



Tammy and Emily are your Recreation Coordinators, please reach out if you have any questions or program ideas.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Spiritual Elder Church Service - HDH 10:30am Animal of the Month: - Loun 11:15am Walks & Talks - Resi 1:30pm Church Service with Hebron United - Chap 2:00pm Making Friendship Bracelets - HDH 2:15pm Bible Study Group 3:00pm Sensory Stations - HDH	2 Groundhog Day 9:45am Euchre - SDH 9:45am Can You Picture This - HDH 10:30am Visits - Resi 11:00am Activities Around the Harvest Table - HDH 1:15pm Pump it Up! - HDH 2:00pm Monday Music Mania! - HDH 3:00pm Entertainment with Eric Dolson - ODH 3:00pm Sensory Stations - HDH 6:30pm Colouring - HDH	3 9:45am Book Club - HDH 10:30am Walks - Resi 11:00am Activities Around the Harvest Table - HDH 2:00pm Countdown to the Winter Olympics - HDH 3:00pm Sensory Stations - HDH	4 9:45am Hymn Sing-a-long - HDH 10:30am All about the Olympics - HDH 11:00am Activities Around The Harvest Table - Resi 1:15pm Pump it Up! - HDH 2:00pm Valentine's Day Card Making - HDH 3:00pm Bingo - WDH 3:00pm Sensory Stations - HDH	5 9:45am Colouring - HDH 9:45am Winter Picture Bingo - HDH 11:15am Friendly Visits! - Resi 1:45pm Spa Visits - Resi 2:00pm Music with Jenn - HDH 2:00pm Virtual OARC Resident Forums 3:00pm Sensory Stations - HDH	6 9:45am Olympic Matching and Sorting - HDH 10:30am Crafters Corner -Olympic Torches - HDH 1:00pm Friday Chats - Resi 1:15pm Pump it Up! - HDH 2:00pm Super Bowl Soup Social! - HDH 3:00pm Sensory Stations - HDH 6:15pm Movie Night - Loun 6:35pm Super Bowl Happy Hour - SDH	7 1:15pm Olympic Ring Toss - HDH 2:00pm Walk and Talk - Resi 3:00pm Bingo - WDH 3:00pm Sensory Stations - HDH 6:15pm Board Games - HDH
8 1:30pm Spiritual Elder Church Service - HDH 1:30pm Visits - Resi 3:00pm Sensory Stations - HDH 6:15pm Colouring - HDH 7:00pm Olympic Highlights - Loun	9 9:30am Pump it Up! - HDH 9:45am Euchre - SDH 1:00pm Spa Visits - Resi 2:00pm Music with Conn - HDH 3:00pm Entertainment with Conn - SDH 3:00pm Sensory Stations - HDH 6:30pm Puzzles with Pals! - HDH	10 9:45am Olympic Stories - HDH 10:30am Walks - Resi 11:00am Activities Around the Harvest Table - HDH 1:30pm Olympic Curling - HDH 1:30pm Trip to Mikes Bowling Lanes - OUT 3:00pm Sensory Stations - HDH	11 9:45am Olympic Picture Bingo - HDH 11:00am Activities Around The Harvest Table - Resi 1:00pm Wednesday Walks - Resi 1:15pm Pump it Up! - HDH 2:00pm Baking - Pink Velvet Cookies - HDH 3:00pm Bingo - WDH 3:00pm Sensory Stations - HDH 6:30pm Entertainment with the Sweet Adeline's - Chap 6:30pm Tea & Talks - HDH	12 9:30am Cozy Corner - HDH 9:45am Colouring - HDH 10:30am Canada's Olympic Hockey - HDH 11:15am Friendly Visits! - Resi 1:30pm Excursion to Job Site Brewery - OUT 2:00pm Name that Love Song - Loun 2:00pm Virtual OARC Resident Forums 3:00pm Sensory Stations - HDH 6:15pm Board Games - HDH 6:30pm Euchre - SDH	13 9:30am Pump it Up! - HDH 1:00pm Junk Draw Detectives - HDH 2:00pm Ski Jump - Active Game - HDH 3:00pm Sensory Stations - HDH 6:15pm Movie Night - Loun	14 Valentine's Day 9:45am National Geographic - HDH 10:30am Looking Back on Love! - HDH 11:15am Friendly Visits! - Resi 1:30pm Valentine's Day Photo Booth - Chap 2:00pm Valentine's Day Social - HDH 3:00pm Valentines Bingo - WDH 3:00pm Sensory Stations - HDH
