



Amanda and Aminat are your Recreation Coordinators, please reach out with any questions or program ideas.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:30pm Church Service with Hebron United - Chap 2:15pm Bible Study Group 3:00pm Meditation - WDH 4:00pm What would you choose? - WDH 6:15pm Manicures - Resi	2 Groundhog Day 9:30am Pump it Up! - WDH 9:45am Euchre - SDH 1:15pm The Groundhog Ate My Garden - WDH 3:00pm Entertainment with Eric Dolson - ODH 6:30pm Groundhog Trivia - Loun	3 9:30am Pump it Up! - WDH 1:30pm Olympic Bingo - WDH 2:30pm Grab Ball Game - WDH 3:30pm Skeleton - WDH 6:30pm Olympics: Who am I? - WDH	4 9:30am Pump it Up! - WDH 9:30am Visits - Resi 10:30am Dear Abby's - WDH 1:30pm Bocce Ball - WDH 3:00pm Bingo - WDH	5 9:30am Go Together Opposites - WDH 10:30am Laundry Basket Toss - WDH 1:15pm Pump it Up! - WDH 1:15pm Visits - Resi 2:00pm Virtual OARC Resident Forums 2:30pm Bean Bag Toss - WDH 3:00pm Ez Does It Trivia - WDH 6:30pm National Geographic - WDH	6 9:30am Sing-A-Long 10:30am Cookies for the Birds - WDH 1:15pm Mini Putt - WDH 1:15pm Manicures - Resi 2:00pm Baking - WDH 2:30pm Olympic Rings Puzzle/Colouring - Loun 3:30pm Trivia - WDH 6:35pm Super Bowl Happy Hour - SDH	7 9:30am Short Stories - WDH 10:30am Olympic Workout Session - WDH 1:30pm Olympic Craft - WDH 3:00pm Bingo - WDH
8 9:30am Bible Study - WDH 10:30am Hymn Sing - WDH 1:30pm Baking: Fruity Olympic Rings - WDH 2:30pm Social: February Pondering Prompts - WDH	9 9:30am Foxglove Honey - WDH 9:45am Euchre - SDH 10:30am Ring Toss - WDH 1:15pm Paper Heart Wreath - WDH 1:15pm Visits - Resi 3:00pm Entertainment with Conn - SDH 6:30pm Olympics: What am I? - WDH	10 9:30am Pump it Up! - WDH 1:30pm Luge Races - WDH 1:30pm Trip to Mikes Bowling Lanes - OUT 4:00pm Visits - Resi 6:30pm Reminiscing - Remembering a Day at the Hairdresser - WDH	11 9:30am Pump it Up! - WDH 9:30am Visits - Resi 10:30am Current Events - Loun 1:30pm Bocce Ball - WDH 3:00pm Bingo - WDH 6:30pm Entertainment with the Sweet Adeline's - Chap	12 9:30am Name that Tune - Loun 10:30am Laundry Basket Toss - WDH 1:15pm Pump it Up! - WDH 1:15pm Visits - Resi 1:30pm Excursion to Job Site Brewery - OUT 2:00pm Music with Jenn - WDH 2:00pm Virtual OARC Resident Forums 2:30pm Bean Bag Toss - WDH 3:00pm Lifelong Learning: Loveable Lovebirds - Loun 6:30pm Euchre - SDH	13 9:30am A Rocky Senior Year - WDH 10:30am Skiing - WDH 1:15pm Pump it Up! - WDH 2:00pm Valentine's Day Craft - WDH 3:00pm Montessori Bingo - WDH 3:30pm Spa Visits - Resi 6:30pm Curling - WDH	14 Valentine's Day 1:15pm Noodle Hockey - WDH 1:30pm Valentine's Day Photo Booth - Chap 3:00pm Valentines Bingo - WDH 4:00pm Friendly Visits - Resi 6:30pm Reminiscing - Remembering Valentine's Day - Loun
15 1:30pm Church Service with Tavistock Mennonite - Chap 2:15pm Bible Study Group 3:15pm Plant Growers - WDH 6:30pm Travelogue - Exploring Singapore - Loun	16 Family Day 9:30am Pump it Up! - WDH 9:45am Euchre - SDH 1:30pm Lighting Up the Lunar New Year with Lanterns 3:00pm Hot Chocolate Social and Music with Monique - Chap 6:30pm Lunar New Year: Who am I? - WDH	17 Shrove Tuesday Lunar New Year 9:30am Pump it Up! - WDH 1:30pm Ramadan Lantern Memory Game - WDH 2:30pm Ramadan True or False - Loun 3:30pm Mardi Gras Masks Craft - WDH 6:30pm Travel to New Orleans for Mardi Gras - Loun	18 9:30am Pump it Up! - WDH 9:30am Visits - Resi 10:00am Tales with Tots - Chap 1:30pm Bocce Ball - WDH 2:00pm Lent Memories & Trivia - WDH 3:00pm Bingo - WDH	19 9:30am Finish the Song Lyric - Loun 10:30am Laundry Basket Toss - WDH 1:15pm Pump it Up! - WDH 1:15pm Visits - Resi 2:00pm Virtual OARC Resident Forums 2:30pm Bean Bag Toss - WDH 3:00pm Virtual Classic Car Show 6:30pm National Geographic - WDH	20 9:30am Meditation - Loun 10:30am Board Games - WDH 1:15pm Visits - Resi 1:30pm Humane Society Presentation - Chap 1:30pm Winter Olympics Trivia - Loun 2:30pm Grab Ball Game - WDH 3:00pm Crafters Corner - WDH 3:30pm Manicures - Resi 6:30pm Olympic Crosswords/Word Searches - WDH	21 9:30am Hangman - WDH 10:30am Seated Tai Chi - WDH 1:30pm A-Z February Edition 3:00pm Bingo - WDH
22 9:30am Bible Study - WDH 10:30am Virtual Church Service - WDH 1:30pm Baking: Corn Potato Chowder - WDH 2:30pm Social: Table Talk Tidbits - WDH	23 9:30am Mr Jingles is Missing - WDH 9:45am Euchre - SDH 10:30am Manicures - Resi 1:15pm Visits - Resi 1:30pm Baking- Love- Lock Valentines Cookies - WDH 3:00pm Entertainment with Sheryl Walsh - ODH 6:30pm Spelling Bee - WDH	24 9:30am Pump it Up! - WDH 1:15pm Friendly Visits - Resi 1:30pm Shopping Trip - OUT 2:00pm Residents' Council - Chap 3:00pm Brains & Banters - WDH 6:30pm Meditation - WDH	25 Pink Shirt Day 9:30am Pump it Up! - WDH 9:30am Visits - Resi 10:30am Pictionary - WDH 1:30pm Bocce Ball - WDH 3:00pm Bingo - WDH	26 9:30am UNO - WDH 10:30am Laundry Basket Toss - WDH 1:15pm Pump it Up! - WDH 1:15pm Visits - Resi 2:00pm Home Area Prep - WDH 2:00pm Music with Jenn - WDH 2:00pm Virtual OARC Resident Forums 2:30pm Bean Bag Toss - WDH 3:30pm Virtual Pet Therapy - Loun	27 Polar Bear Day 9:30am Finish The Phrase - WDH 10:30am Music Trivia - WDH 12:00pm February Birthday Lunch - Chap 1:15pm Pump it Up! - WDH 2:00pm Ring Toss - WDH 4:00pm What would you choose? - WDH	28 1:15pm Noodle Hockey - WDH 3:00pm Bingo - WDH 4:00pm Bible Jeopardy - WDH 6:30pm Hangman - WDH