

FEBRUARY 2026

DELHI INSIDER

peopleCare Delhi | 173 Dalton Rd, Delhi, ON | 519-582-3400 | peoplecare.ca



Celebrating February

Outing: Brantford Bulldogs Vs.
Sault St. Marie – February 1st

Birthday Party w/ Jac Coulson –
February 4th

Catholic Mass – February 5th

Bowling & Lunch @ White Horse
Bowling – February 7th

Community Bingo – February 10th

Valentine's Day Tea – February 13th

Shopping @ Walmart – February 15th

Music w/ The Melody Makers –
February 19th

Resident's Council – February 20th

Lunch @ Boston Pizza – February
25th

Memorial Service – February 26th

Pub Night w/ Archie Wright –
February 26th

Valentine's Day
February 14th

Family Day
February 16th

Shrove Tuesday
February 17th

Ash Wednesday
February 18th

**peoplecare
communities**

what we've
been up to:





Welcomes and Farewells

We would like to say a very big thank you Pastor Kring, as he embarks on his retirement after 30+ years as our Chaplain at Delhi LTC. We also say goodbye to Dr. Collins, who has been with our home for some time.

We would like to welcome our new Chaplain, who comes to us with many years of experience in the field. Rev. Margaret "Peggy" Guiler is a certified Spiritual Director and Minister, with a career spanning 25 years in mental health peer support work and training. She has 20 years of ministerial experience, primarily as pulpit supply in the United Church of Canada and as an officiant at weddings and funerals.

We also would like to welcome Dr. Phillips, who will be taking over for Dr. Collins.

Finally, a warm welcome to our Nurse Practitioner Lisa Bishop, who joins us full-time in the home!



UPDATE

Nursing Department Updates:

Nursing is pleased to announce a few exciting updates.

Spasticity Clinics: We are launching new Spasticity Clinics in the Delhi home to support residents living with muscle tightness, muscle spasms, stiffness or limited mobility related to certain health conditions. These clinics will provide residents with access to a specialized care team that will visit the home. This will be done a referral based process through the residents family physician and there is no cost of for the assessments or botox treatment.

New Incontinent Products: At the end of February, we will be introducing new incontinent products - FitRight, a Canadian based company - offering improved fit and absorbency. Watch for some in-house in-services to introduce these products. These products were selected based on improved performance, comfort, and overall quality.

Reminder of In-House Dental Services: Delhi has in-house dental services offered through a company called Natural Smiles. This mobile company will come to the home and offer dental assessments, cleaning and denture services. If interested in registering please ask at front desk for dental consents.

Thank you and any questions for the Nursing Department please reach out.

Stephanie Jones, RN/Director of Care

Resident & Family Corner

Our next Resident Council meeting will be taking place on February 20th @ 3:15PM in QLDR.

DID YOU KNOW????

A long-term care family council is a self-led, autonomous council, that consists of a structured board; led by a Chair, Co-Chair, & Secretary? Meetings are once per month and consist of a consistent group of family members interested in advocating for all residents here in the home. The council is looking for new members to join! Please note, a family council is not a drop-in meeting, all interested members must complete the necessary steps and paperwork to join.

We're Looking for a Family Council Secretary

Our Family Council is seeking a caring, organized individual to take on the role of Secretary. This volunteer position is essential to helping our council run smoothly and stay connected. Responsibilities include taking meeting minutes, helping keep records organized, and supporting communication with council members.

If you enjoy being part of a supportive team and want to make a meaningful difference for residents and families, we would love to have you join us.

If you're interested or would like more information, please reach out!

*** Please reach out to Crystal Thompson, Resident and Family Coordinator

Please Note: Crystal has moved offices and is now located at the end of Gold Leaf Walk Hallway.



Hair Dressing & Nail Services

Your Stylists: Laura (Hair) & Rose (Hair & Nails)

Please use the paper request slips found on the door of the hair salon and submit to the hairdresser or the front desk.

