

February 2026

PRESTON HOME AREA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30am Morning Greetings 9:30am Church Service 11:00am Walk and Talk 1:45pm Movie	2 8:30am Morning Greetings 9:30am Seated Exercise 10:00am Active Games 10:30am Walks and Talks (Preston) 2:00pm Bowling	3 8:30am Morning Greetings 9:30am Chocolate Chip Cookie Contest 10:30am Pump It UP - PR 2:00pm Cookie Contest Tasting	4 8:30am Morning Greetings 9:30am Pump it Up (Preston) 10:00am Baking heart -shaped cookies 10:30am Karate Class 10:45am Music with Jen - preston 2:00pm Bingo	5 9:30am Seated Exercise 10:30am Liturgy of the Word or Praying the Rosary - PR	6 2026 Olympic Games Begin! 10:30am Pump it Up - PR 11:00am Walks and Talks (Preston) 2:00pm Movie Time (love story) 5:45pm play card	7 
8 	9 8:30am Morning Greetings 9:30am Writing Letter To Your Love 11:00am Walks and Talks (Preston) 2:05pm Olympic Torch Run! 3:00pm Music with Jen (Galt)	10 8:30am Morning Greetings 9:30am Baking heart-shaped muffins 10:15am Walks and Talks (Preston) 10:30am Pump It UP - PR 11:00am Portuguese Rosary - SR 2:00pm Karaoke Music Party (Preston)	11 8:30am Morning Greetings 9:30am Pump it Up (Preston) 10:00am Karate Olympic Presentation - BL 2:00pm valentine's Card making	12 8:30am Morning Greetings 9:30am Seated Exercise 10:00am Manicures (Preston) 10:30am Liturgy of the Word or Praying the Rosary - PR 2:00pm Chat & Hot Chocolate 3:00pm Church Service with Temple Baptist	13 10:30am Pump it Up - PR 2:00pm Happy Hour	14  Valentine's Day: Wear Red, Pink, White! 9:00am Baking heart shape cake 12:00pm Diners Club: Couple Luncheon 2:00pm Valentine's Day Drop-in
15 8:30am Morning Greetings 9:30am Church Service 11:00am Walk and Talk 1:45pm Movie 3:00pm One to One	16 Family Day 8:30am Morning Greetings 9:30am Seated Exercise 10:15am Board Games 2:00pm Bingo 2:00pm Family Day Drop-In 3:00pm One-on-one (Preston)	17 8:30am Morning Greetings 9:30am Baking 10:30am Pump It UP - PR 11:00am Spirit Circle (Preston) 2:00pm Crazy Eight Club 2:00pm Resident Council	18 8:30am Morning Greetings 9:30am Olympic Crafts 9:30am Pump it Up (Preston) 2:00pm February Birthday Party	19 SPIRIT DAY: Wear Red and White 10:30am Catholic Mass - PR 2:00pm Olympic Games: Bonspiel	20 10:30am Pump it Up - PR 11:00am Walks and Talks (Preston) 2:00pm Hilltop Happy Hour 5:45pm PLAY CARD 11	21
22 2026 Olympic Games End!	23 8:30am Morning Greetings 9:30am Bingo 11:00am Walks and Talks (Preston) 1:00pm Outings: Casino 3:00pm Music with Jen - Galt	24 8:30am Morning Greetings 10:30am Pump It UP - PR 11:00am Portuguese Rosary - SR 1:00pm Butterfly Conservatory 3:00pm Music with Jen (Preston)	25 8:30am Morning Greetings 9:30am Pump it Up (Preston) 10:00am Baking 2:00pm Welcome Tea 6:30pm Hilltop Pub Night	26 8:30am Morning Greetings 9:30am Seated Exercise 10:30am Liturgy of the Word or Praying the Rosary - PR 11:00am Walks and Talks (Preston) 2:00pm Memorial Service - PR	27 10:30am Pump it Up - PR 2:00pm Music Entertainment - SR	28 8:30am Morning Greetings 9:30am Baking 11:00am Walks and Talks (Preston) 1:45pm friendly visit