









Programs & locations are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00am Hymn Sing - MLL 11:00am Coloring - MLAR	2 10:00am Baking - MLDR 11:00am Faith and Friends with Chaplain Megan-MLDR 2:00pm Gentleman's Coffee Club-Chapel 2:30pm Active Game - MLAR	3 10:00am Pump it Up - MLL 11:30am Chair Exercises - MLAR 2:30pm Dr. Seuss Short Stories Over Tea - MLAR 6:00pm Germany Travelogue - MLAR	4 10:00am Manicures - MLRR 2:30pm Bingo - FCDR	5 10:00am Word Games - MLL 11:00am Music - MLL 2:30pm Pie Social - MLAR 	6 11:00am UNO - MLDR 2:30pm Bingo - MLDR 3:30pm Music Therapy Group with Chelsea - MLL	7 10:00am Axe Throwing - MLAR 11:00am Baking - MLDR 2:30pm Community Movie - MLDR
8 10:00am Hymn Sing - MLL 11:00am Basketball - MLAR 3:00pm Church Service - RGDR International Womens Day! 	9 10:30am Soul Time with Chaplain Megan-MLDR 11:30am Think Fast! - MLL 2:30pm Memorial Service-RGDR 6:00pm Bingo - MLDR	10 10:00am Pump it Up - MLL 11:00am Animal Videos and Facts - MLDR 2:30pm Tea Party for International Women's Day - MLDR 6:00pm Trivia - MLL	11 10:00am The Tale of Johnny Appleseed - MLAR 10:15am Travelling RC Communion - TC 2:30pm Bingo - FCDR	12 10:00am Colouring - MLDR 11:00am Name that Tune - MLL 2:30pm English Muffin Pizza Social-MLDR 	13 10:00am A-Z Game - MLAR 11:00am Basketball - MLAR 2:30pm Meditation - MLAR	14 10:00am Irish Trivia - MLL 11:00am Music Reminiscing - MLL 2:30pm Specialty Coffee Time - MLDR
15 10:00am Hymn Sing - MLL 11:00am Poem Reading - MLAR 3:00pm Church Service - RGDR	16 10:00am Ball Toss - MLAR 10:30am St Patrick's Day Party with Synchronicity Duo - FCDR 2:00pm Card Games - MLDR 3:00pm Faith & Film - Chapel	17 10:00am Pump it Up - MLL 10:00am Resident Council- Family Room 11:30am One to One - MLRR 2:30pm Green Punch Social - MLAR 6:00pm Japan Travelogue - MLAR	18 10:00am Manicures - MLRR 2:30pm Bingo - FCDR 	19 10:00am Word Games - MLL 11:00am Colouring - MLAR 2:30pm Butterfly Documentary - MLL 	20 11:30am Who/ What am I? - MLL 2:30pm Bingo - MLDR 3:30pm Music Therapy Group with Chelsea - MLL	21 10:00am Baking - MLDR 11:00am Basketball - MLAR 2:30pm Community Movie - MLDR
22 10:00am Hymn Sing - MLL 11:00am One to One - MLRR 2:30pm Axe Throwing - MLAR	23 11:00am Church Service-RGDR 2:00pm Gentleman's Coffee Club-Chapel 2:30pm Movie Trivia - MLL 6:00pm Bingo - MLDR 	24 10:00am Pump it Up - MLL 11:30am News & Views - MLAR 2:30pm Italy Travelogue - MLAR 6:00pm Chair Exercises and Meditation - MLAR	25 10:30am Catholic Mass-EPDR 11:30am Short Stories - MLAR 2:30pm Bingo - FCDR	26 10:00am Colouring - MLAR 11:00am One to One - MLRR 2:30pm Fruit Salad Social-MLAR 	27 10:00am Board Games - MLDR 11:00am Music - MLL 2:30pm Reminiscing - MLL 3:30pm Rhymes - MLL	28 10:00am Panda Documentary - MLL 11:00am News & Views - MLAR 2:30pm Specialty Coffee Time - MLDR
29 10:00am Hymn Sing - MLL 11:00am Card Games - MLDR 3:00pm Church Service - RGDR	30 11:00am Card Games - MLDR 2:00pm Gentleman's Coffee Club-Chapel 2:00pm One to One - MLRR 3:00pm Faith & Film - Chapel	31 10:00am Pump it Up - MLL 10:30am Birthday Party with Brent Meidinger - FCDR 2:30pm Spain Travelogue - MLAR 6:00pm Trivia - MLL	Happy St. Patrick's Day! 			

FCDR - Frederick Community Dining Room

MLAR - Market Lane Activity Room

MLDR - Market Lane Dining Room

MLL - Market Lane Lounge

MLRR - Resident Room for 1-1 scoring

RGDR - Rockway Gardens Dining Room

TC - Travelling Carts

