

JULY 2026

OAKCROSSING RETIREMENT LIVING NEWSLETTER

1238 Oakcrossing Road | 519-641-3131 | www.peoplecare.ca
London, ON



This month's Inspiration

"Life isn't about finding
yourself. Life is about
creating yourself."

-George Bernard Shaw



peopleCare communities

A Message from Our General Manager

July at Oakcrossing

Summer has officially arrived, and July is shaping up to be a beautiful and exciting month here at Oakcrossing! With our grounds now complete and in full bloom, we are looking forward to spending as much time outdoors as possible and making the most of the sunshine, fresh air, and all the wonderful moments summer brings.

This month, we'll be celebrating Canada Day with festive fun, and we're also looking forward to ending the month with a tropical Luau celebration full of summer spirit. Throughout the month, residents can also enjoy plenty of BBQs during the week, with delicious food, time together, and opportunities to soak up the warm weather.

We're also excited to share that we will be hosting two family BBQs this summer, so please stay tuned for more details in the coming weeks. We can't wait to welcome families to join us for some special summer gatherings.

As we enjoy a busy and active month ahead, we kindly ask families and visitors to please help us keep our community safe and well. If you are feeling unwell, please wait until you are healthy before visiting the home. If you are taking a resident out for an outing, please remember to sign them out at the front desk. For any extended or overnight time away, please notify our nursing team in advance so we can ensure proper communication and care planning.

We are looking forward to a fun-filled July with sunshine, celebrations, and lots of time spent together outdoors. Thank you for your continued support, and we wish everyone a happy, safe, and joyful summer month ahead!

Heather



IPAC Corner

Older adults are at a higher risk for complications from Influenza, RSV and COVID infections. This is why it is extremely important for everyone to be protected from seasonal infections. Washing hands often with soap and water or alcohol-based hand sanitizer is another great way to ensure we are staying safe against harmful bacteria and viruses. Masking in the home, coughing and sneezing into tissues or your sleeve are also ways to prevent the spread of infection in our home. Keep up to date with all things IPAC in the newsletters and in the home!

Birthdays



July 3rd - Joan A.

July 3rd - Kathleen B.

July 5th - Addie V.

July 5th - Helen G.

July 7th - Marie B.

July 7th - Jan S.

July 11th - Ruth M.

July 13th - Jean P.

July 17th - Terry C.

July 23rd - Ruth C.

July 26th - Anne T.

July 29th - Barb G.



Socials

WEDNESDAY JULY 1ST

2:00PM CANADA DAY CELEBRATION

THURSDAY JULY 7TH

2:30PM PEACH FEST

TUESDAY JULY 14TH

2:30PM JULY BIRTHDAY CELEBRATION

TUESDAY JULY 21ST

2:30PM MILK SHAKE BAR

THURSDAY JULY 30TH

2:30PM LUAU



Leadership Team Contact Info.

General Manager,
Heather.....ext. 722
Office Manager,
Lyuba.....ext. 721
Director of Health & Wellness,
Sue.....ext. 741
Director of Community Relations,
Shelby.....ext. 723
Director of Lifestyle & Leisure,
Flavia.....ext. 701
Director of Environmental Services,
Wil.....ext. 810
Dining Room Supervisor,
Monica.....ext. 821
Building Service Coordinator,
Paul.....ext. 810

MUSICAL ENTERTAINMENT

WEDNESDAY JULY 1ST
2:00PM JOEL HORVATH

SATURDAY JULY 4TH
2:00PM BRENT MEIDINGER

SUNDAY JULY 5TH
2:00PM JIM CHAPMAN

WEDNESDAY JULY 8TH
2:00PM SOPHISTICATED LADIES & GENTS

WEDNESDAY JULY 8TH
7:00PM LARRY SMITH

TUESDAY JULY 14TH
2:30PM DAVID SMITH

WEDNESDAY JULY 15TH
2:00PM SUSIE Q.

SATURDAY JULY 18TH
2:00PM CRAIG HANCOCK

SUNDAY JULY 19TH
2:00PM LARRY MCGILL

WEDNESDAY JULY 22ND
2:00PM NICOLE TAN

Last Month's Memories



Summer Word Search

S F L I P F L O P S I S L E P
 S U N S C R E E N A N U O S I
 A U N G U E S T H D O N V W C
 B N E G J O C E A N F S S I N
 A P O O L J U R Y S U H O M I
 R U G U S A T A E U N I H S C
 B M G C R E S A M A S N I U S
 E E N U F O N S U M M E R I P
 C M A A S T O H E T H I N T R
 U V A C A T I O N S R H L A I
 E R O B I L K R X J O I O U N
 I I N S E F I T S F U N P T K
 C A R E L A X S U L Y L O L L
 E J U N E A C F A M I L Y S E
 I C E P O P A H O T S R E L R



AUGUST
 BARBECUE
 BEACH
 FAMILY
 FLIP FLOPS
 FUN
 HOT
 ICE CREAM

ICE POP
 JULY
 JUNE
 OCEAN
 PICNIC
 POOL
 RELAX
 SHORTS

SPRINKLER
 SUMMER
 SUNGLASSES
 SUNSCREEN
 SUNSHINE
 SWIMSUIT
 VACATION



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OCRL COVENT GARDEN MARKET

LOCATED ON THE MAIN FLOOR BEHIND THE FRONT DESK



AVAILABLE TO PURCHASE:

- CHOCOLATE BARS
- VARIETY OF CHIPS
- POP (COKE, DIET COKE, GINGERALE)
- NUTS (PEANUTS, ALMONDS, CASHEWS)
- FACIAL TISSUES
- BRIEFS
- GREETING CARDS
- BUS TICKETS
- TOOTHPASTE
- BODY WASH
- BARS OF SOAP
- SHAVING CREAM
- DEODERANT
- HAND LOTION
- STAMPS
- GREETING CARDS
- BUS TICKETS