Hours of operation:
Monday, Wednesday, Thursday, Friday, Saturday
9:30AM-3PM

For any colouring services, please reach out to Laura prior to booking to ensure supplies are in stock (i.e. desired colour).



HE[♥]RTbeats

Our January winner is.....

Brandi B.



Living the peopleCare Values People

Every person touched by our service is treated with care, respect and kindness; with an emphasis on independence, wellness, recognition, education and mentoring.

Welcome Home

Dorothy B.

Marion E.

Jean O.

Marsha R.

Happy Birthday to all
those born in **February**!

Verlie C. - February 4

Zeta M. - February 7

Ena A. - February 7

Bob W. - February 8

Bob L. - February 9

Jackie D. - February 10

Phyllis K. - February 18

Goody A. - February 19

Jean F. - February 20

Dislaw K. - February 20

Ted J. - February 20

Lesley Z. - February 22

Joyce M. - February 25

Morgyn P. - February 27

Marion E. - February 27

Kathy G. - February 27

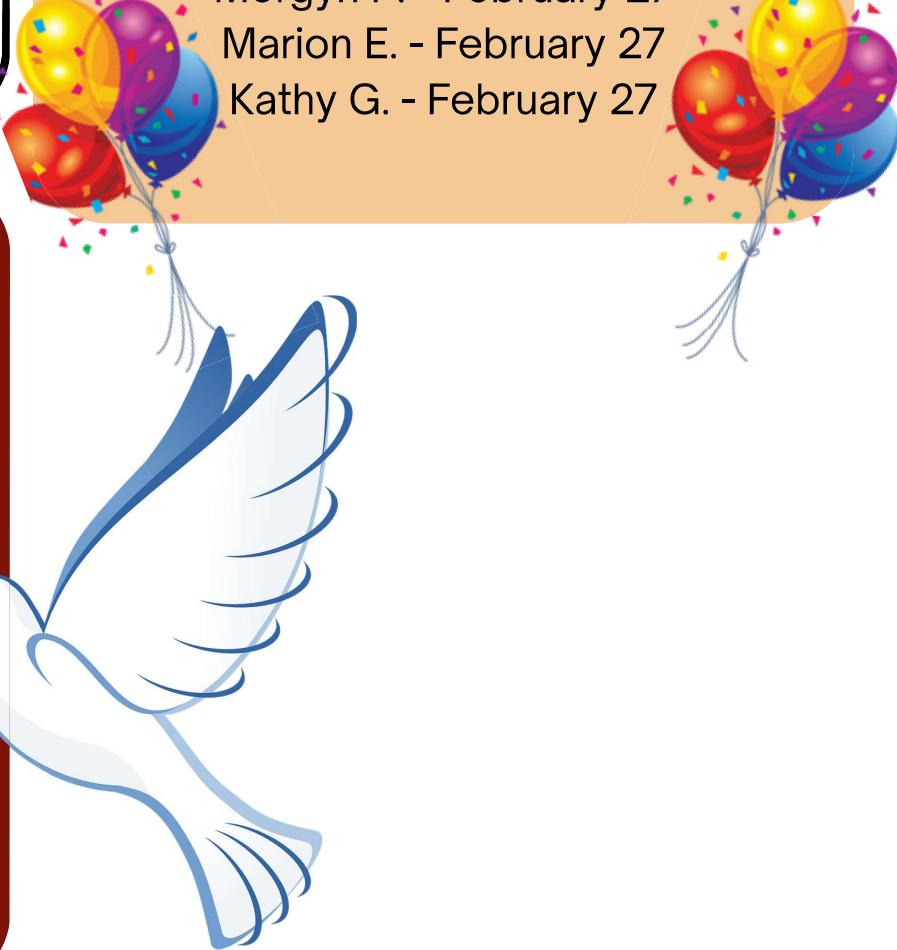
In Memory of

Maria T.

