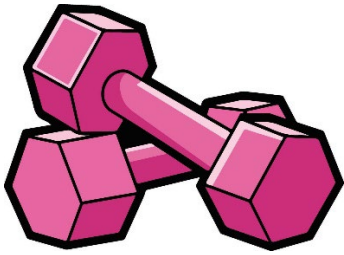


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MAIN FLOOR: FD- FRONT DESK WL- WELLINGTON LOUNGE QSK- QUEEN STREET KITCHEN BL- BYRON LIBRARY GR- GAMES ROOM RL- RIVERBEND LOUNGE	SECOND FLOOR: SBL- STONYBROOK LOUNGE NS- NURSING STATION LTC-LONG TERM CARE SIDE	JULY 2026				
MAIN FLOOR: TS- TUCK SHOP R/R- ROOM TO ROOM CY- COURTYARD RD- RECREATION DESK ME- MAIN ENTRANCE SC- SUNNINGDALE CAFÉ	LOWER LEVEL: BFP- BLACKFRIARS PUB GT- GRAND THEATRE FS- FITNESS STUDIO SR- SPA ROOM *SIGN UP REQUIRED AT RECREATION DESK **COURTYARD ACTIVITIES & SOCIALS ARE WEATHER PERMITTING		1 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Jeopardy: Canadian Edition (CY) 1:00 Tabletop Games, Painting, Puzzles & More (GR) 2:00 Canada Day Celebration & Musical Entertainment w/ Joel Horvath (CY) 3:00 Canada-OPOLY (Canadian Monopoly) (GR)  HAPPY CANADA DAY!	2 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Giant Jenga (CY) 1:30 DIY: Personalized Tote Bags (GR) 2:30 Wheel of Fortune (CY) 3:00 OCRL Ice Cream Cart (CY) 3:30 Travelogue: Ontario (SBL) 6:00 Country Cruizin' Car Show* (ME) 7:00 Netflix Series Night (SBL & WL) 	3 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Fun Friday: Water Games (CY) 1:00 Walker Wash (CY) 1:30 Manicures w/ Amara* (R/R) 1:30 Table Activities (SBL) 2:00 Bingo (GR) 3:00 Happy Hour, Dancing & Karaoke w/ Eljabeth (CY) 7:00 Classic Movie Night (SBL & WL) 	4 10:00 Seated Tai Chi w/ Steven Holbert (SBL) 2:00 Musical Entertainment w/ Brent Meidinger (CY) 
5 9:30 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 11:00 Virtual Sunday Mass (WL) 2:00 Musical Entertainment w/ Jim Chapman (CY) 	6 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Words Within (CY) 1:30 Movie Matinee (WL) 2:00 Bingo (GR) 3:00 Happy Hour & Sing a Long (CY) 	7 9:00 Half Hour w/ Heather (SC) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00-5:00 OCRL Market (MF) 10:00 Walmart* (ME) 10:00 DIY: Picture Frames (SBL) 11:00 Before/ After (CY) 1:45 SMART Fitness w/ VON (SBL) 2:30 Peach Fest (CY) 7:00 Movie Night (SBL & WL) 	8 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Family Feud (CY) 11:45 Pool, Ping Pong & Shuffleboard (BFP) 1:00 Tabletop Games, Painting, Puzzles & More (GR) 2:00 Musical Entertainment w/ Sophisticated Ladies & Gents (CY) 2:00 Holy Family Parish Mass* (LTC) 3:00 Words, Wits and Drinks (CY) 7:00 Musical Entertainment w/ Larry Smith & Bonfire (CY) 	9 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Giant Badminton w/ Christo (SBL) 11:00 Fishing w/ Amara (CY) 12:00 Victoria Playhouse: Good Vibrations* (ME) 1:00 Mobility 1 st Clinic (WL) 1:45 SMART Fitness w/ VON (SBL) 2:30 DIY: Walker Charms (GR) 3:00 Card Games w/ Uchenna (DR) 3:30 Travelogue: Newfoundland (SBL) 7:00 Netflix Movie Night (SBL & WL) 	10 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Fun Friday: Catch It (CY) 1:00 Walker Wash (CY) 1:30 Manicures w/ Amara* (R/R) 1:30 Table Activities (SBL) 2:00 Bingo (GR) 3:00 Pina Coladas & Karaoke (CY) 7:00 Classic Movie Night (SBL & WL)  NATIONAL PINA COLADA DAY	11 10:00 Seated Fitness (SBL) 11:00 Build a House (CY) 1:30 Paint by Number (SBL) 2:30 Axe Throwing (CY) 3:00 Movie Matinee (WL) 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 9:30 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 10:00 Seated Fitness (SBL) 11:00 Giant Scrabble (CY) 11:00 Virtual Sunday Mass (WL) 	13 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Recreation Meeting (SC) 1:30 Movie Matinee (WL) 2:00 Bingo (GR) 3:00 Happy Hour & Sing a Long (CY) 	14 9:00 Half Hour w/ Heather (SC) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00-5:00 OCRL Market (MF) 10:00 Tic Tac Toe (SBL) 11:00 Giant Kerplunk (CY) 1:45 SMART Fitness w/ VON (SBL) 2:30 Musical Entertainment w/ David Smith & July Birthday Celebration (CY) 7:00 Movie Night (SBL & WL) 	15 9:00 Half Hour w/ Heather (SC) 9:15 Mass at Holy Family Parish* (ME) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Name