

Fisayo and Pam are your Recreation Coordinators, please reach out if you have any questions or program ideas. All programs are subject to change at anytime.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:15am Hymn Sing - Chap 1:00pm Bulldogs Game in Brantford - V	2 10:15am 1.1s - SFDR 11:00am Zumba Dance - SFDR 1:45pm Manicures - RR 3:00pm Active Games - SFDR	3 10:15am Friendly Visits - SFDR 11:00am Active Games - SFDR 1:15pm Healing Hands - SFDR 1:45pm Bistro Visits - RR 2:30pm Bingo - HWDR 3:00pm Comedy Hour - SFL 4:00pm Daily Chronicles - SFDR 6:30pm Hang Man - SFDR	4 9:15am Body Balance - SFDR 10:15am Around The Harvest Table - RR 11:00am Dance Club - SFDR 2:30pm Birthday Party with Jack Coulson - V 3:00pm Manicures - RR 4:00pm Movie and Munchies - SFDR	5 9:15am Get Energized - SFDR 2:00pm Catholic Church Service - Chap 3:15pm 1.1s - RR 4:00pm Ladder Ball - SFDR 6:30pm Name That Tune - SFDR	6 9:15am Stretching Class - SFDR 1:45pm Readers Corner - SFDR 3:00pm Bowling - QLDR 4:15pm Eye Glass Care - RR 6:30pm Karaoke - Chap	7 10:15am Friendly Visits - SFDR 11:30am Bowling & Lunch in Simcoe - V 3:45pm Sing Along - SFDR 6:30pm Bingo - GLDR
8 10:00am Valentines Glamour Shots - 2nd Flr Common Area 1:45pm Valentines Glamour Shots - 2nd Flr Common Area	9 10:15am Friendly Visits - SFDR 11:00am Name That Tune - SFDR 1:45pm Balloon badminton - SFDR 6:30pm Community Bingo - HWDR 3:00pm Baking - SFDR	10 2:00pm Music With Krystina - SFDR 4:00pm Word Fun - SFDR 6:30pm Community Bingo - HWDR	11 9:15am Body Balance - SFDR 10:45am Discussion Group with Chaplain Peggy - GLDR 2:00pm Crafters Corner - SFDR 3:15pm Daily Chronicles - SFDR 4:00pm Mindful Moments To Music - SFDR 6:30pm Word Fun - SFDR	12 10:15am Hand Massages - SFDR 11:00am Say the Word on Beat - SFDR 1:45pm Colouring - SFDR 3:00pm Movement to music - SFDR	13 10:15am Who Am I? - SFDR 11:00am Table Top Tap Dance - SFDR 3:00pm Valentine's Day Tea with Synchronicity - V 6:30pm Sing Along - SFL	14 Valentine's Day 1:45pm Friendly Visits - SFDR 2:30pm Bingo - GLDR 4:00pm Baking - SFDR 6:30pm Mind Joggers - SFDR
15 10:30am Hymn Sing - Chap 1:30pm Shopping at Walmart/Dollar Tree - V 4:00pm Reader's Corner - SFDR 6:30pm Word Fun - SFDR	16 Family Day 10:15am Friendly Visits - RR 1:45pm Active Games - SFDR 3:00pm Say the Word on Beat - SFL 2:30pm Bingo - HWDR 4:00pm Armchair Travel - SFDR 6:30pm Youtube Concerts - SFDR	17 10:15am Friendly Visits - SFDR 11:00am Who Am I? - SFDR 1:15pm Healing Hands - SFDR 1:45pm Bistro Visits - RR 2:30pm Bingo - HWDR 4:00pm Movie and Munchies - SFDR	18 9:15am Body Balance - SFDR 10:15am Friendly Visits - SFDR 11:00am Puzzles/Games - SFDR 2:00pm Drumming Circle - SFDR 3:00pm Hang Man - SFDR 6:30pm Movie and Munchies - SFDR	19 9:15am Get Energized - SFDR 2:00pm Word Fun - SFDR 2:30pm Entertainment with the Melody Makers - Chap 4:00pm You Be The Judge! - SFDR 6:30pm Floor Hockey - SFDR	20 9:15am Stretching Class - SFDR 1:45pm Friendly Visits - SFDR 2:00pm Bowling - QLDR 3:15pm Residents Council - QLDR 4:00pm Manicures - V 6:30pm Karaoke - Chap	21 10:15am Friendly Visits - RR 11:00am Daily Chronicles - SFDR 1:45pm Puzzling & Games Corner - SFDR 2:30pm Bingo - GLDR 3:00pm Dance Party - SFDR
22 10:15am Manicures - V 11:00am Around the Harvest Table - SFDR 1:45pm Friendly Visits - RR 2:30pm Hymn Sing - Chap 3:00pm T.V. Classics Comedy Hour - SFDR	23 10:15am Friendly Visits - RR 11:00am EZ Does it- Random Trivia - SFDR 1:45pm Colouring Corner - SFDR 3:00pm Sing Along - SFDR	24 2:00pm Music With Krystina - SFDR 2:30pm Bingo - HWDR 4:00pm Word Fun - SFDR 6:30pm Movie and Munchies - SFDR	25 9:15am Body Balance - SFDR 11:00am Lunch at Boston Pizza - V 1:45pm Friendly Visits - SFDR 3:00pm Painting - SFDR 6:30pm Coffee & Comedy Hour - SFDR	26 10:45am Memorial Service - Chap 1:30pm Wood Working with Bill - QLDR 1:45pm Who Am I? - SFDR 3:00pm Name That Tune - SFDR	27 10:15am Friendly Visits - SFDR 11:00am Balloon Badminton - SFDR 2:00pm Daily Chronicles - SFDR 3:00pm Bowling - QLDR 6:30pm Say the Word on Beat - SFDR	28 1:45pm Friendly Visits - SFDR 2:30pm Bingo - GLDR 4:00pm Colouring Expressions - SFDR 6:30pm Sing Along - SFDR

Chap - Chapel

GLDR - Dining Room

QLDR - Dining Room

RR - Resident Rooms

SFDR - Dining Room

SFL - Lounge

V - Various Locations

V - Various