

Programs & locations are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Chair Yoga - RGAR 11:15am Flower Arranging - RGAR 3:00pm Church Service-RGDR 3:00pm Church Service - RGDR 6:00pm Funny Short Stories - RGAR	2 10:00am Pump it Up - RGL 11:30am Ground Hog Day Trivia - RGAR 2:00pm Baking Valentines Day Brownies- RGDR 2:00pm Over 80 Gentlemens Coffee Club-Chapel Cruise Week! PORTUGAL/ SPAIN	3 9:30am Balloon Badminton - RGAR 11:00am German Social - RGAR 2:30pm Arts & Crafts - RGAR 3:30pm Music Therapy Group with Chelsea - RGL GERMANY	4 9:30am Bean Bag Toss - RGAR 11:00am Love Yourself-with Chaplain Megan RGDR 2:30pm Bingo - FCDR INDIA	5 9:30am Horseshoes - RGAR 11:30am United Kingdom Trivia! - RGAR 2:30pm United Kingdom Social - RGAR UNITED KINGDOM	6 9:30am Ball Toss - RGAR 11:30am Making Heart Chains - RGAR 2:30pm Cruise Week Finale with Blue Eyed Bill - FCDR National Wear Red Day! 6:00pm Travelogue to the Caribbean! CARRIBEAN/ AFRICA	7 9:30am Valentines Day Crosswords - RGAR 11:30am Ring Toss - RGAR 2:30pm Community Movie - MLDR
8 10:00am Color by Numbers - RGAR 11:30am Balloon Volleyball - RGAR 2:30pm Movie Matinee -RGDR 3:00pm Church Service-RGDR 3:00pm Church Service - RGDR	9 10:00am Pump it Up - RGL 11:00am Love Stories-with Chaplain Megan RGDR 11:30am Manicure Monday - RGRR 2:00pm Over 80 Gentlemens Coffee Club-Chapel 2:30pm Making Heart Suncatchers - RGAR	10 9:30am Balloon Badminton - RGAR 11:00am Sponge Painting - RGAR 2:00pm One to One - RGRR 3:30pm True or False! - RGAR	11 9:30am Balloon Badminton - RGAR 10:15am Travelling RC Communion - TC 11:30am Capital Cities Trivia! - RGAR 2:30pm Bingo - FCDR	12 10:00am Active Game - RGAR 11:30am A to Z Game - RGAR 2:30pm Strawberries and Trivia Social - RGAR	13 9:30am Valentines Day This or That - RGAR 11:30am Ring Toss - RGAR 2:00pm Valentines Day Social - RGAR 6:00pm Short Stories - RGAR	14 11:15am Valentines Card - RGAR 3:00pm Valentines Day Social 6:00pm Travelogue - RGAR
15 9:30am Manicures - RGRR 11:30am Scategories - RGAR 2:30pm Sugar Cookie Social - RGAR	16 9:30am One to One - RGRR 10:00am Pump it Up - RGL 2:00pm This or That Social - RGAR 3:00pm Church Service - VPDR - RGDR	17 9:30am Balloon Volleyball - RGAR 11:00am Pancake Day!! - RGDR 3:30pm Mardi Gras Mask - EWDR 3:30pm Music Therapy Group with Chelsea - RGL	18 9:30am Discussion Group; This or That Edition - RGAR 11:00am Heart Art-with Chaplain Megan RGDR 2:30pm Bingo - FCDR	19 9:30am Bean Bag Toss - RGAR 11:30am Puzzles! - RGAR 2:30pm Baking Banana Bread - RGDR 3:00pm True or False - Celebrity Edition - RGAR	20 9:30am Sudoku - RGAR 11:30am Fun & Fitness - RGAR 2:00pm Baking Blueberry Muffin - RGDR 6:00pm Short Stories - RGAR	21 9:30am Short Stories - RGAR 11:30am One to One - RGRR 2:30pm Community Movie - MLDR
22 9:30am Manicures - RGRR 11:30am Badminton Toss - RGAR 2:30pm Hot Coco Social - RGAR 3:00pm Church Service-RGDR 3:00pm Church Service - RGDR	23 10:00am Pump it Up - RGL 11:00am Water Painting - RGAR 2:30pm Memorial Service-RGDR	24 9:30am Bowling - RGAR 10:00am Resident Council- Family Room 11:30am Colouring - RGAR 2:30pm February Birthday Party with Michael Kelly - FCDR	25 9:30am Balloon Badminton - RGAR 10:30am Catholic Mass-EPDR 10:30am Friendly Visits - RGRR 2:30pm Bingo - FCDR PINK SHIRT DAY	26 10:00am Morning Visits - RGRR 11:30am Unscramble - RGAR 2:30pm Painting & Sip - RGAR	27 8:30am Breakfast Club - GH 9:30am Short Stories - RGAR 11:30am Who Am I? - RGAR 2:30pm Karaoke!!! - RGAR 6:00pm Travelogue to Scotland	28 11:30am Bean Bag Toss - RGAR 2:30pm Specialty Coffee Time - MLDR 6:00pm Music Reminiscing - RGAR

EWDR - East Way Walk Dining Room

RGDR - Rockway Gardens Dining Room

FCDR - Frederick Community Dining Room

RGRR - Resident Room for 1-1 scoring

GH - Grand Hall

TC - Travelling Carts

MLDR - Market Lane Dining Room

RGAR - Rockway Gardens Activity Room