That Tune (CY) 11:45 Pool, Ping Pong & Shuffleboard (BFP) 1:00 Tabletop Games, Painting, Puzzles & More (GR) 2:00 Musical Entertainment w/ Susie Q. (CY) 3:00 Words, Wits and Drinks (CY) 	16 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Stratford: Lunch & Boat Tour* (ME) 10:00 Talking Point (SBL) 11:00 Seated Soccer w/ Kevin (CY) 1:45 SMART Fitness w/ VON (SBL) 2:30 Bingo (GR) 3:00 OCRL Ice Cream Cart (CY) 3:30 Travelogue: Quebec (SBL) 7:00 Netflix Series Night (SBL & WL) 	17 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 9:30 OCRL Tattoo Shop (SC) 10:00 Head Basketball (SBL) 11:00 Fitness w/ Christine (FS) 1:00 Walker Wash (CY) 1:30 Manicures w/ Amara* (R/R) 1:30 Table Activities (SBL) 2:30 Penny Auction (CY) 3:00 Happy Hour & Karaoke (CY) 7:00 Classic Movie Night (SBL & WL) 	18 10:00 Fitness w/ Christine (SBL) 2:00 Musical Entertainment w/ Dan Clahane (RL) 3:00 Guess How Many (WL) 
19 9:30 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 11:00 Virtual Sunday Mass (WL) 2:00 Musical Entertainment w/ Larry McGill (RL) 	20 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Jeopardy (CY) 1:30 Movie Matinee (WL) 2:00 Bingo (GR) 3:00 Happy Hour & Sing a Long (CY) 	21 9:00 Half Hour w/ Heather (SC) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00-5:00 OCRL Market (MF) 10:00 Target Shooting (SBL) 11:00 Would You Rather (CY) 1:45 SMART Fitness w/ VON (SBL) 2:30 Milk Shake Bar (CY) 7:00 Movie Night (SBL & WL) 	22 9:00 Half Hour w/ Heather (SC) 9:15 Mass at Holy Family Parish* (ME) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Food Meeting (SC) 11:15 Giant Connect 4 (CY) 11:45 Pool, Ping Pong & Shuffleboard (BFP) 1:00 Tabletop Games, Painting, Puzzles & More (GR) 2:00 Musical Entertainment w/ Nicole Tan (RL) 3:00 Words, Wits and Drinks (CY) 	23 9:00 Half Hour w/ Heather (SC) 9:00 Beck Hearing Aid Clinic* (GR) 10:00-5:00 OCRL Market (MF) 10:00 Chair Exercises w/ Chirag (SBL) 11:00 Name 5 (CY) 1:45 SMART Fitness w/ VON (SBL) 2:00 Sherwood Forest Mall* (ME) 2:30 Courtyard Games (CY) 3:00 OCRL Ice Cream Cart (CY) 3:30 Travelogue: British Columbia (SBL) 7:00 Netflix Series Night (SBL & WL) 	24 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Fun Friday: Human Slot Machine (CY) 1:00 Walker Wash (CY) 1:30 Manicures w/ Amara* (R/R) 1:30 Table Activities (SBL) 2:00 Bingo (GR) 3:00 Happy Hour & Karaoke (CY) 7:00 Classic Movie Night (SBL & WL) 	25 10:00 Seated Fitness (SBL) 11:00 Giant Kerplunk (CY) 12:00-1:30 Resident & Family BBQ* (CY) 1:30 Choices (SBL) 2:00 Musical Entertainment w/ The Amores (CY) 3:00 Movie Matinee (WL) 
26 10:00 Seated Fitness (SBL) 11:00 Family Feud (CY) 11:00 Virtual Sunday Mass (WL) 	27 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Intergenerational Program w/ Fox Hollow Family Centre (CY) 1:30 Movie Matinee (WL) 2:00 Bingo (GR) 3:00 Happy Hour & Sing a Long (CY) 	28 9:00 Half Hour w/ Heather (SC) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00-5:00 OCRL Market (MF) 10:00 Parks Blueberries & Café* (ME) 10:00 Click and Catch (SBL) 11:00 Giant Guess Who (CY) 1:45 SMART Fitness w/ VON (SBL) 2:30 Sip & Paint* (GR) 7:00 Movie Night (SBL & WL) 	29 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Giant Scrabble (CY) 11:45 Pool, Ping Pong & Shuffleboard (BFP) 1:00 Tabletop Games, Painting, Puzzles & More (GR) 2:00 Musical Entertainment w/ Craig Hancock (RL) 3:00 Words, Wits and Drinks (CY) 4:00 Town Hall Meeting (SC) 	30 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Cherryhill Mall* (ME) 10:00 Bingo w/ Berna (SBL) 11:00 Friendship Crafting (GR) 1:45 SMART Fitness w/ VON (SBL) 2:30 Luau (CY) 3:30 Travelogue: Hawaii (SBL) 7:00 Netflix Series Night (SBL & WL) 	31 9:00 Half Hour w/ Heather (SC) 10:00-5:00 OCRL Market (MF) 10:00 Trivia w/ Habeeb (SBL) 11:00 Fitness w/ Christine (FS) 1:00 Walker Wash (CY) 1:30 Manicures w/ Amara* (R/R) 1:30 Table Activities (SBL) 2:00 Bingo (GR) 3:00 Happy Hour & Karaoke (CY) 7:00 Classic Movie Night (SBL & WL) 	