

Programs & locations are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00am Calendar Handout - FCRR 11:30am Seated Soccer - FCEL 	<b>2</b> 11:00am Faith and Friends with Chaplain Megan-MLDR 11:30am Finish the Phrase - FCEL 2:00pm Making Banana Cream Pie - FCDR 2:00pm Gentleman's Coffee Club-Chapel 3:30pm Manicure Monday - FCRR 6:00pm Fun Facts About the World - FCEL	<b>3</b> 10:00am Pump it Up - FCEL 11:30am Word Game - FCEL 2:30pm Banana Cream Pie Social - FCDR Travelling Evening Prayer - 1:1	<b>4</b> 10:00am Noodle Balloon - FCDR 11:30am Riddles - FCRR 2:30pm Bingo - FCDR 	<b>5</b> 10:00am Puzzles - FCDR 11:30am Active Game - FCEL 2:00pm Baking Carrot Loaf - FCDR 3:30pm Trivia - FCWL	<b>6</b> 11:00am Music Therapy Group - FCDR 2:00pm Making Suncatchers - FCDR 3:30pm Short Stories - FCEL 6:00pm Would You Rather? - FCEL 	<b>7</b> 11:30am Chair Exercises - FCEL 2:30pm Community Movie - MLDR 6:00pm Brain Teasers & Riddles - FCWL
<b>8</b> 11:30am Discussion Group: International Women's Day - FCEL 3:00pm Church Service - RGDR 6:00pm Word Game - FCEL International Womens Day!	<b>9</b> 10:30am Soul Time with Chaplain Megan-MLDR 11:30am Shamrock Painting - FCDR 2:30pm Memorial Service-RGDR 6:00pm Travelogue: The City of London - FCEL	<b>10</b> 10:00am Pump it Up - FCEL 10:30am One to One - FCRR 11:30am Pictionary - FCEL	<b>11</b> 10:15am Travelling RC Communion - TC 11:30am Chair Exercises - FCEL 2:30pm Bingo - FCDR	<b>12</b> 11:30am Finish the Poetry Line - FCEL 2:00pm Baking Mint Chocolate Chip Cookies - FCDR 3:30pm Active Game - FCEL 6:00pm Discussion Group: You Be the Judge - FCEL 	<b>13</b> 10:00am Chair Exercises - FCEL 11:30am Basketball - FCEL 2:30pm Music Bingo - FCDR 6:00pm Short Stories - FCEL	<b>14</b> 10:00am Guess the Word - FCEL 11:30am Mosaic Tile Craft - FCDR 2:30pm Specialty Coffee Time - MLDR
<b>15</b> 10:30am Travelogue: Scotland's Islands - FCEL 2:00pm Active Game - FCEL 3:00pm Church Service - RGDR 	<b>16</b> 10:30am St Patrick's Day Party with Synchronicity Duo - FCDR 2:00pm Panda Crafts - FCDR 3:00pm Faith & Film - Chapel 3:00pm Lucky Irish Trivia - FCWL	<b>17</b> 10:00am Pump it Up - FCEL 10:00am Resident Council- Family Room 11:30am Word Game - FCEL 2:30pm Shamrock Shakes Social - FCDR 6:00pm Travelogue: Ireland - FCEL	<b>18</b> 10:00am Active Game - FCDR 11:30am One to Ones - FCRR 2:30pm Bingo - FCDR 	<b>19</b> 10:00am Pump it Up - FCEL 11:30am Let's Laugh Social - FCEL 2:00pm Baking - FCDR 3:30pm Thank You Poster - FCDR 6:00pm Chuck the Chicken - FCEL	<b>20</b> 11:00am Music Therapy Group - FCDR 2:30pm Nowruz Tea Social - FCDR 6:00pm Short Stories - FCEL 	<b>21</b> 11:30am Chair Exercises - FCEL 2:30pm Community Movie - MLDR 6:00pm Poetry Reading for World Poetry Day - FCEL
<b>22</b> 11:30am What's In the News? - FCEL 2:30pm Music Bingo - FCDR 6:00pm Brain Teasers & Riddles - FCWL	<b>23</b> 11:00am Church Service-RGDR 2:00pm Gentleman's Coffee Club-Chapel 2:30pm Making Homemade Salsa & Guacamole - FCDR 3:30pm Manicure Monday - FCRR 6:00pm Travelogue with Chips & Dip - FCEL	<b>24</b> 10:00am Pump it Up - FCEL 10:30am One to One - FCRR 11:30am Word Game - FCEL Travelling Evening Prayer - 1:1	<b>25</b> 10:30am Catholic Mass-EPDR 11:30am Chair Exercises - FCEL 2:30pm Bingo - FCDR	<b>26</b> 11:30am Finish the Song Lyric - FCEL 2:00pm Music Bingo - FCDR 3:30pm Active Game - FCEL 6:00pm Discussion Group: You Be the Judge - FCEL	<b>27</b> 10:00am Chair Exercises - FCEL 11:30am Homemade Pizza Lunch - FCDR 3:00pm Short Stories - FCEL 6:00pm Guided Meditation - FCEL	<b>28</b> 10:00am Let's Make a Spring Wreath - FCDR 11:30am Name 5 - FCEL 2:30pm Specialty Coffee Time - MLDR 
<b>29</b> 10:30am Travelogue: Roma - FCEL 2:00pm Active Game - FCEL 3:00pm Church Service - RGDR 	<b>30</b> 11:30am Word Game - FCEL 2:00pm Gentleman's Coffee Club-Chapel 2:30pm Wine & Cheese Social - FCDR 3:00pm Faith & Film - Chapel 6:00pm Fun Facts about Animals - FCEL	<b>31</b> 10:00am Pump it Up - FCEL 10:30am Birthday Party with Brent Meidinger - FCDR 2:30pm Music Bingo - FCDR Travelling Evening Prayer - 1:1				

FCDR - Frederick Community Dining Room

FCEL - Frederick Community East Lounge

FCRR - Resident Room for 1-1 scoring

FCWL - Frederick Community West Lounge

MLDR - Market Lane Dining Room

RGDR - Rockway Gardens Dining Room

TC - Travelling Carts

