

August 2026

Grand River Home Area

Hilltop Manor Cambridge

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:30 Baking with Sarai 10:30 Puzzles and Cards 2:00 Coffee Chat 1
9:00 Simmer Pot 10:00 Virtual Church Service 11:00 Reading Group 2:15 Balcony Chats 2	9:30 Baking 11:00 Friendly Visits 2:00 Bowling 3	9:30 Breathing Exercises 10:00 Outdoor Walks 10:00 Hilltop Walk to the Park 3:30 Spirit Circle - GR 4	9:00 Making Bread 10:30 Manicures and Hand Massages 11:00 Folding and Sorting 11:00 Lunch Outing to LA Franks 2:00 Courtyard Visits 2:00 Billy Bishop Demonstration - 5	9:30 Reading Group 10:30 RC Reading & Rosary with Chaplain Cheryl - BL 10:30 walking outside 2:15 Library Visits 6	9:30 Pump It Up! - HS & GR 9:30 Baking 10:30 Coffee Chat 2:15 Manicures and Hand Massages 3:00 Courtyard Visits 7	8
9	9:30 Pump It Up! - GR & HS 9:30 Breathing Exercises 10:15 Reading Group 2:15 Library Visits 11:00 Outdoor Walks 10	9:15 Cooking in the Kitchen 10:45 Music with Jenn 11:00 Folding and Sorting 11:00 Portuguese Rosary - G 2:15 Balcony Visits 11	9:30 Reading Group 1:30 Horticulture (GR) 2:15 Seated Exercise 3:00 Outdoor Walks 6:00 Hilltop Luau 12 SPIRIT DAY: Florals!	9:30 St Jacobs Market (Out) 10:00 Manicures and Hand Massages 10:30 RC Liturgy - BL 11:00 Outdoor Walks 3:00 Temple Baptist Church Service - BL 3:00 Simmer Pot 13	9:30 Pump It Up! - HS & GR 2:00 Happy Hour 14	9:00 Reading Group 2:15 Library Visits 15
10:00 Virtual Church Service 11:00 Scripture Reading 2:15 Friendly Visits 16	9:30 Baking 11:00 Walk and Talks 2:00 Balloon's Badminton 17	9:30 Baking 11:00 Card Games 2:00 Resident Council- PR 2:15 Courtyard Visits 18	9:30 Manicures and Hand Massages 10:00 Susie Q- PR 10:30 Reading Group 2:00 August Birthday Party- BL 2:15 Movie: Swan Lake Ballet 6:00 Caring Through Memories Workshop 19	9:30 Simmer Pot 10:00 Breathing Exercises 10:30 RC Mass - BL 1:30 Horticulture (GR) 2:15 Outdoor Walks 3:00 Interdenominational Service Chaplain Cheryl - BL 20	9:30 Pump It Up! - HS & GR 9:30 Baking 10:30 Card Games and Puzzles 12:00 BBQ Luncheon 1:00 Fun Games and Water Games 2:15 Balcony Chats 21 SPIRIT DAY: Bright Colours!	22
23	9:15 Reading Group 9:30 Pump It Up! - GR & HS 10:30 Karate - GR 11:00 Walk and Talks 2:15 Manicures 24	9:30 Baking 11:00 Folding and Sorting 11:00 Portuguese Rosery - G 12:00 August Birthday Luncheon 1:30 Music with Jenn 2:15 Outdoor Walks 25	9:30 Simmer Pot 10:00 Reading Group 11:00 Card Games 1:00 Giant Tiger (Out) 2:15 Balcony Chats 26 SPIRIT DAY: Favourite Colour!	10:30 RC Liturgy - BL 10:30 Puzzles and Card Games 11:00 LA Franks Lunch Outing 1:30 Horticulture (GR) 2:00 Memorial Service - BL 2:00 Outdoor Walks 27	9:30 Pump It Up! - HS & GR 28	9:30 Saturday Morning Baking 11:00 Reading Group 2:15 Creative Corner 2 29
10:00 Virtual Church Service 11:15 Sing-a-longs 2:15 Outdoor Walks 30	9:30 Pump It Up! - GR & HS 10:00 Manicures 11:00 Walk and Talks 2:00 Active Games Station 31					