

Programs & locations are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00am Short Stories for world read aloud day! - MLL 11:00am Hymn Sing - MLL 3:00pm Church Service-RGDR 3:00pm Church Service - RGDR 	2 10:00am Ball Toss - MLAR 11:00am Love Yourself-with Chaplain Megan MLDR 2:00pm Over 80 Gentlemens Coffee Club-Chapel 6:00pm Meditation - MLAR Cruise Week! PORTUGAL/ SPAIN	3 10:00am Pump it Up - MLL 11:00am Alaska Travelogue - MLAR 2:30pm Manicures - MLRR 6:00pm Discussion Group: What is Groundhog Day? - MLL GERMANY	4 10:00am Card Games - MLDR 11:00am Love Songs Name That Tune - MLL 2:30pm Bingo - FCDR INDIA 	5 10:00am Planet Earth: Cold Climate - MLL 11:00am Who/What am I? - MLAR 2:30pm Valentine's Cards Making - MLAR UNITED KINGDOM	6 11:30am Chair Exercises - MLAR 2:30pm Cruise Week Finale with Blue Eyed Bill - FCDR 3:30pm Music Therapy Group with Chelsea - MLL National Wear Red Day! 6:00pm Reminiscing - MLL CARRIBEAN/ AFRICA	7 10:00am News & Views - MLAR 11:00am Chair Yoga - MLAR 2:30pm Community Movie - MLDR 
8 10:00am Bean Bag Toss - MLAR 11:00am Hymn Sing - MLL 3:00pm Church Service-RGDR 3:00pm Church Service - RGDR	9 11:00am Secret Card Making - MLAR 2:00pm Over 80 Gentlemens Coffee Club-Chapel 2:30pm Heart to Heart Exchange - MLAR 6:00pm UNO - MLDR 	10 10:00am Pump it Up - MLL 11:30am Memory Jar - MLAR 2:30pm Heart Cookie Decorating - MLAR 6:00pm Coloring - MLAR	11 10:00am True or False? - MLL 10:15am Travelling RC Communion - TC 11:00am Love Stories-with Chaplain Megan MLDR 11:00am Name That Tune 60s and 70s - MLL 2:30pm Bingo - FCDR	12 10:00am What makes you smile? - MLL 2:30pm Crafts: Paint a Heart - MLAR 3:30pm One to One - MLRR 	13 10:00am Axe Throwing - MLAR 11:00am Jokes - MLAR 2:30pm Baking - MLDR	14 10:00am New Orleans Travelogue - MLAR 11:00am Manicures - MLRR 3:00pm Valentines Day Social 
15 10:00am Think Fast! - MLL 11:00am Board Games - MLDR 2:30pm Hymn Sing - MLL 	16 10:00am Basketball - MLAR 11:00am Winter Trivia - MLL 3:00pm Church Service - VPDR - RGDR	17 10:00am Pump it Up - MLL 11:30am Discussion Group: Acts of Kindness - MLL 2:30pm Musical Memories - MLL 6:00pm Winter Word Games - MLL	18 10:00am Tree Craft - MLAR 11:00am This or That? - MLL 2:30pm Bingo - FCDR	19 10:00am One to One - MLRR 11:00am Winter Never Have I Ever - MLL 2:30pm From the Heart Social - MLAR	20 11:00am Beetle Dice Game - MLDR 2:30pm Musical Bingo - MLDR 3:30pm Music Therapy Group with Chelsea - MLL 6:00pm Hot Chocolate and Stories - MLAR	21 10:00am Ball Toss - MLAR 11:00am A-Z Game - MLAR 2:30pm Community Movie - MLDR 
22 10:00am Basketball - MLAR 11:00am Hymn Sing - MLL 2:00pm One to One - MLRR 3:00pm Church Service-RGDR 3:00pm Church Service - RGDR	23 11:30am Travelogue: New Orleans - MLAR 2:30pm Memorial Service-RGDR 6:00pm Music & Movie Trivia - MLL	24 10:00am Pump it Up - MLL 10:00am Resident Council- Family Room 11:30am Finish the Lyric Sing-a-long - MLAR 2:30pm February Birthday Party with Michael Kelly - FCDR 6:00pm Manicures for World Spa Day - MLRR	25 10:30am Catholic Mass-EPDR 11:30am News & Views - MLAR 2:30pm Bingo - FCDR PINK SHIRT DAY	26 10:00am Self Care Discussion Group - MLL 11:00am Paris Travelogue - MLAR 2:30pm Sweet Treat Tasting Party - MLAR 	27 8:30am Breakfast Club - GH 10:00am Bean Bag Toss - MLAR 11:00am Short Stories - MLAR 2:30pm Manicures - MLRR	28 10:00am Reviewing Resolution's Jar - MLL 11:00am Coloring - MLDR 2:30pm Specialty Coffee Time - MLDR 

FCDR - Frederick Community Dining Room

MLRR - Resident Room for 1-1 scoring

GH - Grand Hall

RGDR - Rockway Gardens Dining Room

MLAR - Market Lane Activity Room

TC - Travelling Carts

MLDR - Market Lane Dining Room

MLL - Market Lane Lounge