

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45am Calendar Visits - RR 10:45am Three Letter Word Game - SMDR 2:00pm Church Service - Chapel 3:30pm Spot the Difference - SMDR 3:30pm Chess & Checkers with Mya- CAFE 6:15pm Tower Toss - NSDR	2 Groundhog Day 9:45am Short Stories - SMFL 10:15am Physio: Strengthening Class 2nd floor - SMDR 10:45am Word Puzzle : Groundhog Day - NSDR 2:00pm Bingo - NSDR / SMDR/ JUN 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Manicure Monday - RR 6:15pm Game of Opposites - WPDR	3 9:45am Axe Throwing - SMDR 10:45am Hymn Sing with Doris - Chapel 10:45am Manicules - RR 2:00pm Kindness Social & Craft - Cafe 3:30pm Card Elimination - RODR 3:30pm Devotional : Spiritual Spark - NSFL 6:15pm Target Practice - SMDR 6:15pm Book Club - WPFL	4 9:45am Group Word Searches - WPDR 10:15am Strengthening Class 3rd Floor - NSDR 10:45am Colouring Group - SMDR 2:00pm Bowling with Felicia and Hannah - SMDR 2:00pm Baking - NSDR 2:00pm Poker with Matt - WPDR 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm Group Crossword Puzzle - SMDR 3:30pm Manicules with Rebecca - WPDR 6:15pm Balloon Badminton - SMDR 6:15pm Trivia & Treats - WPDR	5 8:30am Morning Greetings - RR 8:30am Table Bowling - CAFE 10:00am Ukulele Group - Chapel 2:00pm Bingo - Chapel 3:30pm Men's Group: George Foreman Documentary - SMDR 6:00pm Dog Therapy Visits - RR 6:15pm Cornhole - NSDR	6 Start of the Beijing 2026 Winter Olympics 9:45am Balloon Badminton - SMDR 10:45am Word Elimination : Olympics - NSDR 2:00pm Love Songs Karaoke - Chapel 3:30pm Aromatherapy - RR 3:30pm Guggenheim - SMDR 6:15pm Mini Golf - SMDR 6:15pm Jeopardy with Matt - NSDR	7 9:45am Sparkling Specs - RR 10:45am Boggle - NSDR 2:00pm Bocce Ball - Chapel 3:30pm Balloon Volleyball - SMDR 3:30pm Aromatherapy with Chelsea - RR 6:15pm Trivia with Chelsea - NSDR
8 9:45am Finish the Phrase - SMDR 10:45am Manicules with Rebecca - WPDR 2:00pm Church Service - Chapel 3:30pm Colouring Group - NSDR 3:30pm Short Stories with Chelsea - SMFL 6:15pm Tower Toss with Chelsea - NSDR	9 National Pizza Day 9:45am Rosary Group - ROBL 10:15am Physio: Strengthening Class 2nd floor - SMDR 10:45am Breakfast Pizza! - Cafe 2:00pm Bingo - NSDR / SMDR/ JUN 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Aromatherapy - RR 6:15pm Book Club - WPFL	10 Random Acts of Kindness Day 9:45am Balloon Badminton - RODR 10:45am Hymn Sing with Doris - Chapel 2:00pm Poker with Matt - WPDR 2:00pm Pre-Valentine Craft - Chapel 3:30pm Group Word Search - SMDR 6:15pm Tower Toss - NSDR	11 9:45am Hangman - SMDR 9:45am Secret Code: Valentine's Day - NSDR 10:15am Strengthening Class 3rd Floor - NSDR 10:30am Residents' Council - NSBL 10:45am Manicules and Hand Massages with Felicia - RR 10:45am 1:1 Visits - RR 2:00pm Catholic Communion - Chapel 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm Word Scramble - SMDR 6:15pm Bowling - NSDR	12 9:45am Morning Greetings - RR 9:45am Colouring Group with Hannah - RODR 9:45am BHM Story Time - NSDR 10:45am Chime Choir - NSDR 10:45am Stretch and Soul - WPDR 10:45am Bead Sorting - SMDR 2:00pm Bingo - Chapel 3:30pm Reminiscing with Mya - RR 6:00pm Dog Therapy Visits - RR 6:15pm Ka Blab! - WPDR	13 9:45am Active Games with Recreation - Chapel 10:45am Euchre - NSDR 10:45am Rosary Group - ROBL 2:00pm Black History Month Celebration - Cafe 3:30pm Tower Toss- NSDR 6:15pm Think Fast with Felicia - SMDR	14 Valentine's Day 9:45am Roll A Rhyme - SMDR 10:45am Hand Massages - RR 2:00pm Bocce Ball - Chapel 3:00pm Valentines Day Social - Cafe 6:15pm Scattegories - NSDR
