

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		AUGUST 2026				1 10:00 Seated Tai Chi w/ Steven Holbert (SBL) 11:00 Guess How Many (FD) 2:00 Musical Entertainment w/ Georgina Rae (CY) 
2 9:30 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 11:00 Guess the Logo (SC) 2:00 Musical Entertainment w/ Marie Bottrell (CY) 	3 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Giant Scrabble (CY) 1:30 Movie Matinee (SBL) 2:00 Bingo (GR) 2:00 Ask Heather (SC) 3:00 Happy Hour & Sing a Long (CY)  CIVIC HOLIDAY	4 9:00 Early Risers Club (MF) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Would You Rather (CY) 1:30 Giant Darts (SBL) 2:00 Watermelon Social (CY) 	5 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Figures of Speech (CY) 11:45 Pool, Ping Pong & Shuffleboard (BFP) 12:00 Huron Country Playhouse: Nashville Music City* (ME) 1:00 Tabletop Games, Painting & More (GR) 1:30 Arts & Crafts (SBL) 2:00 Musical Entertainment w/ David Smith (CY) 3:00 Words, Wits and Drinks (CY) 	6 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Music & Memory w/ Chirag (SBL) 11:00 Charades w/ Elizabeth (CY) 1:30 Water Games (CY) 2:00 Sherwood Forest Mall* (ME) 2:00 Pictionary w/ Uchenna (CY) 3:00 OCRL Ice Cream Cart (CY) 3:30 Travelogue: Moldova (SBL) 	7 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Tape the Ball w/ Amara (CY) 1:00 Walker Wash (CY) 1:30 Manicures w/ Amara* (R/R) 1:30 Memory Lane w/ Kevin (SBL) 2:00 Bingo (GR) 3:00 Happy Hour & Karaoke (CY) 	8 10:00 Seated Fitness (SBL) 11:00 Jeopardy (CY) 1:30 Talking Point (SBL) 2:00 Head Bandz (WL) 3:00 Movie Matinee (WL) 
9 9:30 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 10:00 Seated Fitness (SBL) 11:00 Words Within (CY) 	10 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Recreation Meeting (SC) 1:30 Movie Matinee (SBL) 2:00 Bingo (GR) 2:00 Ask Heather (SC) 3:00 Happy Hour & Sing a Long (CY)  BREAKFAST DAY	11 9:00 Early Risers Club (MF) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00-5:00 OCRL Market (MF) 10:00 Walmart* (ME) 10:00 Painting Projects: Watermelon Gnome (SBL) 11:00 Giant Badminton (CY) 1:45 SMART Fitness w/ VON (SBL) 2:30 August Birthday Celebration & Musical Entertainment w/ Larry Smith (CY) 	12 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Who Am I? (CY) 11:45 Pool, Ping Pong & Shuffleboard (BFP) 1:00 Tabletop Games, Painting & More (GR) 1:30 Arts & Crafts (SBL) 2:00 Alpaca Social (CY) 2:00 Mass w/ Holy Family Parish (Long Term Care Side) 3:00 Words, Wits and Drinks (CY) 	13 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Pass the Prize & Roll the Dice Game w/ Berna (SBL) 11:00 Trivia w/ Habeeb (CY) 1:45 SMART Fitness w/ VON (SBL) 2:30 Lemonade Social & Farewell to our AMH Students (CY) 3:30 Travelogue: Turkey (SBL) 6:00 Country Cruizin' Car Show* (ME) 	14 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Debatable Game w/ Christo (SBL) 11:00 Fitness w/ Christine (FS) 1:00 Walker Wash (CY) 1:30 Manicures w/ Amara* (R/R) 1:30 Table Activities (SBL) 2:00 Bingo (GR) 3:00 Happy Hour & Karaoke (CY)  BREAKFAST DAY	15 10:00 Fitness w/ Elaine (SBL) 2:00 Musical Entertainment w/ Craig Hancock (RL) 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9:30 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 11:00 Interactive White Board (SC) 2:00 Musical Entertainment w/ Dan Clahane (RL) 	17 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Name 5 (CY) 1:30 Movie Matinee (SBL) 2:00 Bingo (GR) 2:00 Ask Heather (SC) 3:00 Happy Hour & Sing a Long (CY) 	18 