



August 2026

Chicopee Hills peopleCare AR Goudie



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:00 Calendar Handout (CHRR) 1 10:00 Basketball! (CHL) 2:30 Afternoon Movie (CHL)
11:30 Outdoor Walk & Talk (CHRR) 2 2:30 TV Church Service (CHL) 3:30 Short Stories (CHL) 6:00 Word Games (CHL)	Civic Holiday 3 11:30 Seated Exercise (CHL) 2:00 Conversations & Connection (GFR) 6:00 Manicures (CHRR)	10:00 Resident Council Week Planning Meeting (EPDR) 4 11:30 One to Ones (CHRR) 2:30 Baking Chocolate Chip Cookies (CHDR)	11:30 Active Game (CHL) 5 2:30 BINGO (RGDR) 6:00 Travelogue (CHL) 	10:00 Pump It Up! (CHL) 6 11:30 One to Ones (CHRR) 2:00 Spirit and Song (CHDR) 2:30 Social Gathering (CHDR) 6:00 Ring Toss (CHL)	11:30 Travelogue: Nova Scotia (CHL) 7 2:30 August Birthday Party with Jay Franco (VPDR) 6:00 Karaoke (CHL)	10:00 Seated Exercise (CHL) 8 11:00 Outdoor Walks (FY) 2:30 Specialty Coffee Time (VPDR)
10:00 Active Game (CHL) 9 11:00 Word Games (CHL) 2:30 Church Service (RGDR) 	10:00 Bean Bag Toss (CHL) 10 11:30 Trivia (CHL) 2:00 Tim Hortons Outing (Sign Up) (OUT) 2:00 Conversations & Connection (GFR)	10:00 Outdoor Walks (FY) 11 11:30 Bowling (CHL) 2:30 Easy Flower Bouquet Craft (CHDR) 6:00 UNO Card Game (CHDR)	10:00 Games & Cards with Holy Cross Youth Group (CYD) 12 2:30 BINGO (RGDR) 6:00 Dancing (CHL)	10:00 Pump It Up! (CHL) 13 1:00 Friendly Recreation Visit (CHRR) 2:00 Meaningful Conversations (CHDR) 2:30 Summer Collage (CHDR) 6:00 Casino Night (GH)	10:00 Active Game (CHL) 14 11:30 Outdoor Walks (FY) 2:30 Social Gathering (CHDR) 3:30 Music Therapy Group with Chelsea (CHDR)	11:30 Meditation (CHL) 15 2:30 Specialty Coffee Time (VPDR) 6:00 Sing-A-Long (CHL)
11:30 Balcony Visits (4FB) 16 2:30 Church Service (RGDR) 6:00 Manicures (CHRR)	11:30 Ladder Ball Game (CHL) 17 2:00 Conversations & Connection (GFR) 6:00 Music Throwbacks (CHL)	10:00 Resident Council (EPDR) 18 11:00 Friendly Visits (CHRR) 2:30 Documentary (CHL) 3:00 Active Game (CHL)	11:30 Seated Exercise (CHL) 19 2:30 BINGO (RGDR) 6:00 Evening Sing-A-Long (CHL)	8:30 Breakfast Club (Sign Up) (GH) 20 10:00 Pump It Up! (CHL) 11:30 Manicures (CHRR) 2:00 Spirit and Song (CHDR) 2:30 Knit and Crochet Group (VPDR) 6:00 Friendly Recreation Visit (CHRR)	11:30 Outdoor Walks (CYD) 21 2:30 Ice Cream Social (CHDR) 6:00 Music: Country Music (CHL)	10:00 Seated Exercise (CHL) 22 11:00 Puzzle (CHL) 2:30 Community Movie (VPDR)
10:00 Chair Zumba (CHL) 23 10:30 Travelogue: Nova Scotia, Canada (CHL) 2:30 Church Service (RGDR)	10:00 Baking Peach Pie (CHDR) 24 2:00 Conversations & Connection (GFR) 3:30 One to Ones (CHRR)	9:45 Seated Exercise (CHL) 25 11:30 Travelogue: Italy (CHL) 1:15 Elmira Wagon Ride Outing (Sign up) (OUT) 6:00 One to Ones (CHRR)	10:00 Funny Dog Videos (CHL) 26 10:30 Baking Dog Treats (CHDR) 2:30 Doggy Day - Making Dog Beds & Treats (CYD) 	10:00 Pump It Up! (CHL) 27 10:30 Baking: Peach Cobbler (CHDR) 2:00 Meaningful Conversations (CHDR) 2:30 Just Peachy Social (CHDR) 6:00 Evening Sing-A-Long (CHL)	10:00 Balloon Toss! (CHL) 28 2:30 Guided Painting (FCDR) 3:30 Music Therapy Group with Chelsea (CHDR) 6:00 Beer Garden Social (CYD)	11:30 Seated Exercise (CHL) 29 2:30 Specialty Coffee Time (VPDR) 6:00 Sing-A-Long (CHL)
11:30 Basketball (CHL) 30 2:30 Church Service (RGDR) 6:00 Manicures (CHRR) 	11:30 Active Game (CHL) 31 2:00 Conversations & Connection (GFR) 3:30 One to Ones (CHRR) 6:00 Sing-A-Long (CHL)		Chicopee Hills Lounge (CHL) Chicopee Hills Dining Room (CHDR) Chicopee Hills Room-to-Room for 1:1 scoring (CHRR) Rockway Gardens Dining Room (RGDR)	<u>Locations Legend</u> Victoria Park Dining Room (VPDR) Gingerich Family Room (GFR) Courtyard (CYD) Front Yard (FY) Edna Place Dining Room (EPDR)	Outing (OUT) Grand Hall (GH) 4th Floor Balcony (4FB) Frederick Community Dining Room (FCDR)	