

May 2026

PRESTON HOME AREA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:30am Pump it Up - PR 11:00am Walks and Talks (Preston) 2:00pm Bowling 5:30pm Card Game(Crazy 8)	2 Healthy Heart Day
3	4 8:30am Morning Greetings 9:30am Bingo 11:00am Walks and Talks (Preston) 2:00pm Baking	5 Cinco de Mayo! Wear Bright Colours 8:30am Morning Greetings 9:30am Travelogue(Travel to Mexico) 10:30am Pump It UP - PR 2:00pm Crazy Eight Club	6 8:30am Morning Greetings 9:30am Pump it Up - PR 10:00am Bracelet Making 11:00am Walks and Talks (Preston) 2:00pm Walk to the Park	7 8:30am Morning Greetings 9:15am Horticulture Galt and Preston 10:30am Liturgy of the Word or Praying the Rosary - BL 11:00am One-on-one (Preston) 2:00pm May Trivia	8 9:00am Morning Greetings 9:30am Corn Hole 10:30am Pump it Up - PR 2:00pm Happy Hour	9 8:30am Morning Greetings 9:15am Baking 9:30am Bingo 1:30pm Friendly Visit
10 Mother's Day <3 8:30am Morning Greetings 9:30am Elder Care Spiritual 10:15am Mother's Spy Day 1:30pm Movie in Preston	11 8:30am Morning Greetings 9:30am Travelogue 10:30am Dominos 1:30pm One-on-one (Preston) 2:00pm Music Entertainment - PR	12 10:30am Pump It UP - PR 11:00am Portuguese Rosary - PR 2:00pm Crazy Eight Club	13 8:00am Morning Greetings 9:30am Pump it Up - PR 10:00am Baking 11:00am Walks and Talks (Preston) 1:45pm Hilltop Karaoke	14 9:30am Seated Exercise 10:30am Liturgy of the Word or Praying the Rosary - BL 1:00pm Euchre - PR&SR 3:00pm Church Service with Temple Baptist - BL	15 10:30am Pump it Up - PR 11:00am Walks and Talks 2:00pm Bingo 4:00pm One-on-one (Preston) 5:30pm Crazy 8	16
17	18 8:30am Morning Greetings 9:30am Active Games 11:00am Walks and Talks (Preston) 2:00pm Baking	19 8:30am Morning Greetings 9:30am Crafts corner 10:30am Pump It UP - PR 11:00am Spirit Circle - PR 2:00pm Crazy Eight Club 2:00pm Resident Council	20 8:30am Morning Greetings 9:30am Baking 9:30am Pump it Up - PR 2:00pm May Birthday Party	21 8:30am Morning Greetings 9:00am Horticulture Galt and Preston 10:30am Liturgy of the Word or Praying the Rosary - BL 10:30am Catholic Mass - PR 2:00pm Walk to the Park	22 9:00am Morning Greetings 9:30am Craft 10:30am Pump it Up - PR 11:30am Walks and Talks 2:00pm Happy Hour	23 8:30am Morning Greetings 9:15am Baking 9:30am Bingo 1:30pm friendly visit
24 8:30am Morning Greetings 9:30am Elder Care Spiritual 10:15am Manicures (Preston) 1:30pm Movie	25 8:30am Morning Greetings 9:30am Seated Exercise 10:30am Active Games 2:00pm Baking 3:00pm One-on-one (Preston)	26 10:30am Pump It UP - PR 11:00am Portuguese Rosary - PR 12:00pm May Birthday Luncheon: Speed River	27 8:35am Morning Greetings 9:30am Pump it Up - PR 10:00am Board Games 11:00am Walks and Talks (Preston) 2:00pm Bingo 6:30pm Pub Night	28 8:30am Morning Greetings 9:30am Zen Colouring & Game 11:00am Walks and Talks (Preston) 2:00pm Memorial Service - PR	29 10:30am Pump it Up - PR 11:00am Walks and Talks (Preston) 2:00pm Put New Calendars Up 5:30pm Card game	30

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