






March 2026

PRESTON HOME AREA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30am Morning Greetings 9:15am Church Service 10:15am Bingo 1:45pm One-on-one (Preston)	2 8:30am Morning Greetings 9:30am Seated Exercise 11:00am Walks and Talks (Preston) 2:00pm Bowling	3 8:30am Morning Greetings 9:30am Spring Painting 10:30am Pump It UP - PR 11:00am Walks and Talks (Preston) 2:00pm Death cafe-Speedriver dinning	4 8:30am Morning Greetings 9:30am Pump it Up - PR 10:00am Baking Sugar Cookies 11:00am One-on-one (Preston) 2:00pm Music With Madison (Preston)	5 10:30am Liturgy of the Word or Praying the Rosary - BL 	6 10:30am Pump it Up - PR 11:00am Walks and Talks (Preston) 2:00pm Hilltop Home-wide BINGO 4:15pm puzzle 5:45pm Board Games	7 
8 International Women's Day - Wear PURPLE	9 8:30am Morning Greetings 9:00am Puzzles and Colouring 11:00am Walks and Talks (Preston) 2:00pm Dart Club	10 8:30am Morning Greetings 9:30am Reading Group with Kayla 10:30am Pump It UP - PR 11:00am Portuguese Rosary - SR 2:00pm Crazy Eight Club	11 8:30am Morning Greetings 9:30am Pump it Up - PR 10:00am Baking Banana Bread 2:00pm Balloons Badminton 3:00pm One-on-one (Preston)	12 8:30am Morning Greetings 9:30am Seated Exercise 10:00am Shamrock Shake Fundraiser-Lobby 10:30am Liturgy of the Word or Praying the Rosary - BL 11:00am Walks and Talks (Preston) 2:00pm Bingo 3:00pm Church Service with Temple Baptist - BL	13 10:30am Pump it Up - PR 2:00pm Happy Hour 	14 8:30am Morning Greetings 10:00am Clay Cafe - PR or SR 11:00am Walks and Talks (Preston) 1:45pm Movie
15 8:30am Morning Greetings 9:15am Elder care spiritual 10:15am Bingo 1:45pm Friendly Visit	16 8:30am Morning Greetings 9:30am Board Games 10:30am karate 2:00pm Cornhole Tossing Game 3:00pm One-on-one (Preston)	17 St. Patrick's Day - Wear GREEN 8:30am Morning Greetings 9:30am Decorating Shamrocks 10:30am Pump It UP - PR 11:00am Spirit Circle - PR 2:00pm March Birthday Party	18 9:30am Pump it Up - PR 10:00am Karaoke Dance Party (Preston) 11:00am Walks and Talks (Preston) 2:00pm Movie and Snacks 2:00pm Resident Council	19 10:30am Catholic Mass - PR 3:00pm Church Service with Chaplain Daria - BL 	20 Wear Bright Colours 10:30am Pump it Up - PR 2:00pm Persian New Year-PR	21 Mandatory Course : Safe food handler
22	23 8:30am Morning Greetings 9:30am Bingo 11:00am Walks and Talks (Galt) 2:00pm Snakes and Ladders	24 8:30am Morning Greetings 9:30am Planting Seeds 10:30am Pump It UP - PR 11:00am Portuguese Rosary - SR 1:30pm Music with Jen (PR) 2:00pm Crazy Eight Club	25 8:30am Morning Greetings 9:30am Pump it Up - PR 10:00am Baking Fruit Muffins 7:00pm Pub Night - BL	26 8:30am Morning Greetings 9:30am Seated Exercise 10:30am Liturgy of the Word or Praying the Rosary - BL 2:00pm Memorial Service - PDR	27 10:30am Pump it Up - PR 2:00pm Spring Thya 	28 8:30am Morning Greetings 9:30am Baking 10:30am play card 11 1:45pm Movie
29 8:30am Morning Greetings 9:15am Church Service 10:30am Manicures (Preston) 1:30pm One-on-one (Preston)	30 8:30am Morning Greetings 9:30am Zen Colouring 10:45am Music with Jen (galt) 11:00am Walks and Talks (Preston) 2:00pm Bowling	31 8:30am Morning Greetings 9:30am Bracelet Making 10:30am Pump It UP - PR 11:00am Walks and Talks (Preston) 2:00pm Crazy Eight Club				