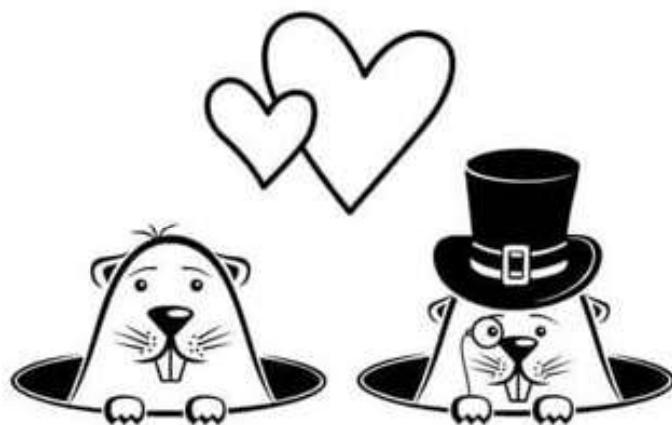


Our deepest thoughts and sympathies go out to
the family and friends.

"Like a bird singing in the rain, let grateful
memories survive in a time of sorrow." - Robert
Louis Stevenson







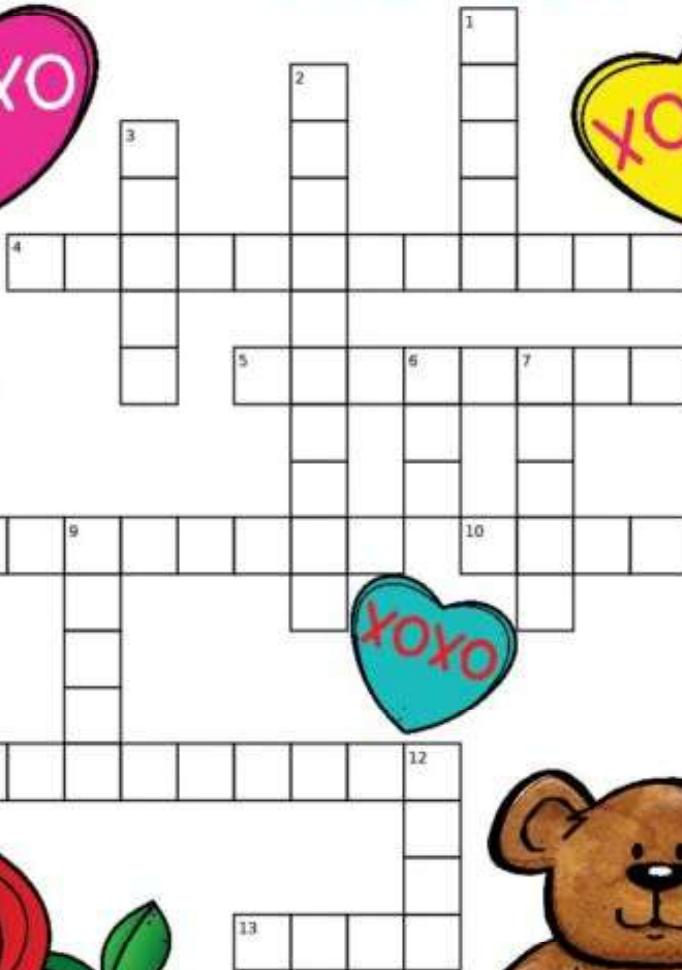
FEBRUARY

WORD SEARCH

S C H O C O L A T E F R W D L O C Y
R U R A U Y M J P A A E K X T N A A
E P B T F L S A R G I D R A M S Y D
W I N T E R S W E E T H E A R T K I
O D M U B R T E S H R V X J E V O L
L G L N R E S G I W A F D R E W M I
F W W S U T P B D L R E H E K F L H
G R O R A E Y W E N E S E N I H C C
G J B I R U K N N U F A U M N A E S
R H R R Y B T S T T I C P L D K R R
A E E L I L N S E T U Y Y N E R G
S E P C N R R O D L I T J K E A A H
S E U E D S Y E A L R A S G S A R R
I T S R E P P I Y A W T A P S Q R N
W F R I E N D S P S G E L K B T O R
C H Y A D G O H D N U O R G O O W R

