

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
10:45am Calendar Visits - JRR 2:00pm Church Service - Chapel 3:30pm Balloon Badminton - JDR 6:15pm Singing & Grooving - JFL	Groundhog Day Morning Greetings - JRR 9:45am Music and Ball Toss with Chelsea - JDR 10:45am Cafe Visits with Chelsea - JRR 10:45am Groundhog Matching Game - JDR 2:00pm Bingo - NSDR / SMDR/ JUN 3:30pm Whack - a - Mole - Chapel 6:15pm Short Stories - JBL	9:45am Group Aromatherapy - JBL 9:45am Musical Instrument Group with Chelsea - JDR 10:45am Bowling - JDR 10:45am Hymn Sing with Doris - Chapel 2:00pm Kindness Social & Craft - Cafe 3:30pm Colouring Group - JDR 6:15pm Balloon Badminton - JDR	9:45am Rolls and Strolls with Chelsea - JRR 9:45am Morning Singalong - JDR 10:45am Valentines Day Craft - JDR 2:00pm Movie & Baking with Alycia & Chelsea - Chapel 3:30pm Tower Toss- JDR 6:15pm Spot the difference - JDR	9:00am Helping Hands - JDR 10:00am Ukulele Group - Chapel 2:00pm Bingo - Chapel 3:30pm Colouring Group - JDR 6:00pm Dog Therapy Visits - RR 6:15pm Music and Ball Toss - JDR	Start of the Beijing 2026 Winter Olympics 9:45am Hymn Sing - JDR 10:45am Colouring Group - JDR 2:00pm Love Songs Karaoke - Chapel 3:30pm Guess the Animal Sound - JDR 6:15pm Balloon Badminton with Chelsea - JDR	10:45am Singalong and Dance with Alycia - JDR - JFL 2:00pm Bocce Ball - Chapel 3:30pm Funny Short Stories with Alycia - JBL 6:15pm Bean Bag Toss - JDR
8	9	10	11	12	13	14
10:45am Valentines Day Card Making - JDR 2:00pm Church Service - Chapel 3:00pm Tea Party - Cafe 6:00pm Melodies with Lise - JDR	National Pizza Day 9:45am Cornhole - JDR 10:45am Breakfast Pizza! - Cafe 2:00pm Bingo - NSDR / SMDR/ JUN 3:30pm Manicures - JRR 6:15pm Group Word Searches - JDR	Random Acts of Kindness Day 9:45am Colouring Group with Chelsea - JDR 10:45am Hymn Sing with Doris - Chapel 2:00pm Pre-Valentine Craft - Chapel 3:30pm Balloon Badminton - JDR 6:15pm Roll A Rhyme - JDR	9:45am Group Aromatherapy with Chelsea - JBL 10:30am Residents' Council - NSBL 10:45am Pool Noodle Badminton - JDR 2:00pm Catholic Communion - Chapel 3:30pm Giant Puzzles - JDR 6:15pm Karaoke Night - JDR	9:45am Guess the Animal Sound with Chelsea - JDR 10:45am Rolls and Strolls with Chelsea - JRR 1:15pm Fun with Physio - JFL 2:00pm Bingo - Chapel 3:30pm Helping Hands 6:00pm Dog Therapy Visits - RR 6:15pm Pictionary - JDR	9:45am Active Games with Recreation - Chapel 9:45am Helping Hands -JDR 10:45am Music and Ball Toss - JDR 2:00pm Black History Month Celebration - Cafe 3:30pm Darts - JBL 6:15pm Short Stories - JFL	Valentine's Day 10:45am Cards & Greetings - JRR 2:00pm Bocce Ball - Chapel 3:00pm Valentines Day Social - Cafe 6:15pm Ball Toss & Music - JFL
15	16	17	18	19	20	21
10:45am Sorting Stations - JDR 2:00pm Church Service - Chapel 3:30pm Balloon Badminton - JDR 6:15pm Singalong - JFL	Family Day 9:45am Morning Colouring Group - JDR 10:45am Guided Imagery - JBL 2:00pm Bingo - NSDR / SMDR/ JUN 3:30pm Strides and Glides - JRR 6:15pm Bean Bag Toss - JDR	Chinese New Year's Begins Shrove Tuesday Mardi Gras 9:45am Sorting Stations - JDR 10:45am Hymn Sing with Doris - Chapel 2:00pm Mardi Gras Social - Cafe 3:30pm Colouring Group - JDR 6:15pm Balloon Badminton - JDR	Ramadan Begins Ash Wednesday 9:45am Group Aromatherapy - JBL 10:45am Morning Manicures - JRR 2:00pm Singalong and Dance Party with Chelsea - JDR 3:30pm Balloon Badminton - JDR 6:15pm Tunes and Togetherness - JDR	9:45am Singalong - JDR 10:00am Ukulele Group - Chapel 2:00pm Bingo - Chapel 3:30pm Hand Massages and Manicures - JRR 6:00pm Dog Therapy Visits - RR 6:15pm BHM Stories - JBL	9:45am Cognitive Games - JDR 10:45am Bean Bag Toss - JDR 12:00pm Chinese NYE Lunch - Cafe (Sign up before Feb 12th) 3:30pm Guess the Animal Sound - JDR 6:15pm Evening Musical Instrument Group - JDR	10:45am Active Games with Alycia - JDR 2:00pm Bocce Ball - Chapel 3:30pm Singalong with Alycia - JDR 6:15pm Spot the Difference -JDR
22	23	24	25	26	27	28
National Margarita Day 10:45am Golfing with Alycia - JDR 2:00pm Church Service - Chapel 3:00pm Margarita Social - Cafe 6:00pm Melodies with Lise - JDR	9:45am Darts - JBL 10:45am Touch To Play visits - Cafe 2:00pm Bingo - NSDR / SMDR/ JUN 3:30pm Rolls & Strolls - JRR 6:15pm Balloon Badminton - JDR	9:45am Darts - JBL 9:45am Helping Hands - JDR 10:45am 1:1 Visits - JRR 10:45am Pictionary with Alycia - JDR 10:45am Hymn Sing with Doris - Chapel 2:00pm Thrift Store - Chapel 3:30pm Bible Reading - JBL 6:15pm Airplane Toss - JDR	9:45am Helping Hands - JDR 10:45am Guess the Animal - JDR 10:45am Doll Therapy - JBL 1:30pm Bowling Outing - Sign up with recreation before Jan18th 3:30pm Meaningful Connections - JRR 6:15pm Sensory Therapy - JBL	9:45am Cafe Visits - JRR 10:45am Pool Noodle Badminton - JDR 1:15pm Fun with Physio - JFL 2:00pm Bingo - Chapel 6:00pm Dog Therapy Visits - RR 6:15pm Paint Night with Alycia & Mya - Chapel	9:45am Active Games with Recreation - Chapel 9:45am Morning Hymn Sing - JDR 10:45am Rolls and Strolls - JRR Birthday Party - Cafe 2:00pm Birthday Party - Cafe 3:30pm Craft with Alycia - JDR 6:15pm Balloon Pinball - JDR	10:45am Memory Game with Mya & Hannah - CHAPEL 2:00pm Bocce Ball - Chapel 3:30pm Ball Toss & Music - JDR 6:15pm Finish the Phrase - JFL