



Breelyn and Esther are your Recreation Coordinators, please reach out if you have any questions or program ideas. All programs are subject to change at anytime.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:15am Hymn Sing - Chap 1:00pm Bulldogs Game in Brantford - V	2 10:15am Baking Cookies - GLDR 11:15am Coffee & Talks - RR 2:00pm Bowling - GLDR 3:30pm Around the Harvest Table - GLDR 4:00pm EZ Does it- Random Trivia - GLDR 6:30pm Bean Bag Toss - GLDR	3 10:15am Readers Corner - GLDR 11:00am Ring Toss - GLDR 1:30pm Music Therapy Group - GLDR 2:30pm Bingo - HWDR 3:45pm Hand Massages - GLDR	4 2:30pm Birthday Party with Jack Coulson - V 4:00pm Art & Crafts - Making Heart Paper Chains - GLDR 6:30pm Floor Hockey - GLDR	5 9:15am Pump it Up! - GLDR 2:00pm Catholic Church Service - Chap 3:30pm Washer Toss - GLDR 6:30pm Billy Gibbons Live in Concert on TV - GLDR	6 10:15am Movement Matters - GLDR 2:00pm Daily Chronicles - GLDR 3:00pm Balloon Volleyball - GLDR 4:00pm Montessori 1:1 - V 6:30pm Karaoke - Chap	7 11:30am Bowling & Lunch in Simcoe - V 2:00pm Chicken Soup for the Soul & Discussion - GLDR 3:15pm Manicures - RR 4:00pm Around the Harvest Table - GLDR 6:30pm Bingo - GLDR
8 10:00am Valentines Glamour Shots - 2nd Flr Common Area 1:45pm Valentines Glamour Shots - 2nd Flr Common Area	9 10:15am Coffee & Talks - RR 11:00am Random Trivia - GLDR 2:00pm Bowling - GLDR 3:30pm Around the Harvest Table - GLDR	10 10:15am Finish the Song Lyric - GLDR 11:15am Montessori 1:1 - V 1:15pm Healing Hands - GLDR 1:45pm Ladder Ball - GLW Lounge 2:00pm Baking - GLDR 3:30pm Hand Massages - GLDR 6:30pm Community Bingo - HWDR	11 10:45am Discussion Group with Chaplain Peggy - GLDR 1:45pm Mini Putt Golfing - GLW Lounge 2:00pm Painter's Corner - GLDR 3:15pm Jeopardy Trivia! - GLDR 4:00pm Coffee & News Chats - GLDR 6:30pm Movie and Munchies - GLDR	12 9:15am Get Energized - GLDR 2:00pm Love is in the Air Trivia - GLDR 3:00pm Axe Throwing - GLDR 4:00pm Armchair Travel to Singapore - GLDR 6:30pm Terri Clark Live in Concert on TV - GLDR	13 10:15am Hand Massages - GLDR 10:15am Stretching Class - GLDR 11:00am Noodle Hockey - GLDR 3:00pm Valentine's Day Tea with Synchronicity - V	14 Valentine's Day 10:15am Daily Chronicles - GLDR 11:00am Boccia Ball - GLDR 2:30pm Bingo - GLDR 3:45pm Friendly Visits - GLDR
15 10:30am Hymn Sing - Chap 1:30pm Shopping at Walmart/Dollar Tree - V	16 Family Day 10:15am Coffee & Talks - RR 2:00pm Bowling - GLDR 3:30pm Around the Harvest Table - GLDR 3:45pm Funny YouTube Videos - GLW Lounge 6:30pm Coffee & Reminiscing Group - GLDR	17 10:15am Mardi Gras Trivia - GLDR 11:00am Ring Toss - GLDR 1:30pm Music Therapy Group - GLDR 2:30pm Bingo - HWDR 3:30pm Hand Massages - GLDR	18 10:15am Baking Apple Pies - GLDR 11:15am Manicures - RR 1:45pm Chicken Soup for the Soul & Discussion - GLW Lounge 3:30pm Seated Yoga - GLDR	19 9:15am Pump it Up! - GLDR 2:30pm Entertainment with the Melody Makers - Chap 4:00pm Friendly Visits - RR 6:30pm Washer Toss - GLDR	20 10:15am Movement Matters - GLDR 1:45pm Daily Chronicles - GLDR 3:15pm Residents Council - QLDR 6:30pm Karaoke - Chap	21 1:45pm Friendly Visits - RR 2:30pm Bingo - GLDR 4:00pm Boccia Ball - GLDR 6:30pm You Be The Judge! - GLDR
22 1:30pm Hand Massages - GLDR 2:30pm Hymn Sing - Chap 4:00pm Around the Harvest Table - GLDR 6:30pm Euchre/Card Games - Bistro	23 10:15am Coffee & Talks - RR 11:00am Jeopardy Trivia! - GLDR 2:00pm Bowling - GLDR 3:30pm Around the Harvest Table - GLDR	24 10:15am Winter Olympics Trivia - GLDR 11:00am Ladder Ball - GLDR 1:15pm Healing Hands - GLDR 2:30pm Bingo - HWDR 3:30pm Hand Massages - GLDR	25 11:00am Lunch at Boston Pizza - V 1:45pm Art & Crafts - GLDR 3:00pm Axe Throwing - GLDR 3:15pm Manicures - RR 6:30pm Baking Rice Krispies Squares - GLDR	26 9:15am Get Energized - GLDR 10:45am Memorial Service - Chap 2:30pm Wood Working with Bill - GLDR 3:45pm You Be The Judge! - GLDR 6:30pm Paul McCartney Concert on TV - GLDR	27 10:15am Around the Harvest Table - GLDR 10:15am Stretching Class - GLDR 11:00am Bistro Visits - RR 2:00pm Noodle Hockey - GLDR 3:45pm Chicken Soup for the Soul - GLDR	28 10:15am Daily Chronicles - GLDR 11:00am Frisbee Toss - GLDR 1:30pm Manicures - RR 2:30pm Bingo - GLDR