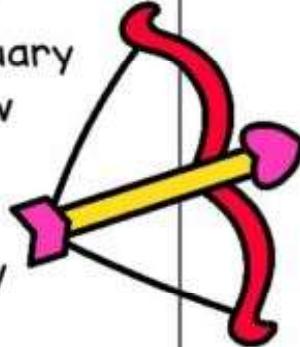
ARROW
CHILI DAY
CHINESE NEW YEAR
CHOCOLATE
CUPID
FEBRUARY
FLOWERS
FRIENDS
GROUNDHOG DAY
KINDNESS
LEAP YEAR
LOVE
MARDI GRAS
NUTELLA
PARTY
PRESIDENTS DAY
SUPER BOWL
SWEETHEART
VALENTINES
WINTER

Valentine's Day



WORD BANK

cupid
February
arrow
love
rose
candy
mine
conversation
chocolate
fourteenth
heart
red
teddy bear



Across:

4. heart candies with phrases on them
5. the month of Valentine's Day
8. kisses or candy in a box
10. Valentine's Day is a day of _____
11. stuffed animals given as gifts
13. expression said on Valentine's Day "Be _____"

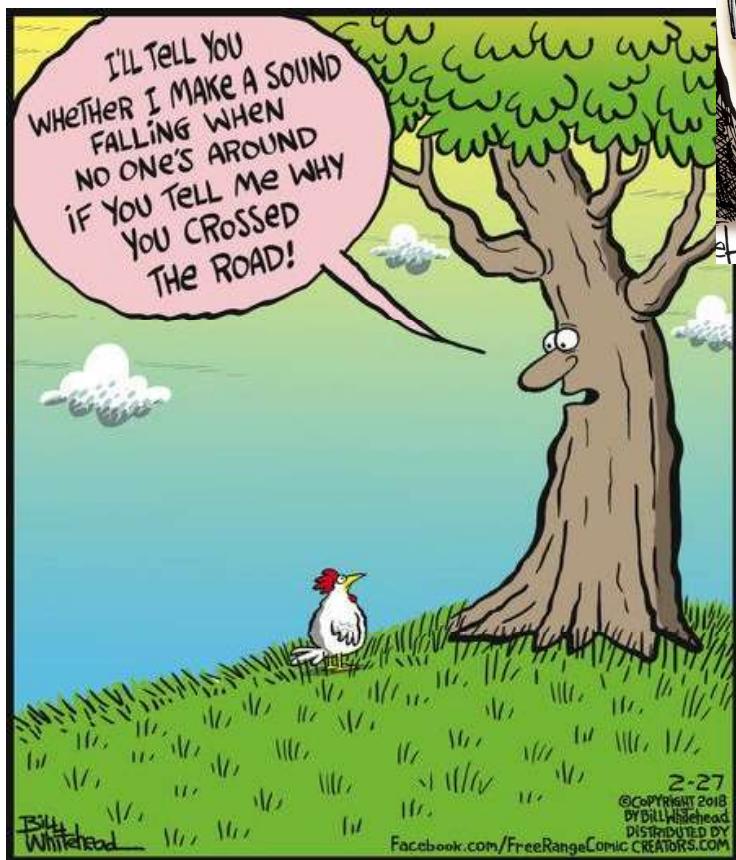
Down:

1. symbol of love
2. Valentine's Day is February _____
3. a sweet gift given on Valentine's Day
6. favorite Valentine's Day color
7. the darts that Cupid shoots at people
9. shoots arrows at people
12. a favorite flower for the holiday



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Humour Pages



2-27
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