

7Meaford Messages

Meaford Long Term Care | 199 Thompson Street | 519-538-1010 | www.peoplecare.ca



Celebrating February

Groundhog Day

February 2

Music with Jim & Mary

February 4 & 25

Music with Brent Meidinger

February 5

Music with Michelle

February 9 & 23

Music with Heather & Doug

February 12

Music with Kit

February 13

Valentine's Day Photo Booth

February 14

Making Mardi Gras Masks

February 17

Music with the Harmonics

February 18

Music with James Skarnikat

February 19

Music with David Lathem

February 20

Music with Tony

February 20

Music with the Youth Choir

February 22

Pink Shirt Day

February 25

Resident Council

February 27

Music with Monique Hunsley

February 27

Friends, Families, and Residents,

We have so many wonderful things to look forward to in the coming months! One of our biggest highlights is our **famous Cruise Week in March**—and the excitement is already building. More details will be coming soon, so keep an eye out! Cruise Week is always a favorite for residents and staff alike, and we can't wait to bring some sunshine indoors as we cruise off to our tropical destinations. Planning is well underway!

We also have some fun celebrations coming up:

- Valentine's Day
- Shrove Tuesday
- Mardi Gras

Just a few friendly reminders:

- Residents and families are welcome to use the refrigerators in our kitchenettes. Please remember to **label and date** all food items.
- From time to time, residents may need their **trust funds refreshed**. The front office is happy to assist **Monday–Friday, 9:00 a.m. to 3:00 p.m.** To help ensure everything is handled safely, we kindly ask that funds not be dropped off during evenings or weekends.

Thank you for being such a wonderful part of our community. Stay well—we look forward to sharing many happy moments together!

Warmly,
Bethany Rupp
 Executive Director

Welcome Home

Ann
Jennie
Sandra
Ray

Happy Birthday
To all those born in February!

Doug Mc. – 5th
Ann Mc – 11th
Garry R. – 15th
Robert R. – 21st
Robert B. – 25th
Doug Mc. – 5th

Pink Shirt Day Wednesday February 25th

Bullying continues to affect people in schools, workplaces, homes, and increasingly in digital spaces. On Pink Shirt Day, wearing pink is a visible way to show that bullying is not tolerated, online or offline, and to reinforce this message year-round. In today's digital world, bullying has taken new and more harmful forms, which can be used to harass, humiliate, or blackmail victims.

From the desk of Brock IPAC:

Vaccinations:
Influenza staff 86%
Influenza residents 82%
COVID-19 residents 70%

Chinese New Year Year of the Fire Horse (starting February 17)

Born in the years of 2014, 2002, 1990, 1978, 1966, 1954, and 1942.

According to Chinese astrology, Horse is confident, agreeable, and responsible, although they also tend to dislike being reined in by others. They're fit and intelligent, adoring physical and mental exertion; they're decisive but also easily swayed and impatient.

A special Chinese meal will be served on Friday February 20 in celebration of the Year of the Horse.

In Memory Of

Our deepest thoughts and sympathies go out to the family and friends of this resident.

**Tom R.
Betty E.**

"He spoke well who said that graves are the footprints of angels."

~Henry Wadsworth Longfellow