



July2026

Harvest Way

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend Harvest Way Dining Room (HWDR) Harvest Way Lounge (HWL) Chapel (CH) Various Locations (Vari)			Canada Day 1 10:15 Outdoor Ladder Ball (C) 2:30 Canada Day Social! (CH) 3:30 Canadian Trivia (HWDR)			2 9:45 Get Energized (HWDR) 10:30 Knock The Cup (HWDR) 2:00 Catholic Church Service (CH) 3:30 Egg Tray Game (HWL)
3 10:15 Courtyard Weeding & Watering (C) 10:30 1:1 Visit (RR) 10:30 Out with Friends/Family 2:30 Entertainment with Ken Lightheart (CH) 3:30 1:1 Walking (Vari)			4 12:00 Out with Friends/Family 2:30 Bingo (GLWD)			
5 2:30 Hymn Sing (CH) 4:00 Washer Toss (HWL) 6:30 Outdoor Walks/Wheels (P)	6 9:15 Body Balance (HWDR) 2:00 Bowling (GLWD) 3:30 Glasses Cleaning (RR)	7 10:00 Bingo (GLWD) 1:30 Pastor 1:1 Visit 2:00 Movie Matinee (CH)	8 1:30 Axe Throwing (HWL) 1:30 Discussion Group (CH) 2:45 Courtyard Weeding & Watering (Vari)	9 10:15 Exercise with Meg! (HWDR) 1:30 Bonneihealth Lavender Farm (O) 6:30 Ladder Ball (HWDR)	10 10:15 Ring Toss (HWL) 10:45 Friendly Visits (Vari) 2:30 Wood Working with Bill (GLWD) 4:00 Outdoor Walks/Wheels (P) 6:30 Karaoke (CH)	11 10:15 Bean Bag Toss (HWL) 10:45 Indoor/Outdoor Walking (Vari) 2:30 Bingo (GLWD) 3:30 Courtyard Weeding & Watering (C)
12 10:15 Flower Pot Painting (HWL) 11:15 1:1 (RR) 2:30 Hymn Sing (CH) 3:30 Indoor/Outdoor Walk (Vari)	13 9:15 Movement Matters (HWDR) 10:00 Residents Council (GLWD) 2:00 Bowling (GLWD) 3:30 Frisbee Toss (HWL)	14 9:15 Pump it Up! (HWDR) 9:30 Music Therapy with Krystina (HWL) 1:45 What's In My Bag/Purse? (HWDR) 3:00 Bean Bag Toss (HWDR) 6:30 Community Bingo (GLWD)	15 12:00 Diner's Club (B) 2:15 Popsicle Cart !! (RR) 3:30 Bird House Painting (HWDR)	16 9:45 Get Energized (HWDR) 10:15 Glasses Cleaning (RR) 2:30 Melody Makers (CH) 10:15 Ring Toss (HWL)	17 10:00 Seating Yoga (HWDR) 2:30 Roll the Dice (Vari) 3:30 Courtyard Weeding & Watering (C) 6:30 After Dinner Stroll (Vari)	18 2:30 Bingo (GLWD) 4:00 Frisbee Toss (HWL) 6:30 Sing Along Afternoon (HWL)
19 10:00 Hymn Sing (CH) 1:45 Hewitt's Dairy Bar (O) 6:30 Ring Toss (HWL)	20 9:15 Body Balance (HWDR) 10:15 Glasses Cleaning (RR) 2:00 Bowling (GLWD) 6:30 After Dinner Stroll (Vari)	21 Christmas in July (Vari) 10:15 Christmas Kabobs (HWDR) 1:30 Pastor 1:1 Visit 2:30 Bingo (GLWD) 6:30 Bean Bag Toss (HWL)	22 1:30 Knock The Cup (HWDR) 2:30 Church Service with Chaplain Peggy (CH) 4:00 Colouring 6:30 Euchre/Card Game Night (B)	23 10:15 Pool Noodle Badminton (HWDR) 2:15 1:1 Walking (Vari) 3:30 Horticulture Therapy (C) 6:30 Drumming Circle (HWDR)	24 2:00 Floor Hockey (B) 3:30 Indoor/Outdoor Walk (Vari) 6:30 Karaoke (CH)	25 10:00 Bingo (GLWD) 1:30 Walmart Shopping (O) 3:45 1:1 (Vari)
26 10:15 Summer Crafting (HWDR) 2:30 Hymn Sing (CH) 3:30 Target Golf (HWL) 3:45 1:1's (Vari)	27 9:15 Movement Matters (HWDR) 10:00 Mystery Bag Challenge (HWDR) 2:00 Bowling (GLWD) 3:30 Frisbee Toss (HWL) 6:30 Axe Throwing (HWL)	28 9:15 Pump it Up! (HWDR) 9:30 Music Therapy with Krystina (HWL) 2:30 Bingo (GLWD) 3:45 Finish That Phrase! (HWDR) 6:30 Ladder Ball (HWL)	29 10:15 Glasses Cleaning (Vari) 10:30 Walk & Talk (C) 2:00 Lawn Darts (C) 6:30 Birthday Party with Suzie Q (CH)	30 9:00 Program Dept Meeting (BR) 9:45 Get Energized (HWDR)	31 10:00 Storytelling With Morning Coffee (HWDR) 11:00 Outdoor Walks/Wheels (P) 2:00 Bean Bag Toss (HWL) 3:30 Courtyard Weeding & Watering (C) 6:30 Board Games (HWDR)	Dimensions Of Wellness Legend Social Emotional Physical Intellectual Environmental Spiritual