



Laura and Ren are your Recreation Coordinators, please reach out if you have any questions or program ideas!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Virtual Church Service - SDH 10:10am Walks - Resi 10:45am Trivia - Loun 1:30pm Church Service with Hebron United - Chap 2:15pm Bible Study Group 3:30pm Bocce Ball - SDH	2 Groundhog Day 9:45am Euchre - SDH 10:45am Manicures - Resi 1:30pm Valentines Cards - SDH 3:00pm Entertainment with Eric Dolson - ODH 6:30pm Groundhog Day Trivia - Loun	3 9:30am Meditation - Loun 9:40am National Geographic - Loun 10:00am Welcome Basket Building - Resi 1:15pm Pump it Up! - SDH 2:00pm Smoothie Social - SDH 3:15pm Ingredient Prep - SDH	4 10:30am Pump it Up! - SDH 1:00pm Noodle Hockey - SDH 2:00pm Friendly Visits - Resi 3:00pm Bingo - WDH 6:30pm Book Club - SDH	5 1:15pm Thirsty Plant Thursday - SRC 2:00pm Baking - SDH 2:00pm Virtual OARC Resident Forums 3:00pm Current Events - SDH 6:30pm Movies & Munchies - Loun 6:35pm Super Bowl Happy Hour - SDH	6 9:30am Pump it Up! - SDH 1:30pm Visits - Resi 2:30pm Air Hockey - SDH 3:30pm Canada & The Olympics - Loun	7 1:00pm Shuffleboard - SDH 2:00pm Manicures - Resi 3:00pm Bingo - WDH 6:30pm Winter Olympics Trivia - Loun
8 1:15pm Virtual Church Service - SDH 2:00pm Ring Toss - SDH 3:15pm Word Games - SDH 6:30pm Finish The Song Lyrics - Loun	9 9:45am Euchre - SDH 10:45am Manicures - Resi 1:15pm Pump it Up! - SDH 1:45pm Smoothie Social - SDH 3:00pm Entertainment with Conn - SDH	10 9:30am Meditation - Loun 9:40am National Geographic - Loun 10:30am Morning Walks - Resi 1:00pm Friendly Visits - Resi 1:15pm Pump it Up! - SDH 1:30pm Trip to Mikes Bowling Lanes - OUT 2:00pm Baking - Mini Pizzas - SDH 3:30pm Fit & Factual: Winter Edition - SDH 3:45pm Visits - Resi 6:30pm Book Club - SDH	11 9:45am Morning Coffee & Conversation - SDH 10:30am The Beautiful & The Bold - SDH 1:00pm Noodle Hockey - SDH 2:15pm March Calendar Prep - SDH 3:00pm Bingo - WDH 3:30pm Visits - Resi 6:30pm Entertainment with the Sweet Adeline's - Chap	12 10:00am Music with Jenn - SDH 1:15pm Thirsty Plant Thursday - SRC 1:30pm Excursion to Job Site Brewery - OUT 2:00pm Virtual OARC Resident Forums 2:30pm Active Games - SDH 3:30pm Current Events - SDH 6:30pm Euchre - SDH	13 9:30am Short Stories - SDH 10:30am Pump it Up! - SDH 10:45am Manicures - Resi 1:45pm Active Games - SDH 3:00pm Travelogue: Milan - Loun 1:30pm Valentine's Day Photo Booth - Chap 3:00pm Valentines Bingo - WDH	14
15 9:45am Virtual Church Service - SDH 10:10am Walks - Resi 10:45am Bocce Ball - SDH 1:30pm Church Service with Tavistock Mennonite - Chap 2:15pm Bible Study Group 3:30pm Trivia - Loun	16 Family Day 9:45am Euchre - SDH 10:45am Manicures - Resi 1:15pm Bean Bag Toss - SDH 1:45pm Visits - Resi 3:00pm Hot Chocolate Social and Music with Monique - Chap 6:30pm Who, What, Where am I - SDH	17 Shrove Tuesday Lunar New Year 9:30am Meditation - Loun 9:40am National Geographic - Loun 9:45am Baking - Blueberry Pancakes Deep Dish - SDH 1:15pm Pump it Up! - SDH 2:45pm Gardening/Horticulture - SRC 3:30pm Lunar New Year - Lifelong Learning - SDH	18 10:00am Tales with Tots - Chap 10:30am Pump it Up! - SDH 1:00pm Noodle Hockey - SDH 2:00pm Friendly Visits - Resi 3:00pm Bingo - WDH 6:30pm Book Club - SDH	19 1:15pm Thirsty Plant Thursday - SRC 2:00pm Baking - SDH 2:00pm Virtual OARC Resident Forums 3:30pm Current Events - SDH 6:30pm Euchre - SDH	20 9:30am Pump it Up! - SDH 1:30pm Humane Society Presentation - Chap 2:00pm Colouring - SDH 3:15pm Wii Games - Loun 6:30pm Social Hour - SDH	21 1:00pm Ring Toss - SDH 2:00pm Music Through the Generations - SDH 3:00pm Bingo - WDH 6:30pm Travelogue: Exploring Singapore - Loun
22 1:00pm Virtual Church Service - SDH 2:00pm Bean Bag Toss - SDH 3:15pm Short Stories - SDH 6:30pm EZ Trivia - Loun	23 9:45am Euchre - SDH 10:45am Manicures - Resi 1:15pm Pump it Up! - SDH 1:45pm Smoothie Social - SDH 3:00pm Entertainment with Sheryl Walsh - ODH	24 9:30am Meditation - Loun 9:40am National Geographic - Loun 10:15am Bracelet Craft - SDH 1:00pm Friendly Visits - Resi 1:15pm Pump it Up! - SDH 1:30pm Shopping Trip - OUT 2:00pm Residents' Council - Chap 2:30pm Word Games - SDH 2:45pm Gardening/Horticulture - SRC 3:30pm Sing-A-Long - SDH 6:15pm Movie Night - Loun	25 9:45am Ingredient Prep - SDH 10:40am Discuss and Recall - SDH 1:00pm Noodle Hockey - SDH 1:30pm Baking - Build your own cookie - SDH 3:00pm Bingo - WDH 3:40pm Visits - Resi 6:30pm Book Club - SDH	26 10:00am Music with Jenn - SDH 1:15pm Thirsty Plant Thursday - SRC 2:00pm Active Games - SDH 2:00pm Virtual OARC Resident Forums 3:30pm Current Events - SDH 7:00pm Leafs vs Panthers - Loun	27 9:30am Who, What, Where am I - SDH 10:30am Pump it Up! - SDH 10:45am Friendly Visits - Resi 12:00pm February Birthday Lunch - Chap 1:45pm Ring Toss - SDH 3:00pm Remembering a Day at the Hairdressers - SDH	28 9:45am Crafters Corner - SDH 11:00am Sing-A-Long - SDH 1:30pm Readers Corner - SDH 3:00pm Bingo - WDH

Chap - Chapel

SDH - Dining Hall

Loun - Lounge

SDH - Sebastopol Dining Hall

ODH - Old Schoolhouse Lane Dining Hall

SRC - Courtyard

OUT - Excursions

WDH - Williams Way Dining Hall

Resi - Resident Room

WDH - Dining Hall