

March 2026

Meaford Messages

Meaford Long Term Care | 199 Thompson Street | 519-538-1010 | www.peoplecare.ca

Celebrating March

Nautical Conversations with Joel
March 1

Caribbean Cruise
March 2 – March 6

International Women's Day
March 8

Music with Jim & Mary
March 4 & 25

Music with Michelle
March 9 & 23

Pi Day
March 11

Music with Kit
March 13

St. Patrick's Day
March 17

Music with the Youth Group
March 22

Music with the Harmonics
March 24





Resident Council
March 27

Music with Tony
March 27

March Newsletter

Celebrating Early Spring, Special Traditions & Wonderful Women!

This month, we're taking a pretend trip to the sunny Caribbean! Our **Caribbean Cruise Week** will feature:

-  Tropical decorations
-  Refreshing island-style treats
-  Calypso & beach music
-  Fun cruise-themed games

Residents are encouraged to wear tropical shirts, sunglasses, and cruise-ready smiles as we sail into relaxation and fun!




On **March 8**, we proudly celebrate **International Women's Day**, honoring the strength, wisdom, and contributions of the incredible women in our community.

- Share inspiring life stories
- Highlight accomplishments of our residents
- Create appreciation cards
- Enjoy a special recognition gathering

Thank you to the amazing women who have shaped families, careers, communities, and history.

March brings fresh beginnings! As the days grow longer, we're brightening our halls with spring decorations and planning light gardening activities.

Residents are looking forward to:

-  Flower planting
-  Outdoor walks (weather permitting)
-  Spring-themed arts & crafts

Spring reminds us that new beginnings are always possible!

Stay Well,

Bethany Rupp – Executive Director

welcome
home
Pamula
Robert



**HAPPY
BIRTHDAY**

Kitty - 7th

Ted - 8th

Frank - 9th

Rod - 9th

Jan - 13th

Karen - 16th

Don B. - 25th

Gordon - 29th



In Memory Of

Barney
Patricia

*Our deepest thoughts and sympathies
go out to the family and friends*

"He spoke well who said that
graves are the footprints of
angels."

~Henry Wadsworth Longfellow

Cruise Week

Monday March 2nd

- Captain's Treasures
- Tribute to Bob Marley

Tuesday March 3rd

- Spiritual Service
- Casino

Wednesday March 4th

- Caribbean Café
- Calypso Souls
- Captain's Lunch
- Groov'in With Louise

Thursday March 5th

- Cruise Trivia
- Mocktails & Flames

Friday March 6th

- Chair Yoga
- Sea to Shore Farewell "Rav"