

Programs and locations subject to change due to unforeseen circumstances.

Due to cohorting, programs are offered based on Public Health Guidelines.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00am Chair Yoga - CHAP 10:30am Virtual Church Service 2:00pm Movie : Groundhog Day - CHAP 6:15pm Pet Visits With Milo	2 10:00am Felted Hearts with Events for Life 10:30am Pet Visits with Finley 11:00am Physio Fit - HTAR 1:30pm Physio Fit - OVAR 2:00pm Bingo - RLAR 6:00pm Groundhog Day Trivia - HTL	3 10:15am Spiritual Service - Pentecostal - CHAP 11:00am Physio Fit - RLAR 1:00pm Artistic Expressions - CHAP 2:00pm Bowling - RLAR 6:15pm Euchre - HTAR	4 10:00am Tim Horton's 11:00am Physio Fit - Floor 2 - OVAR 1:00pm Pet Visits with Dottie 2:00pm Music With Jim And Mary - RLAR 6:00pm Movement for Life with Louise - RLAR	5 8:00am Breakfast Club - RLAR 10:00am Heads Up - RLAR 11:00am Physio Fit - HTAR 2:00pm Music With Brent Meidinger - RLAR 5:00pm Supper Club - OVAR 6:30pm Friendly Visits	6 10:00am Chair Yoga - CHAP 10:00am Pet Visits With Sal 10:30am Physio Fit - RLAR 2:00pm Pancake Friday - OVAR 6:15pm Cinema & Snacks - CHP	7
8 10:30am Virtual Church Service 1:45pm Quilting With Wanda - OVAR 2:00pm Reminiscing - CHAP 6:00pm Name That Tune - HTAR	9 10:00am Crafty Corner 10:30am Pet Visits with Finley 11:00am Physio Fit - HTAR 1:30pm Physio Fit - OVAR 2:00pm Music With Michelle - LBY 6:00pm Crokinole - HTAR	10 10:15am Spiritual Service - Pentecostal - CHAP 11:00am Physio Fit - RLAR 1:00pm Artistic Expressions - CHAP 2:00pm Heads Up - RLAR 2:00pm Movement for Life with Louise - OVAR 6:15pm Pet Visits With Milo - HTAR	11 10:00am Tim Horton's 11:00am Physio Fit - Floor 2 - HTAR 1:00pm Pet Visits with Dottie 2:00pm Bingo - RLAR 6:00pm Crafty Corner - HTAR	12 8:00am Breakfast Club - OVAR 10:00am Valentines Day Trivia - RLAR 11:00am Physio Fit - HTAR 2:00pm Music With Heather And Doug - RLAR 5:00pm Supper Club - HTAR 6:30pm Friendly Visits	13 10:00am Armchair Travel To Italy - HTAR 10:00am Pet Visits With Sal 10:30am Physio Fit - RLAR 2:00pm Music With Kit - RLAR 6:15pm Cinema & Snacks - CHP	14 Valentine's Day 10:00am Manicures - CHAP 11:30am Friendly Visits - HTL 2:00pm Hearts & Hugs Social - LBY 2:00pm Photo Booth - LBY 6:00pm Manicures - HTL
15 10:00am Chair Yoga - CHAP 10:30am Virtual Church Service 2:00pm Chinese Lanterns - RLAR 6:00pm Mobile Hoops	16 10:00am Painting 10:30am Pet Visits with Finley 11:00am Physio Fit - HTAR 1:30pm Physio Fit - OVAR 2:00pm Bingo - RLAR 6:00pm Pottery - HTAR	17 10:15am Spiritual Service - Pentecostal - CHAP 11:00am Physio Fit - RLAR 1:00pm Artistic Expressions - CHAP 2:00pm Making Mardi Gras Masks - OVAR 6:00pm Painting - HTAR	18 10:00am Tim Horton's 11:00am Physio Fit - Floor 2 - OVAR 1:00pm Pet Visits with Dottie 2:00pm Music With The Harmonics - HTAR 6:00pm Movement for Life with Louise - HTAR	19 8:00am Breakfast Club - HTAR 10:00am Virtual Games - RLAR 11:00am Physio Fit - HTAR 2:10pm Music With James Skarniket - RLAR 5:00pm Supper Club - RLAR 6:30pm Friendly Visits	20 Chinese New Year Year of the Horse 9:30am Music With David Lathem - JWAR 10:00am Pet Visits With Sal 10:30am Music With David Lathem - HTAR 10:30am Physio Fit - RLAR 2:00pm Music With Tony - RLAR 3:00pm Rosary Group - CHAP 6:15pm Cinema & Snacks - CHP	21 10:00am Manicures - CHAP 11:30am Friendly Visits - HTL 2:00pm Manicures - CHAP 6:00pm Bingo - HTAR
22 10:30am Virtual Church Service 1:30pm Quilting With Wanda - OVAR 3:00pm Youth Choir Hymn Sing - RLAR 6:00pm Crokinole - HTAR	23 10:00am Crafty Corner 10:30am Pet Visits with Finley 11:00am Physio Fit - HTAR 1:30pm Physio Fit - OVAR 2:00pm Music With Michelle - LBY 6:00pm Chair Yoga - HTAR	24 10:15am Spiritual Service - Pentecostal - CHAP 11:00am Physio Fit - RLAR 1:00pm Artistic Expressions - CHAP 2:00pm Bingo - RLAR 6:15pm Euchre - HTAR	25 Pink Shirt Day 10:00am Tim Horton's 11:00am Physio Fit - Floor 2 - HTAR 1:00pm Pet Visits with Dottie 2:00pm Music With Jim And Mary - RLAR 6:00pm Crafty Corner - HTAR	26 10:00am Turntable Sunrise - RLAR 11:00am Physio Fit - HTAR 2:00pm Johnny Cash Karaoke - HTAR 6:30pm Pet Visits With Milo	27 10:00am Muffin Talks - OVAR 10:00am Pet Visits With Sal 10:30am Physio Fit - RLAR 10:30am Resident Coun - CHAP 2:00pm Music With Monique Hunsley - RLAR 6:15pm Cinema & Snacks - CHP	28 10:00am Manicures - CHAP 11:30am Friendly Visits - HTL 2:00pm Manicures - CHAP 6:00pm Bingo - HTAR

CHAP - 2nd Floor Chapel

HTAR - Trout Hollow Trail Activity Room

HTL - Trout Hollow Trail Lounge

JWAR - Beautiful Joe Way Activity Room

OVAR - Orchard View Activity Room

RLAR - Riverside Lane Activity Room