

July 2026

Galt Home Area

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			8:30 Friendly Visits 9:30 Pump It Up! -PR & G 10:00 Canada day craft 2:00 Canada Day Celebration	8:30 Friendly Visits 9:15 Horticulture 10:30 RC Liturgy - BL 2:00 Courtyard Visits	8:30 Friendly Visits 9:00 Manicures 10:30 Pump It Up! - PR & G 2:00 Walk to the Park	
5	10:30 Karate - G 11:00 Walk and Talks 2:00 Bowling 3:00 Cards 5:30 Play Backgammon	6 8:30 Friendly Visits 10:00 Hilltop Walk to the Park! 10:30 Pump It Up! - G & PR 10:45 Music with Jenn 11:00 Walk and Talks 2:00 Favorite Canadian Vacation Stories	7 8:30 Friendly Visits 9:30 Blind Date with a Book Sale - Lobby 9:30 Pump It Up! -PR & G 2:00 BINGO	8 8:30 Friendly Visits 9:00 Outdoor Seated Exercise 10:30 RC Liturgy - BL 11:00 Walk and Talks 1:00 MEDA walk to the park 2:00 Traveling Pina Colada Cart! 3:00 Temple Baptist Church Service - BL	9 8:30 Friendly Visits 9:00 Crafts 10:30 Pump It Up! - PR & G 2:00 Happy Hour	10 
12 	13 8:30 Friendly Visits 9:30 Hand Guessing Game 10:00 Karate - G 2:00 Courtyard Visits / Make Your Own Sundae	14 8:30 Friendly Visits 9:30 St Jacobs Farmers Market (Out) 10:30 Pump It Up! - G & PR 11:00 Praying the Rosary - Portuguese 1:00 Music with Jenn 2:00 Resident Council 3:00 Anglican Church Service - PR	15 8:30 Friendly Visits 9:15 Horticulture 9:30 Pump It Up! -PR & G 11:00 Walk and Talks 2:00 July Birthday Party (BL)	16 8:30 Friendly Visits 9:00 Outdoor Seated Exercise 10:30 RC Mass - PR 11:00 Walk and Talks 2:00 Death Cafe (BL) 3:00 Spiritual Service with Chaplain Cheryl	17 8:30 Friendly Visits 9:00 Manicures 10:30 Pump It Up! - PR & G 2:00 BINGO	18
19	20 10:30 Karate - G 11:00 Walk and Talks 2:00 BINGO 3:30 Coffee Chat 5:30 Play Backgammon	21 8:30 Friendly Visits 10:00 Recreation Walk to the Park 10:30 Pump It Up! - G & PR 11:00 Walk and Talks 2:30 Bag Pipe Performance (lobby)	22 9:30 Pump It Up! -PR & G 11:00 Walk and Talks 5:00 Christmas in July Family Dinner	23 8:30 Friendly Visits 9:15 Horticulture 10:30 RC Liturgy - BL 11:00 Walk and Talks 2:00 Jeff's Music - PR	24 8:30 Friendly Visits 9:00 Crazy Eight Time 10:30 Pump It Up! - PR & G 2:00 Garden Tea Party	25
26 	27 8:30 Friendly Visits 9:30 Baking 10:15 Board Games 1:45 BINGO	28 8:30 Friendly Visits 10:30 Pump It Up! - G & PR 11:00 Praying the Rosary - Portuguese 12:00 July Birthday Luncheon 1:00 Music with Jenn 2:00 Sing-a-longs 3:30 Spirit Circle - Galt	29 8:30 Friendly Visits 9:30 Pump It Up! -PR & G 10:15 Courtyard Visits 2:00 Welcome Tea	30 8:30 Friendly Visits 9:15 Horticulture 9:30 Seated Exercise 10:30 RC Liturgy - BL 2:00 Memorial Service - PR	31 8:30 Friendly Visits 9:30 Manicures 10:30 Pump It Up! - PR & G 2:00 Coffee Chat / Coloring	