15 9:30am Spiritual Elder Church Service - HDH 10:30am Who, What, Where am I - HDH 11:15am Walks & Talks! - Resi 1:30pm Church Service with Tavistock Mennonite - Chap 1:45pm Spa Visits - Resi 2:15pm Bible Study Group 2:30pm Social - HDH 3:00pm Sensory Stations - HDH	16 Family Day 9:45am Euchre - SDH 9:45am Can You Picture This - HDH 10:30am Visits - Resi 11:00am Activities Around the Harvest Table - HDH 1:15pm Pump it Up! - HDH 2:00pm Reminiscing about Family - HDH 3:00pm Sensory Stations - HDH 3:00pm Hot Chocolate Social and Music with Monique - Chap 6:30pm Comedy Hour - HDH	17 Shrove Tuesday Lunar New Year 9:45am Mardi Gras Stories - HDH 10:30am Finish the Phrase - HDH 11:00am Activities Around the Harvest Table - HDH 2:00pm Olympic Luge Races - HDH 3:00pm Sensory Stations - HDH	18 9:30am Meditation - HDH 10:00am Tales with Tots - Chap 10:30am Learning about Lunar New Year - Loun 1:15pm Pump it Up! - HDH 2:00pm Crafting Salt Dough Magnets - HDH 3:00pm Bingo - WDH 3:00pm Sensory Stations - HDH	19 9:30am Cozy Corner - HDH 9:45am Colouring - HDH 10:30am Travelogue - HDH 11:15am Friendly Visits! - Resi 1:45pm Spa Visits - Resi 2:00pm Virtual OARC Resident Forums 3:00pm Sensory Stations - HDH	20 9:45am Olympic Highlights and Other News - Loun 1:00pm Junk Draw Detectives - HDH 1:15pm Pump it Up! - HDH 1:30pm Humane Society Presentation - Chap 2:00pm Olympic Hockey Balloon Game - HDH 3:00pm Sensory Stations - HDH 6:15pm Movie Night - Loun	21 1:15pm Olympic Torch Relay Races - HDH 2:00pm Olympic Closing Ceremony Social - HDH 3:00pm Bingo - WDH 3:00pm Sensory Stations - HDH 6:15pm Board Games - HDH
22 1:00pm Baking - Cupcakes - HDH 1:30pm Spiritual Elder Church Service - HDH 3:00pm Sensory Stations - HDH 6:00pm Decorating Cupcakes - HDH	23 9:30am Pump it Up! - HDH 9:45am Euchre - SDH 1:00pm Spa Visits - Resi 3:00pm Entertainment with Sheryl Walsh - ODH 3:00pm Sensory Stations - HDH 6:30pm Puzzles with Pals! - HDH	24 9:45am Book Club - HDH 10:30am Walks - Resi 11:00am Activities Around the Harvest Table - HDH 1:30pm Shopping Trip - OUT 2:00pm Residents' Council - Chap 2:00pm Visits - Resi 3:00pm Sensory Stations - HDH	25 Pink Shirt Day 9:45am Winter Picture Bingo - HDH 11:00am Activities Around The Harvest Table - Resi 1:00pm Wednesday Walks - Resi 1:15pm Pump it Up! - HDH 2:00pm Baking - Strawberry Turnovers - HDH 3:00pm Bingo - WDH 3:00pm Sensory Stations - HDH 6:30pm Sing-A-Longs - HDH	26 9:30am Cozy Corner - HDH 9:45am Colouring - HDH 10:30am Remembering Johnny Cash - HDH 11:15am Friendly Visits! - Resi 2:00pm Virtual OARC Resident Forums 2:00pm Fairytales and Fun Social - HDH 3:00pm Sensory Stations - HDH	27 Polar Bear Day 9:30am Pump it Up! - HDH 12:00pm February Birthday Lunch - Chap 1:00pm Junk Draw Detectives - HDH 2:00pm Polar Bear Toss - HDH 3:00pm Sensory Stations - HDH 6:15pm Movie Night - Loun	28 9:45am National Geographic - Loun 10:30am EZ Does it Trivia - HDH 11:15am Friendly Visits! - Resi 1:45pm Spa Visits - Resi 2:00pm Sing-A-Longs - HDH 3:00pm Bingo - WDH 3:00pm Sensory Stations - HDH