

# Preston June 2026

## peopleCare Hilltop Manor Cambridge

peopleCare communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:30 BINGO 10:30 Karate - G 11:00 Walk and Talks 1:00 Music with Jenn 2:00 Jeff's Music - PR	<b>2</b> 9:15 Baking 10:30 Pump It Up! 11:00 Walk and Talks	<b>3</b> 9:30 Pump It Up! 10:00 Bowling 11:00 Walk and Talks 1:30 Music with Jenn 2:00 Crazy Eight	<b>4</b> 9:15 Horticulture (Galt and Preston) 10:00 Cards 10:30 RC Liturgy or Praying the Rosary 11:00 Walk and Talks 2:00 Baking	<b>5</b> 10:30 Pump It Up! 11:00 Walk and Talks	<b>6</b> 1:30 Friendly Visits 9:30 Baking 10:30 Active Games 11:00 Walk and Talks 1:30 Walk and Talks
<b>7</b> 9:15 Church Service 10:00 Manicures 11:00 Walk and Talks 1:30 Movie	<b>8</b> 9:30 Crafts 10:45 Cards 11:00 Walk and Talks 2:00 Balloon Badminton 5:30 Play Backgammon	<b>9</b> 10:00 Praying the Rosary - Portuguese 10:30 Pump It Up! 10:30 Portugal Day Celebration 1:30 Latin Exercises 3:00 Anglican Church Service - Preston Hosting	<b>10</b> 9:30 Pump It Up! 10:00 Susie Q! (PR) 11:00 Walk and Talks 2:00 Portuguese Day Party	<b>11</b> 9:00 Baking 10:30 RC Liturgy or Praying the Rosary 11:00 Walk and Talks 3:00 Temple Baptist Church Service - Blair	<b>12</b> 3:30 Friendly Visits 10:30 Pump It Up! 11:00 Walk and Talks 2:00 Walk to the Park 5:30 Cards	<b>13</b> 2:00 Filipino Independence Day
<b>14</b>	<b>15</b> 9:30 Board Games 10:00 Friendly Visits 10:30 Karate - G 10:45 Music with Jenn 11:00 Walk and Talks 2:00 BINGO	<b>16</b> 10:00 Cruise Week Day 1 - Welcome Aboard! (BL) 10:30 Pump It Up! 11:00 Walk and Talks 11:00 Spirit Circle - Preston 1:30 Music with Jenn 2:00 Resident Council 2:00 Coffee Chat <b>SPRIT DAY: Wear Florals!</b>	<b>17</b> 9:15 Horticulture (PR & G) 9:30 Cruise Week Day 2 - Mediterranean (BL) 9:30 Pump It Up! 11:00 Walk and Talks 2:00 June Birthday Party (BL) <b>SPRIT DAY: Wear Blue &amp; White</b>	<b>18</b> 9:15 Horticulture (Galt and Preston) 10:30 RC Mass 11:00 Walk and Talks 1:45 Cruise Week Day 3 - Caribbean (BL) 3:00 Spiritual Service with Chaplain Cheryl <b>SPRIT DAY: Wear Bright Colours!</b>	<b>19</b> 10:00 Cruise Week Day 4 - Hawaii (BL) 10:30 Pump It Up! 2:00 Don't Be A Drag, Just Be A Queen Show! (BL) <b>SPRIT DAY: Wear Rainbow Colours!</b>	<b>20</b> 9:30 Baking 10:15 Board Games 11:00 Friendly Visits 11:00 Walk and Talks 1:00 Coffee Chat
<b>21</b> 9:15 ELDER CAREE SPRITIUAL 10:15 Manicures 11:00 Walk and Talks 11:00 Walk and Talks 1:30 Movie	<b>22</b> 9:30 Seated Exercise 10:00 Cards 11:00 Walk and Talks 2:00 Games station 3:00 Friendly Visits	<b>23</b> 10:30 Pump It Up! 11:00 Praying the Rosary - Portuguese 12:00 June Birthday Luncheon (SR)	<b>24</b> 9:30 Pump It Up! 9:30 Baking 11:00 Walk and Talks 2:00 Welcome Tea - PR 2:00 Bowling 3:00 Friendly Visits	<b>25</b> 9:15 Horticulture 9:30 Seated Exercise in the courtyard 10:30 RC Liturgy or Praying the Rosary 11:00 Walk and Talks 2:00 Memorial Service - Preston 3:00 Friendly Visits	<b>26</b> 10:30 Pump It Up! 11:00 Walk and Talks 2:00 Picnic in the Park 2:00 Balcony Chats 5:30 Crazy 8	<b>27</b>
<b>28</b>	<b>29</b> 8:30 Friendly Visits 9:00 BINGO 11:00 Walk and Talks 2:00 Walk to the Park	<b>30</b> 9:30 Baking 10:30 Pump It Up! 11:00 Walk and Talks 2:00 Handing Out New calendars 3:00 Friendly Visits				1st Floor Preston - PR 1st Floor Galt - G 2nd Floor Hespeler - HS 2nd Floor Blair - BL 3rd Floor Grand River - GR 4th Floor Speed River - SR