDL) 1:30 Scenic Tour Boat Ride in Stratford (IC) 2:30 Lucky 7 Day (OSDL) 3:30 Bowling (OSDL) 4:15 Plant Watering (OSB) 6:00 Yahtzee! (OSDL) 7	9:30 Morning Meditation (OSHL) 10:15 Crafter's Corner (OSDL) 2:30 Walks & Talks (OSRR) 3:00 Bingo (WWDH) 3:15 Montessori Matching and Sorting (OSHL) 3:45 Manicures (OSRR) 6:30 Wii Games (OSDL) 8	10:00 Pump It Up! (OSDL) 10:30 Music with Jenn (OSDL) 2:00 Noodle Hockey (OSDL) 3:00 Travelogue: Ye Olde Williamsburg (OSDL) 4:00 Random Trivia (OSDL) 6:30 Knitting Group (SRDH) 6:30 Movie Night (OSDL) 6:30 Euchre (WWDH) 9	10:30 Pump It Up! (OSDL) 1:30 Baking (OSDL) 2:30 Tasty Treats to Eat (OSDL) 3:30 Our Daily Bread Reading (OSDL) 6:30 Happy Hour with James Skarnikat (CY) 10	9:45 Remembering Parades (OSDL) 10:30 Bocce Ball (OSDL) 2:30 Walks & Talks (OSRR) 3:00 Bingo (WWDH) 3:15 Vitamin D Boost (OSB) 4:00 Friendly Visits 11
9:45 Virtual Church Service (OSHL) 10:30 Whiteboard Games (OSDL) 1:30 Yahtzee! (OSDL) 3:00 Bean Bag Toss (OSDL) 4:00 Manicures (OSRR) 12	9:30 Colouring Corner (OSHL) 9:30 Euchre (WWDH) 10:30 Pump It Up! (OSDL) 11:00 Dear Abby's (OSDL) 2:00 Ring Toss (OSDL) 2:00 Live Music with Conn (DH) 3:00 Live Music with Conn (CY) 4:00 Friendly Visits (OSRR) 13	10:30 Pump It Up! (OSDL) 1:00 Friendly 1Visits (OSRR) 1:30 Excursion to Transitions Horse Farm (IC) 2:30 Baseball Trivia (OSHL) 3:30 Bowling (OSDL) 6:30 Wii Games (OSDL) 14	10:30 Pump It Up! (OSDL) 2:30 Walks & Talks (OSRR) 3:00 Bingo (WWDH) 4:00 Manicures (OSHL) 6:15 Outing to Tavi Chill (IC) 15	9:45 National Geographic (OSHL) 10:30 Pump It Up! (OSDL) 11:00 Short Stories (OSDL) 1:30 Value Awards Celebration (Ch) 2:30 Noodle Hockey (OSDL) 3:30 Trivia (OSHL) 6:30 Knitting Group (SRDH) 16	10:00 Our Daily Bread Readings (OSB) 11:00 Book Club (OSDL) 1:30 Trip to Lyndon Pond (IC) 2:00 Horse Races (OSDL) 3:00 Whiteboard Games (OSDL) 4:00 Bistro Visits (C) 6:15 Movie Night (OSDL) 6:45 Cozy Puzzle Corner (DH) 17	1:00 Chair Yoga (OSDL) 1:45 Mindful Meditation (OSDL) 3:00 Bingo (WWDH) 6:30 Trivia (OSDL) 18
1:30 Hymn Sing (OSHL) 3:00 Virtual Church Service (OSHL) 6:30 Movie Night (OSHL) 7:00 Visits (OSRR) 19	9:30 Colouring Corner (OSHL) 10:30 Pump It Up! (OSDL) 11:00 Dear Abby's (OSDL) 2:00 Ring Toss (OSDL) 3:00 Live Music with Eric Dolson (CY) 4:00 Friendly Visits (OSRR) 20	9:45 National Geographic (OSHL) 10:30 Pump It Up! (OSDL) 1:15 Book Club (OSDL) 2:00 Discuss and Recall: 7 Wonders of the World (OSHL) 3:00 Smoothie Social (OSDL) 3:30 Bowling (OSDL) 3:30 Vitamin D Boost (OSLP) 4:00 Car Show at Tavistock Mennonite (IC) 21	9:30 Morning Meditation (OSHL) 10:15 Crafter's Corner (OSDL) 1:45 Watering with Willow (OSHL) 2:30 Walks & Talks (OSRR) 3:00 Bingo (WWDH) 3:15 Montessori Matching and Sorting (OSHL) 3:45 Manicures (OSRR) 6:30 Wii Games (OSDL) 22	10:00 Pump It Up! (OSDL) 10:30 Music with Jenn (OSDL) 2:00 Noodle Hockey (OSDL) 3:00 Milkshake Social (OSDL) 4:00 Bistro Visits (C) 6:30 Knitting Group (SRDH) 6:30 Movie Night (OSHL) 6:30 Euchre (WWDH) 23	10:30 Pump It Up! (OSDL) 1:30 Baking (OSDL) 2:30 Tasty Treats to Eat (OSDL) 3:30 Wiggle with Willow : Seated Dance Class (OSLP) 6:15 Excursion to Tavi Chill (IC) 24	9:45 Lifelong Learning: A Year in the Life of a Porcupine (OSHL) 10:30 Bocce Ball (OSDL) 2:30 Walks & Talks (OSRR) 3:00 Bingo (WWDH) 3:15 Vitamin D Boost (OSB) 4:00 Friendly Visits 25
9:45 Virtual Church Service (OSHL) 10:30 Whiteboard Games (OSDL) 1:30 Yahtzee! (OSDL) 3:00 Bean Bag Toss (OSDL) 4:00 Manicures (OSRR) 26	9:30 Colouring Corner (OSHL) 9:30 Euchre (WWDH) 10:30 Pump It Up! (OSDL) 11:00 Dear Abby's (OSDL) 2:00 Ring Toss (OSDL) 3:00 Live Music with Henry Winter (CY) 4:00 Friendly Visits (OSRR) 27	10:30 Pump It Up! (OSDL) 1:00 Walks & Talks (OSRR) 1:30 River Walk in St. Marys (IC) 2:00 Short Stories (OSHL) 3:00 Friendly Visits (OSRR) 3:30 Bowling (OSDL) 6:30 Wii Games (OSDL) 28	10:30 Pump It Up! (OSDL) 1:30 Resident's Council (Ch) 1:45 Rome Spiritual Travelogue (OSDL) 3:00 Bingo (WWDH) 4:00 Sing-A-Long (OSDL) 6:15 Outing to Tavi Chill (IC) 29	9:45 National Geographic (OSHL) 10:30 Pump It Up! (OSDL) 11:00 Short Stories (OSDL) 12:00 July Birthday Lunch (Ch) 2:00 Noodle Hockey (OSDL) 3:00 Friendship Day (OSHL) 4:00 Current Events (OSDL) 6:30 Knitting Group (SRDH) 30	10:00 Bocce Ball (OSDL) 11:00 Book Club (OSDL) 2:00 Paper bag Jellyfish (OSHL) 3:00 Horse Races (OSDL) 4:00 Bistro Visits (C) 6:15 Movie Night (OSDL) 6:45 Cozy Puzzle Corner (DH) 31	