

January 2026

Basil is your Recreation Coordinator, please reach out if you have any questions or program ideas. All programs are subject to change at anytime.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:15am Ladder Ball - QLDR 11:15am Friendly Visits - RR 1:45pm Random Trivia - QLDR 3:00pm News & Views - QLDR	9:15am Stretching Exercise - QLDR 1:45pm Music Trivia - QLDR 3:00pm Bowling - QLDR 6:30pm Movie and Munchies - QLDR	1:30pm Readers Corner - QLDR 2:30pm Bingo - GLDR 4:00pm 1:1 Visit - RR 4:00pm Around The Harvest Table - QLDR 6:30pm Washer Toss - QLDR
4	5	6	7	8	9	10
11:00am Board Games - QLDR 2:30pm Hymn Sing - Chap 4:00pm Friendly Visits - RR	9:15am Movement Matters - QLDR 10:15am Readers Corner - QLDR 11:00am Active Games - QLDR 1:45pm Baking - QLDR 3:00pm Around The Harvest Table - QLDR	9:30am Music Therapy Group - QLDR 1:15pm Healing Hands - QLDR 1:30pm Jenga 1:1 - RR 2:30pm Bingo - QLDR 4:00pm Chess/Checkers Group - RR 6:30pm Zumba Dance Class - QLDR	9:15am Get Energized - QLDR 10:15am Friendly Visits - RR 11:00am Active Games - QLDR 2:30pm Happy Hour with Archie Wright - Chap 4:00pm Random Trivia - QLDR	10:15am Hand Massages - QLDR	9:45am Catholic Communion - Chap 11:00am Active Games - QLDR 1:45pm Church Service with Pastor Babbey - Chap 3:00pm Bowling - QLDR 6:30pm Karaoke - Chap	2:30pm Bingo - GLDR 4:00pm Active Games - QLDR 6:30pm Sing Along - QLDR
11	12	13	14	15	16	17
1:45pm Friendly Visits - RR 2:30pm Hymn Sing - Chap 4:00pm Balloon Badminton - QLDR 6:30pm Movie and Munchies - QLDR	9:15am Get Energized - QLDR 1:45pm Boccia Ball - QLDR 3:15pm News & Coffee Hour - QLDR 6:30pm You Be The Judge! - QLDR	10:15am Around The Harvest Table - QLDR 11:15am Word Fun - QLDR 1:45pm Lawn Darts Indoor - QLDR 3:15pm EZ Does it- Random Trivia - QLDR 6:30pm Community Bingo - QLDR	9:15am Body Balance - QLDR 10:00am Shopping & Lunch at Tillsonburg Mall - V 2:00pm 1:1 Visits - RR 3:15pm Ring Toss - QLDR 6:30pm Live Music with Terry Carter - Chap	1:30pm Residents Council - GLDR 2:30pm Entertainment with the Melody Makers - Chap 4:00pm Lawn Darts Indoor - QLDR 6:30pm Sing Along - QLDR	9:15am Stretching Exercise - QLDR 9:45am Catholic Communion - Chap 2:00pm Name That Tune - QLDR 3:00pm Bowling - QLDR 4:00pm Walking Club - QLDR 6:30pm Bean Bag Toss - QLDR	10:15am Floor Hockey - QLDR 11:15am Friendly Visits - RR 1:45pm Manicures - RR 2:30pm Bingo - GLDR
18	19	20	21	22	23	24
10:15am Coffee & News Hour - QLDR 11:15am Friendly Visits - RR 2:30pm Hymn Sing - Chap 3:45pm Art & Crafts - QLDR	9:15am Movement Matters - QLDR 10:15am Zumba Dance Class - QLDR 11:00am Active Games - QLDR 2:00pm Noodle Hockey - QLDR 3:00pm EZ Does it- Random Trivia - QLDR	9:30am Music Therapy Group - QLDR 10:00am Scenic Drive & Tim Horton's Coffee - V 1:15pm Healing Hands - QLDR 2:30pm Bingo - QLDR 3:30pm Readers Corner - QLDR	9:15am Get Energized - QLDR 10:15am Board Games - QLDR 11:00am Balloon badminton - QLDR 2:30pm Birthday Party with Brent M - Chap 3:45pm Hand Massages - QLDR	10:15am Baking - QLDR 11:15am 1:1 Visits - QLDR	9:45am Catholic Communion - Chap 11:15am Short Stories - QLDR 2:00pm Sing Along - QLDR 3:00pm Bowling - QLDR 6:30pm Karaoke - Chap	1:30pm Jenga 1:1 - RR 2:30pm Bingo - GLDR 4:00pm Friendly Visits - RR 6:15pm Movie and Munchies - QLDR
25	26	27	28	29	30	31
10:15am Hymn Sing - Chap 1:30pm Trip to Hewitt's Dairy Bar - V	9:15am Get Energized - QLDR 1:45pm Walk & Talk - QLDR 3:15pm Coffee Hour - QLDR 6:30pm Boccia Ball - QLDR	10:15am God Cares with Wilma - Chap 11:00am Active Games - QLDR 11:30am December & January Birthday Lunch - Chap 2:30pm Bingo - QLDR 4:00pm Manicures - RR	9:15am Body Balance - QLDR 10:00am Church Service with Pastor Kring - Chap 1:45pm Noodle Hockey - QLDR 3:15pm Hand Massages - QLDR	2:00pm Lawn Darts- indoor - QLDR 3:15pm Chess/Checkers - RR 4:00pm Name That Tune - QLDR 6:15pm Movie and Munchies - QLDR	9:15am Stretching Exercise - QLDR 9:45am Catholic Communion - Chap 10:15am Children's Choir Performance - Chap 2:00pm Balloon Badminton - QLDR 3:00pm Bowling - QLDR 6:15pm Sing Along - QLDR	10:15am Friendly Visits - RR 11:15am Ladder Ball - QLDR 2:30pm Bingo - GLDR 3:45pm Art & Crafts - QLDR

Chap - Chapel

GLDR - Dining Room

QLDR - Dining Room

RR - Resident Rooms

V - Various Locations