# July 2026

## Eastway Walk peopleCare AR Goudie

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | | **1**<br>9:00 Calendar Handout<br>10:00 Canada Day Colouring (EWDR)<br>11:30 Balloon Volleyball (EWEL)<br>**2:30 Canada Day Party with Blue Eyed Bill (CYD)**<br> | **2**<br>10:00 Balloon Volleyball (EWEL)<br>11:00 Music Around the World (EWEL)<br>2:30 Courtyard Visits (EWCY)<br>3:30 One to Ones | **3**<br>11:30 Music and Movement (EWAR)<br>2:30 Colouring (EWDR)<br>3:30 Finish the Phrase (EWDR)<br>6:00 Sensory Table (EWAR) | **4**<br>11:30 Walk in the Sun (EWAR)<br>**2:30 Specialty Coffee Time (MLDR)**<br>6:00 Travelogue to Canada (EWEL)<br> |
| **5**<br>11:30 Balloon Volleyball (EWEL)<br>2:30 Church Service (RGDR)<br>6:00 One to Ones<br> | **6**<br>**10:00 Movement Matters (EWEL)**<br>11:00 Manicures (EWEL)<br>2:00 Faith and Film (CHAP)<br>2:30 Gardening (EWCY)<br>**6:15 Hawaiian Luau with Rich Hubick (CYD)**<br> | **7**<br>10:00 Elder Care Sing-a-Long (EWDR)<br>**10:00 Food Committee (EPDR)**<br>11:30 Balloon Volleyball (EWEL)<br>**2:00 Music Therapy Group with Chelsea (EWEL)**<br>2:00 Outdoor Visit(One to One) (Byrd)<br>6:00 Sensory Group (EWAR) | **8**<br>10:00 Bean Bag Toss (EWAR)<br>**10:15 Travelling RC Communion (TC)**<br>11:30 Puzzles (EWAR)<br>**2:30 BINGO (FCDR)**<br> | **9**<br>10:00 Balloon Volleyball (EWDR)<br>11:30 Colouring (EWDR)<br>2:30 Tie Dye (EWDR)<br>6:00 One to Ones<br> <br>**Cam's Birthday!** | **10**<br>10:00 Sensory Time! (EWAR)<br>11:30 Matching Game (EWEL)<br>2:30 Smores Cookie Bar (EWDR)<br> <br>**Mia's Birthday!** | **11**<br>10:00 Short Stories (EWEL)<br>11:30 Music Throwbacks (EWDR)<br>**2:30 Community Movie (MLDR)** |
| **12**<br>10:00 Balloon Toss (EWAR)<br>11:30 Puzzles (EWAR)<br>2:30 Church Service (RGDR)<br> | **13**<br>**10:00 Movement Matters (EWEL)**<br>11:00 Manicures (EWEL)<br>2:00 Faith and Film (CHAP)<br>2:30 Sing-A-Long (EWEL)<br>3:30 Short Stories (EWEL) | **14**<br>10:00 Music and Movement (EWDR)<br>11:00 Soul Time (EWDR)<br>2:00 Sunshine Circle (CYD)<br>3:30 Sensory Games (EWAR)<br> | **15**<br>10:00 Balloon Volleyball (EWAR)<br>10:00 One to Ones (FCRR)<br>11:30 Water Colour Painting (EWDR)<br>**2:30 BINGO (FCDR)**<br> | **16**<br>**8:30 Breakfast Club (Sign Up) (GH)**<br>**10:00 Movement Matters (EWEL)**<br>11:30 Puzzles (EWEL)<br>2:30 Flower Arranging (EWDR)<br> | **17**<br>11:30 Balloon Volleyball (EWAR)<br>2:30 Sing-A-Long (EWDR)<br>3:30 Finish the Phrase (EWEL)<br>6:00 Sensory Table 1:1 (EWAR) | **18**<br>11:30 Walk in the Sun (EWAR)<br>**2:30 Community Movie (MLDR)**<br>6:00 One to Ones<br> |
| **19**<br>11:30 Sensory Time! (EWAR)<br>2:30 Porthole Suncatcher (EWDR)<br>6:00 Travelogue (EWDR)<br> | **20**<br>**10:00 Movement Matters (EWEL)**<br>11:00 Memorial Service (RGDR)<br>2:00 Faith and Film (CHAP)<br>2:30 Gardening (EWCY)<br>6:00 Short Stories (EWEL) | **21**<br>**10:00 Resident Council (EPDR)**<br>11:30 Outdoor Walk and Wheel (EWCY)<br>**2:00 Music Therapy Group with Chelsea (EWEL)**<br>3:30 Discussion Group (EWDR) | **22**<br>9:45 Balloon Volleyball (EWAR)<br>**10:30 Catholic Mass (EPDR)**<br>11:30 Water Painting (EWDR)<br>**2:30 BINGO (FCDR)**<br> | **23**<br>10:00 Music Throwback: Top Canadian Artist (EWEL)<br>11:30 Balloon Volleyball (EWAR)<br>2:30 Grilled Peaches and Ice Cream Social (Byrd)<br>6:00 One to Ones | **24**<br>10:00 Bean Bag Toss (EWAR)<br>11:30 Summer Colouring (EWDR)<br>**1:15 Return to Grace Elvis Tribute Show ($ Sign up) (OUT)**<br>2:30 Strawberry Lemonade Cupcake (EWDR) | **25**<br>10:00 Courtyard Visits (CYD)<br>11:00 Travelling Rodeo (EWEL)<br>**2:30 Wild West Social (VPDR)**<br> |
| **26**<br>10:00 Morning Sensory (EWEL)<br>11:00 Drum Circle (EWCY)<br>2:30 Church Service (RGDR)<br> | **27**<br>**10:00 Movement Matters (EWEL)**<br>11:00 Manicures (EWEL)<br>2:00 Faith and Film (CHAP)<br>3:00 Flower Arranging (EWDR) | **28**<br>10:00 Basketball (EWDR)<br>11:30 Matching Game (EWAR)<br>2:30 Snorkeling Craft (EWDR)<br> <br>**Marlene's Birthday!** | **29**<br>10:00 Balloon Volleyball (EWAR)<br>11:30 Nature Colouring (EWDR)<br>**2:30 BINGO (FCDR)**<br> | **30**<br>10:00 Walk and Wheel<br>**10:30 Wal Mart Shopping Trip & McDonalds Lunch (Sign Up) (OUT)**<br>2:30 Word Games (EWDR)<br>3:00 One to Ones (EWRR) | **31**<br>11:30 Music and Movement (EWEL)<br>**2:30 July Birthday Party with Jeff Poolton (FCDR)**<br>6:00 Reminiscing: Movie Magic (EWEL)<br> | |