

February 2026

Basil and Jenn are your Recreation Coordinators, please reach out if you have any questions or program ideas. All programs are subject to change at anytime.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:15am Hymn Sing - Chap 1:00pm Bulldogs Game in Brantford - V	2 9:15am Movement Matters - QLDR 10:15am Readers Corner - QLDR 11:00am Active Games - QLDR 1:45pm Sing Along - QLDR 3:00pm Jenga 1:1 - RR 6:30pm Gratitude Circle & Discussion Group - QLDR	3 9:30am Music Therapy Group - QLDR 1:15pm Healing Hands - QLDR 11:00am Active Games - QLDR 1:45pm Friendly Visits - QLDR 2:30pm Bingo - HWDR 4:00pm Axe Throwing - QLDR	4 9:15am Get Energized - QLDR 10:15am Doll Therapy - V 11:00am Balloon badminton - QLDR 2:30pm Birthday Party with Jack Coulson - V 3:30pm Manicures - RR	5 11:00am Mind Joggers - QLDR 2:00pm Catholic Church Service - Chap 3:15pm Hand Massages - QLDR	6 10:15am Zumba Dance Class - QLDR 11:00am Chicken Soup for the Soul & Discussion - QLDR 3:00pm Bowling - QLDR 6:30pm Karaoke - Chap	7 11:30am Bowling & Lunch in Simcoe - V 1:30pm Friendly Visits - RR 2:30pm Baking Rice Krispie Squares - QLDR 3:30pm Puzzle & Games Corner - QLDR 6:30pm Bingo - GLDR
8 10:00am Valentines Glamour Shots - 2nd Flr Common Area 1:45pm Valentines Glamour Shots - 2nd Flr Common Area	9 9:15am Pump it Up! - QLDR	10 10:15am Manicures - RR 11:00am Active Games - QLDR 1:45pm Name That Tune - QLDR 3:00pm Art & Crafts - QLDR 6:30pm Community Bingo - HWDR	11 9:15am Body Balance - QLDR 10:00am Hand Massages - QLDR 10:45am Discussion Group with Chaplain Peggy - GLDR 1:45pm Active Games - QLDR 3:00pm Sing Along - QLDR	12 1:30pm Active Games - QLDR 3:00pm EZ Does it- Random Trivia - QLDR 6:15pm Movie and Munchies - QLDR	13 9:15am Stretching Exercise - QLDR 1:30pm Noodle Hockey - QLDR 3:00pm Valentine's Day Tea with Synchronicity - V 6:30pm Lawn Darts- Indoor - QLDR	14 Valentine's Day 2:30pm Bingo - GLDR
15 10:30am Hymn Sing - Chap 1:30pm Shopping at Walmart/Dollar Tree - V	16 Family Day 11:00am Ladder Ball - QLDR 1:45pm Name That Tune - QLDR 3:00pm Manicures - RR 4:00pm Hand Massages - QLDR 6:30pm Gratitude Circle & Discussion Group - QLDR	17 9:30am Music Therapy Group - QLDR 10:15am Daily Chronicles - QLDR 11:00am Active Games - QLDR 1:15pm Healing Hands - QLDR 2:30pm Bingo - HWDR 3:45pm Readers Corner - QLDR	18 9:15am Get Energized - QLDR 10:00am Doll therapy - V 11:00am Target Practice - QLDR 1:30pm Colouring - QLDR 2:30pm Ring Toss - QLDR 4:00pm Manicures - RR	19 10:15am Noodle Hockey - QLDR 11:00am Friendly Visits - RR 2:30pm Entertainment with the Melody Makers - Chap 3:45pm You Be The Judge! - QLDR	20 10:15am Puzzle & Games Corner - QLDR 11:00am Balloon Badminton - QLDR 2:00pm Bowling - QLDR 3:15pm Residents Council - QLDR 6:30pm Karaoke - Chap	21 1:30pm Friendly Visits - RR 2:30pm Bingo - GLDR 3:45pm Mini Putt Golfing - QLDR 6:30pm Movie and Munchies - QLDR
22 1:30pm Healing Hands - QLDR 2:30pm Hymn Sing - Chap 4:00pm Name That Tune - QLDR 6:30pm Bean Bag Toss - QLDR	23 9:15am Pump it Up! - QLDR 2:00pm Baking Cookies - QLDR 3:15pm Friendly Visits - RR 6:30pm Mind Joggers - QLDR	24 10:15am Music Trivia - QLDR 11:00am Short Stories - QLDR 2:30pm Bingo - HWDR 4:00pm Jenga - RR	25 9:15am Body Balance - QLDR 11:00am Lunch at Boston Pizza - V 2:00pm Coffee Hour & Reminiscing - QLDR 3:15pm Hand Massages - QLDR 4:00pm Friendly Visits - RR 6:30pm Floor Hockey - QLDR	26 10:45am Memorial Service - Chap 1:30pm Wood Working with Bill 3:00pm Art & Crafts - Shamrock Garland - QLDR 4:00pm Hand Massages - QLDR 6:30pm Axe Throwing - QLDR	27 9:15am Stretching Exercise - QLDR 1:30pm Manicures - RR 3:00pm Bowling - QLDR 4:00pm Hand Massages - QLDR 6:15pm Movie and Munchies - QLDR	28 10:15am Balloon Badminton - QLDR 11:00am Friendly Visits - RR 2:30pm Bingo - GLDR 3:45pm Chicken Soup for the Soul & Discussion - QLDR

Chap - Chapel

GLDR - Dining Room

QLDR - Dining Room

RR - Resident Rooms

V - Various Locations