



August 2026

Market Lane peopleCare AR Goudie



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:30 Calendar Handout (MLRR) 1 11:00 Trivia on the Balcony (2FB) 2:30 Community Coffee (VPDR) 
10:00 Ice Cream on the Patio (2FB) 2 11:00 Sibling's Discussion Group for National Sister's Day (MLL) 2:30 Church Service (RGDR)	Civic Holiday 3 10:00 Courtyard Visits (CYD) 11:00 News & Views (MLL) 2:30 Baking (MLDR)	10:00 Pump It Up! (MLL) 4 10:00 Resident Council Week Planning Meeting (EPDR) 11:30 Sea Turtles Documentary (MLL) 2:00 Spirit and Song (FCDR) 3:00 Paris Travelogue (MLL) 6:00 History Trivia (MLL) 	10:00 Manicures (MLDR) 5 2:30 BINGO (RGDR) 	10:00 Sing-A-Long (MLL) 6 11:00 Outdoor Walks (CYD) 2:30 Strawberry Tea Social (MLDR)	10:30 August Birthday Party with Kevin Coates (FCDR) 7 2:30 BINGO (MLDR) 3:30 One to Ones (MLRR)	10:30 Ladder Ball (MLDR) 8 11:30 Finish the word (Hangman) (MLL) 2:30 Community Movie (MLDR)
11:30 Sing-A-Long (MLDR) 9 2:30 Church Service (RGDR)  6:00 Colouring (MLDR)	11:30 Name that Tune (MLL) 10 2:00 Tim Hortons Outing (Sign Up) (OUT) 2:30 BINGO (MLDR) 6:00 Uno (MLL)	10:00 Pump It Up! (MLL) 11 11:30 Gorilla Documentary (MLL) 2:00 Meaningful Conversations (FCDR) 3:00 Japan Travelogue (MLL) 6:00 Art and Animals Trivia (MLL) 	10:00 Games & Cards with Holy Cross Youth Group (CYD) 12 11:30 Manicures (MLRR) 2:30 BINGO (RGDR)	10:00 Go Fish! (MLDR) 13 11:00 Guess the Word (MLL) 2:30 Documentary: German Shepard (MLL) 6:00 Casino Night (GH)	11:30 Bowling (MLDR) 14  2:30 Build Your Own Trifle! (MLDR) 6:00 Puzzle (MLDR)	10:00 Collecting Flowers (MLDR) 15 11:30 Drying Flowers (MLDR) 2:30 Community Movie (MLDR)
10:30 Dice Games: Left, Right, Center (MLDR) 16 11:30 One to Ones (MLRR) 2:30 Church Service (RGDR)	10:00 Uno (MLDR) 17 11:00 Basketball (MLL) 2:30 Short Stories (MLL) 3:30 One to Ones (MLRR) 	10:00 Pump It Up! (MLL) 18 10:00 Resident Council (EPDR) 11:30 Horses Documentary (MLL) 2:00 Spirit and Song (FCDR) 2:30 England Travelogue (MLL) 6:00 Card Bingo (MLDR)	10:00 Manicures (MLDR) 19 2:30 BINGO (RGDR) 	8:30 Breakfast Club (Sign Up) (GH) 20 11:00 Baking: Blackberry Cobbler (MLDR) 2:30 Bean Bag Toss (MLL) 2:30 Knit and Crochet Group (VPDR)	10:00 Balloon Badminton (MLDR) 21 11:00 Finish the Lyric (MLL) 2:30 BINGO (MLDR) 3:30 Music Therapy Group with Chelsea (MLL)	11:30 Courtyard Visits (CYD) 22 2:30 Specialty Coffee Time (MLDR) 6:00 Documentary: Rock and Roll! (MLL)
11:30 Painting with Buttons (EWDR) 23 2:30 Church Service (RGDR) 6:00 Chair Exercise (MLL)	11:00 Collecting Rocks (CYD) 24 2:30 Rock Painting (MLDR) 6:00 BINGO (MLDR) 	10:00 Pump It Up! (MLL) 25 11:30 Hedgehogs Documentary (MLL) 1:15 Elmira Wagon Ride Outing (Sign up) (OUT) 2:00 Meaningful Conversations (FCDR) 2:30 Amsterdam Travelogue (MLL) 6:00 Rock and Roll Trivia (MLL)	10:00 Manicures (MLDR) 26 2:30 Doggy Day - Making Dog Beds & Treats (CYD) 	10:00 Animals Trivia (MLL) 27 11:00 Ocean Life Documentary (MLL) 2:30 Just Peachy Social (CHDR) 6:00 Dried Flower Cards (EWDR)	2:30 Go Fish! (MLDR) 28 3:30 Discussion Group: Favorite Canadian Traditions (MLL) 6:00 Beer Garden Social (CYD)	11:30 Uno (MLDR) 29 2:30 Community Movie (MLDR)  6:00 Basketball (MLL)
11:30 Courtyard Visits (CYD) 30 2:30 Church Service (RGDR) 6:00 One to Ones (MLRR)	10:00 Trivia: 50s and 60s Pop Culture! (MLL) 31 11:30 Finish the Phrase (MLL) 2:30 Movie: Little House on the Prairie (MLL)		<u>Locations Legend</u> Market Lane Lounge (MLL) Market Lane Dining Room (MLDR) Rockway Gardens Dining Room (RGDR) Courtyard (CYD) Market Lane Room-to-Room for 1:1 scoring (MLRR) Frederick Community Dining Room (FCDR) 2nd Floor Balcony (2FB) Victoria Park Dining Room (VPDR) Edna Place Dining Room (EPDR) Outing (OUT) Grand Hall (GH) Eastway Walk Dining Room (EWDR) Chicopee Hills Dining Room (CHDR)			