15 9:45am Group Aromatherapy - ROBL 10:45am Cornhole - SMDR 2:00pm Church Service - Chapel 3:30pm Crazy 8s - WPDR 3:30pm Coffee & Chats - CAFE 6:15pm Curling - NSDR	16 Family Day 9:45am Bean bag Toss - RODR 10:15am Physio: Strengthening Class 2nd floor - SMDR 10:45am Family Day Crossword - NSDR 2:00pm Bingo - NSDR / SMDR/ JUN 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Sensory Therapy - ROBL 6:15pm Family Feud - WPDR	17 Chinese New Year's Begins Shrove Tuesday Mardi Gras 9:45am Colouring Group - SMDR 10:45am Touch2Play Game - Cafe 10:45am Hymn Sing with Doris - Chapel 2:00pm Mardi Gras Social - Cafe 3:30pm Devotional : Spiritual Spark - NSFL 3:30pm Kung Fu Documentary 6:15pm Bedside Connections - RR 6:15pm Book Club - WPFL	18 Ramadan Begins Ash Wednesday 9:45am Axe Throwing - SMDR 10:15am Strengthening Class 3rd Floor - NSDR 10:45am Rolls & Strolls - RR 2:00pm Bowling with Matt & Felicia - NSDR 2:00pm Crokinole Board Game - SMDR 2:00pm Craft - WPDR 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm What is Ramadan? - SMDR 3:30pm Manicules with Rebecca - WPDR 6:15pm Balloon Badminton - SMDR 6:15pm Apple to Apples - WPDR	19 8:30am Morning Greetings - RR 9:00am Group Touch2Play - CAFE 10:00am Ukulele Group - Chapel 2:00pm Bingo - Chapel 3:30pm Bean Bag Toss - SMDR 6:00pm Dog Therapy Visits - RR 6:15pm Scattegories - NSDR	20 9:45am Balloon Badminton - WPDR 9:45am Chair Zumba - RODR 10:45am Hidden Objects - NSDR 10:45am Rosary Group - ROBL 12:00pm Chinese NYE Lunch - Cafe (Sign up before Jan 12th) 2:00pm Happy Hour - Cafe 3:30pm Aromatherapy - RR 3:30pm Spot the Difference - SMDR 6:15pm Volleyball - Chapel	21 9:45am Cafe Visits - Cafe 10:45am Word In A Word - NSDR 2:00pm Bocce Ball - Chapel 3:30pm Tower Toss - NSDR 3:30pm Aromatherapy Visits with Chelsea - RR 6:15pm Wheel of Fortune - NSDR
22 National Margarita Day 9:45am Pig Out - SMDR 10:45am Manicules with Rebecca - WPDR 2:00pm Church Service - Chapel 3:00pm Margarita Social - Cafe 3:30pm Short Stories With Chelsea - SMDR	23 9:45am Axe Throwing - RODR 10:15am Physio: Strengthening Class 2nd floor - SMDR 10:45am Let's Sing - SMDR 2:00pm Bingo - NSDR / SMDR/ JUN 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Walks and Talks - RR 6:15pm Book Club - WPFL	24 9:45am Group Guided Meditation - ROBL 10:45am Hymn Sing with Doris - Chapel 2:00pm Thrift Store - Chapel 3:30pm Cornhole - SMDR 6:15pm Hangman - NSDR	25 9:45am Hand Massages - RR 9:45am Tunes and Togetherness - SMDR 10:15am Strengthening Class 3rd Floor - NSDR 10:45am Group Word Search - SMDR 10:45am Word Association : Art Theft - WPDR 1:30pm Bowling Outing - Sign up with recreation before Jan18th 2:00pm Baking - NSDR 2:00pm Poker with Matt - WPDR 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm Cornhole - SMDR 6:15pm Trivia with Matt - NSDR	26 9:45am Sparkling Specs - RR 9:45am Colouring Group - NSDR 9:45am Roll A Rhyme - SMDR 10:45am Group Aromatherapy- RODR 10:45am B.H.M. Documentary - NSDR 10:45am Short Stories - NSDR 2:00pm Bingo - Chapel 3:30pm Singalong - Chapel 6:00pm Dog Therapy Visits - RR 6:15pm Paint Night with Alycia & Mya - Chapel	27 9:45am Active Games with Recreation - Chapel 10:45am Euchre - NSDR 10:45am Rosary Group - ROBL 10:45am Word Ladder - WPDR Birthday Party - Cafe 2:00pm Birthday Party - Cafe 3:30pm Ballooon Volleyball - NSDR 6:15pm Spot the Difference- SMDR	28 9:45am Tower Toss - SMDR 10:45am Memory Game with Mya & Hannah - CHAPEL 2:00pm Bocce Ball - Chapel 3:30pm Reminiscing with Mya - RR 3:30pm Axe Throwing - SMDR 6:15pm Scattegories - NSDR