9:00 Early Risers Club (MF) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00-5:00 OCRL Market (MF) 10:00 Painting Projects: Under the Sea (SBL) 11:00 Think Fast (CY) 1:45 SMART Fitness w/ VON (SBL) 2:30 Refresher Bar (CY) 	19 9:00 Early Risers Club (MF) 9:15 Mass at Holy Family Parish* (ME) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Food Meeting (SC) 11:00 Giant Connect 4 (CY) 11:45 Pool, Ping Pong & Shuffleboard (BFP) 1:00 Tabletop Games, Painting & More (GR) 1:30 Arts & Crafts (SBL) 2:00 Do You Remember That? (WL) 3:00 Words, Wits and Drinks (CY) 7:00 Bonfire & Musical Entertainment w/ Geroge Fulop (CY) 	20 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Giant Ring Toss (SBL) 11:00 Pick a Letter (CY) 1:45 SMART Fitness w/ VON (SBL) 2:00 Cherryhill Mall* (ME) 3:00 OCRL Ice Cream Cart (CY) 3:30 Travelogue: Asia: Tokyo (SBL) 	21 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Fun Friday: Scoop (CY) 1:30 Table Activities (SBL) 2:00 Bingo (GR) 3:00 Happy Hour & Karaoke (CY)  GRILLED CHESSE DAY	22 10:00 Seated Fitness (SBL) 11:00 Trivia (CY) 1:30 Giant Card Elimination (SBL) 2:00 DIY: Chocolate Making (QSK) 3:00 Movie Matinee (WL) 
23 9:30 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 10:30 Musical Entertainment w/ Larry McGill (RL) 	24 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Teddy Bear Picnic w/ Fox Hollow Family Centre (CY) 1:30 Movie Matinee (SBL) 2:00 Bingo (GR) 2:00 Ask Heather (SC) 3:00 Happy Hour & Sing a Long (CY) 	25 9:00 Early Risers Club (MF) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00-5:00 OCRL Market (MF) 10:00 The 10 Scents of Summer (SBL) 11:00 Mini Putt (CY) 12:00 Victoria Playhouse: Piano Legends* (ME) 1:45 SMART Fitness w/ VON (SBL) 2:30 Iced Coffee Bar (CY) 	26 9:00 Early Risers Club (MF) 9:15 Mass at Holy Family Parish* (ME) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 What Am I? (CY) Town Hall Meeting During Lunch (DR) (both seatings & both dining rooms) 11:45 Pool, Ping Pong & Shuffleboard (BFP) 1:00 Tabletop Games, Painting & More (GR) 1:30 Arts & Crafts (SBL) 2:00 Musical Entertainment w/ Joel Horvath (CY) 3:00 Words, Wits and Drinks (CY) 	27 9:00 Early Risers Club (MF) 9:00 Beck Hearing* (GR) 10:00-5:00 OCRL Market (MF) 11:00 Target Shooting (CY) 1:45 SMART Fitness w/ VON (SBL) 2:30 Penny Auction (CY) 3:30 Travelogue: Curacao (SBL) 	28 9:00 Early Risers Club (MF) 10:00-5:00 OCRL Market (MF) 10:00 Giant Tic Tac Throw (SBL) 11:00 Fitness w/ Christine (FS) 1:30 Table Activities (SBL) 2:00 Bingo (GR) 3:00 Happy Hour & Karaoke (CY) 	29 10:00 Guess How Many (FD) 12:00 Resident & Family* (BBQ) 2:00 Musical Entertainment w/ Nicole Tan (RL) 
30 9:30 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 11:00 Guess the Logo (SC) 2:00 Musical Entertainment w/ Traci Kennedy (CY) 	31 9:00 Early Risers Club (MF) 10:00 Community Drop Off* (ME) 10:00-5:00 OCRL Market (MF) 10:00 Seated Fitness (SBL) 11:00 Jeopardy (CY) 1:30 Movie Matinee (SBL) 2:00 Bingo (GR) 2:00 Ask Heather (SC) 3:00 Happy Hour & Sing a Long (CY) 		MAIN FLOOR: FD- FRONT DESK WL- WELLINGTON LOUNGE QSK- QUEEN STREET KITCHEN BL- BYRON LIBRARY GR- GAMES ROOM RL- RIVERBEND LOUNGE	MAIN FLOOR: TS- TUCK SHOP R/R- ROOM TO ROOM CY- COURTYARD RD- RECREATION DESK ME- MAIN ENTRANCE SC- SUNNINGDALE CAFÉ	SECOND FLOOR: SBL- STONYBROOK LOUNGE NS- NURSING STATION	LOWER LEVEL: BFP- BLACKFRIARS PUB GT- GRAND THEATRE FS- FITNESS STUDIO SR- SPA ROOM *SIGN UP REQUIRED AT RECREATION DESK **COURTYARD ACTIVITIES & SOCIALS ARE WEATHER PERMITTING